

**International Safe Community Certifying Centre**

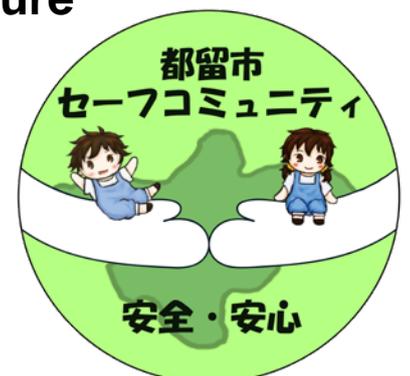
**Safe Community Network Member**

# **Application for Designation** **(Supplemental Explanation)**



**March 2021**

**Tsuru City, Yamaguchi Prefecture**



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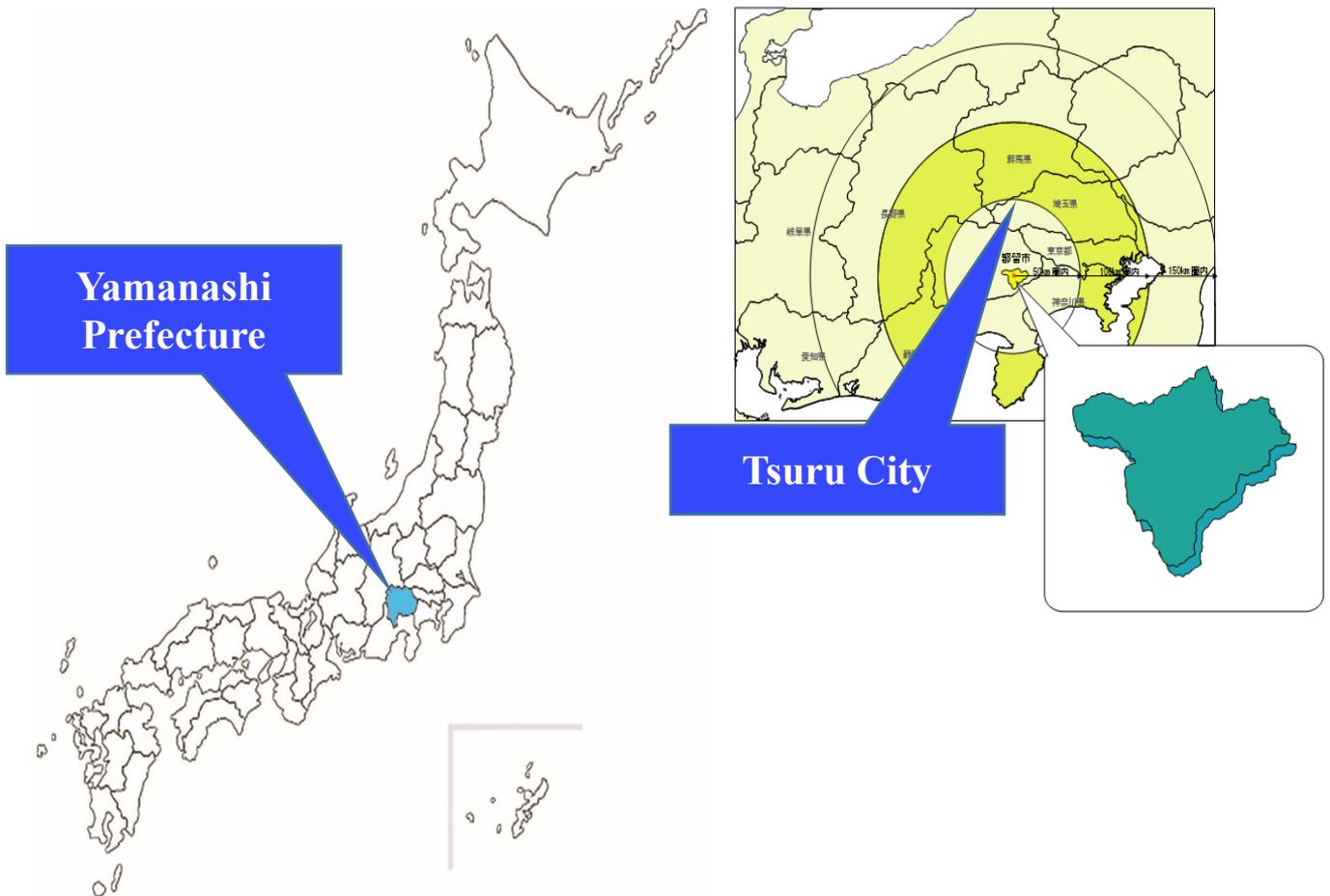
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## Chapter 1 Overview of Tsuru City

### 1. Features and Geography

Tsuru City is located in the eastern part of Yamanashi Prefecture, in the center of Japan's main island of Honshu. Surrounded by the impressive mountains of Mt. Fuji, which was registered as a World Heritage Site in 2013, Tsuru is a small city that retains the atmosphere of a castle town blessed with a natural environment full of lush greenery and clean water.

Tsuru City is also known for the base for the experimental linear motor car line, the Linear Chuo Shinkansen, which is scheduled to start operations between Tokyo and Nagoya in 2027. In addition, it is one of the few cities with a population of 30,000 people in Japan to have a public university, Tsuru University of Arts and Sciences. Many students from all over Japan gather to study and learn, making it unique in terms of scientific culture.



\* Coordinates for Tsuru City: 138°54'21" east longitude and 35°33'33" north longitude  
Area: 161.63km<sup>2</sup>

## 2. Population

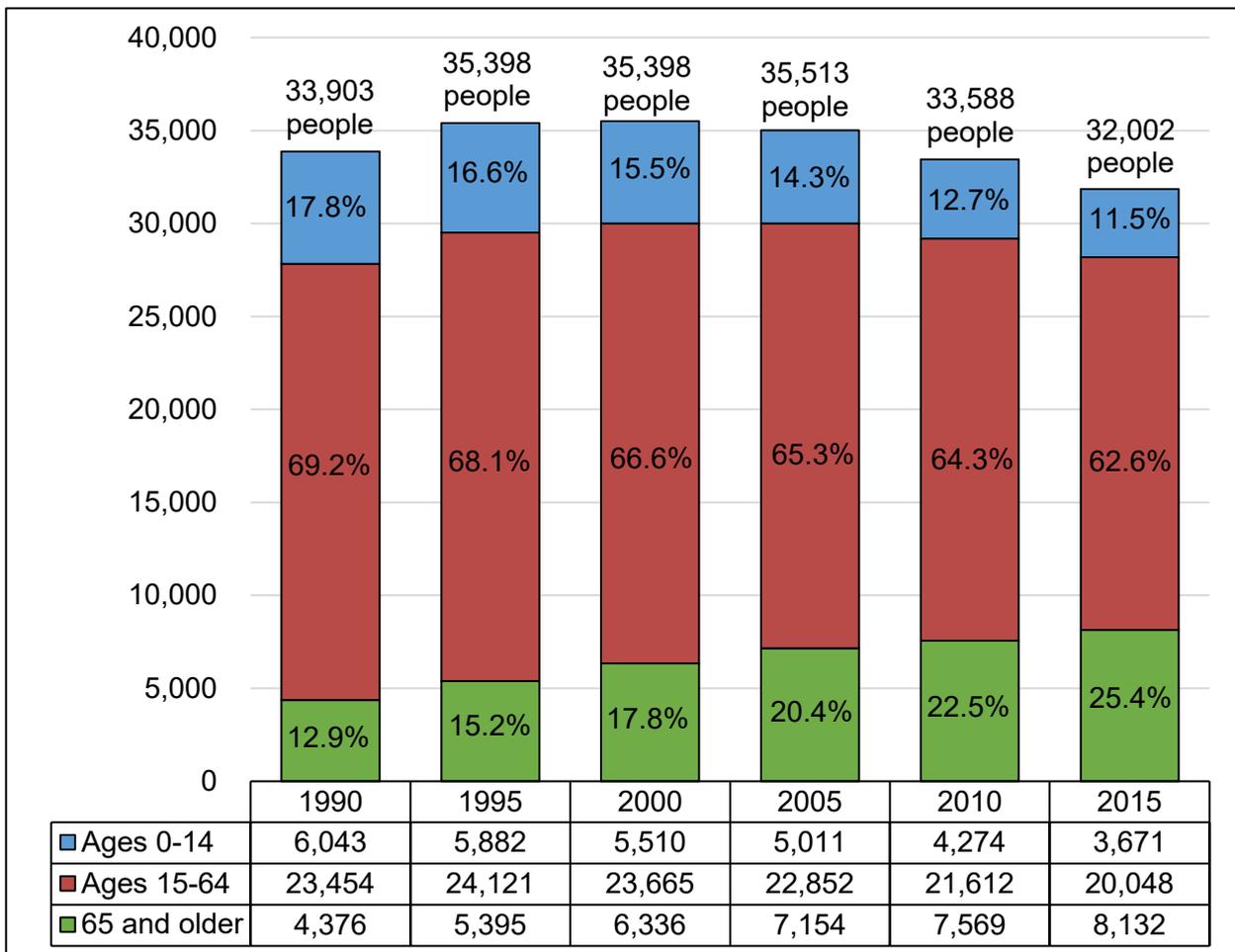
(1) Population: 29,888 people (as of January 1, 2021)

(2) Number of households: 13,211 households (as of January 1, 2021)

The population of Tsuru City started increasing from the 1960s through an increase in companies locating to the city, a natural increase in population, and the construction of the Yamanashi Linear Test Line, which started in 1990. This growth peaked in 2000, and the population has been declining since.

When comparing the three age brackets of youth population, working-age population, and elderly population, the working-age population (15-64 years old) has been declining in proportion to the total population. Conversely, the elderly population (65 years old and over) has been increasing. The number and percentage of the youth population has continued to decline, and the birthrate is declining and the population is aging.

[Fig. 1-1 Transition of population in three age brackets]



[Source] National Census

However, as there is a university in the city, there are many student residents. The population of youth from the late 10s to early 20s account for 10% of the total population. The rate of this generation's population is high, even compared to national and prefectural levels.

### 3. Regional Resources – Industry, Culture, and Social Resources, etc.

#### ◆ Industry

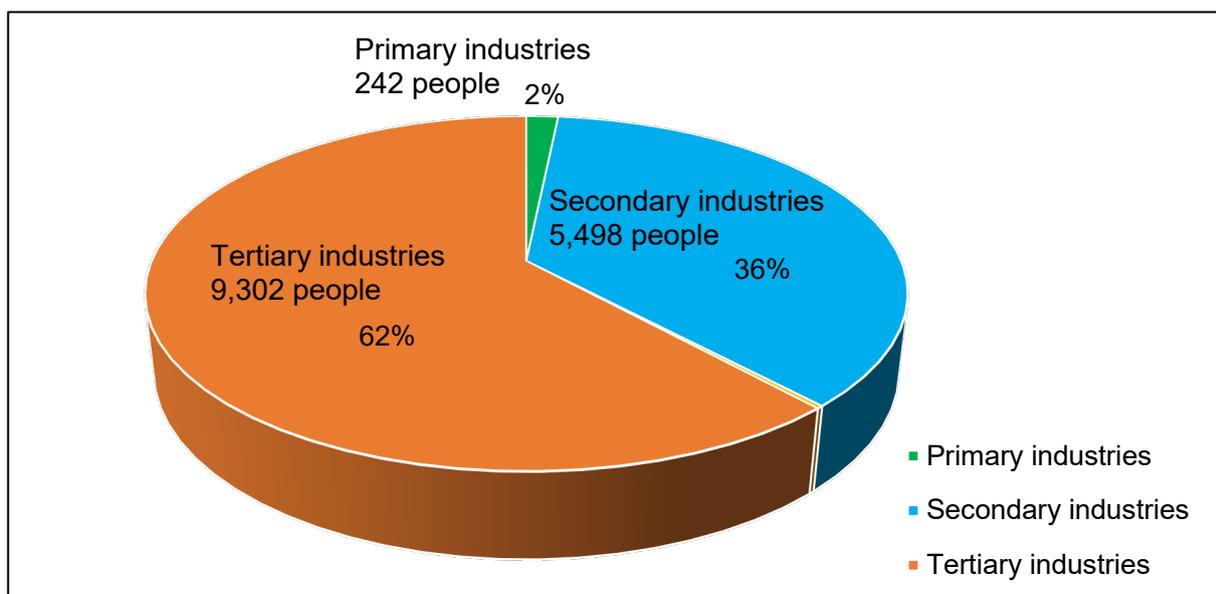
Looking at the employed population by industry in Tsuru City, tertiary industries account for 60% and that rate is increasing.

[Fig. 1-2 Transition of employed population by industry]

	Total number		Primary industries		Secondary industries		Tertiary industries	
	No. of people	Composition ratio	No. of people	Composition ratio	No. of people	Composition ratio	No. of people	Composition ratio
1990	16,316	100.0	373	2.3	7,963	48.8	7,980	48.9
1995	17,435	100.0	346	2.0	7,984	45.8	9,105	52.2
2000	17,017	100.0	334	2.0	7,478	43.9	9,205	54.1
2005	16,565	100.0	228	1.4	6,316	38.1	9,952	60.1
2010	15,121	100.0	213	1.4	5,632	37.2	9,276	61.3
2015	15,042	100.0	242	1.6	5,498	36.6	9,302	61.8

[Source] National Census

[Fig. 1-3 Percentage of employed population by industry (FY2015)]



[Source] National Census

#### ◆ Tourism and Culture

Tsuru City developed as a castle town. The parade of feudal lords, which started in the Edo period, is loved by local citizens, and attracts about 30,000 visitors each year. 

The haiku poet Matsuo Basho resided in Tsuru City for about five months in the 1680s. The poems he wrote about the scenes of Tsuru City are commemorated on seven monuments located around the city. One such monument is located at Tahara Waterfall and is visited by many tourists each year. We are hoping that the Saiki Bridge erected over the waterfall will be certified as a Public Works Heritage site in 2021, and will attract even more tourists.



Tsuru City's natural environment is surrounded by unique mountains, including Mt. Fuji, a World Heritage Site, and Mt. Mitsutoge and Mt. Takagawa, which have been selected as "100 Top Mountains of Yamanashi." Mt. Nijuroku-ya, which has been chosen as part of the Japan "New 100 Top Mountains of Flowers," is also in the city's vicinity. Snow and water that have fallen on Mt. Fuji feed the Tokaichiba and Natsugari Springs. Our city is blessed by these springs, which have been selected as one of the 100 Clear Waters of the Heisei era. It is used for our town's tap water and for cultivating potherb mustard and wasabi, both specialties of our city. These are sold at "Michi-no-Eki Tsuru," one of the city's prominent tourist facilities that opened in 2016 and attracts about 700,000 visitors each year.





◆ Social Resources

Tsuru City has eight elementary schools, three junior high schools, one senior high school, and three universities. It is rare for a municipality of 30,000 people to have three universities (schools). It can be said that our municipality has excellent educational facilities.

We also have facilities for everyone from newborns to the elderly to live safely. These include five accredited childcare centers, eight nursery schools, various nursing care facilities, three hospitals and ten general clinics, etc.

[Fig. 1-4 Situation of social resources (FY2020)]

	Type	Number of facilities
<b>Educational facilities</b>	Elementary schools (municipal)	8 schools
	Junior high schools (municipal)	3 schools
	Senior high schools (Prefectural)	1 schools
	Universities (schools)	3 schools
<b>Educational and welfare institutions</b>	Accredited childcare centers	5 centers
<b>Welfare facilities</b>	Nursery schools	8 centers
	Child development support and after-school day service	3 facilities
	Nursing care homes	5 facilities
	Community daily long-term care for dementia patients	3 facilities
<b>Medical institutions</b>	Hospitals	3 facilities
	Clinics	10 facilities

[Source] Community environment survey

◆ Community

Tsuru City has various citizen-led organizations, including the Collaborative Community Building Promotion Committee, neighborhood associations, independent disaster prevention organizations, childcare groups, and senior citizen groups. Each group makes the best of their strengths to complement and support each other.

In the Safe Community program, the local residents, government agencies, and related groups, etc., cooperate and collaborate while utilizing these resources.

[Fig. 1-5 Situation of regional community (FY2020)]

(Unit: Group, people)

Type of group	Number of groups, etc.	
Collaborative Community Building Promotion Committee	7	
Neighborhood association	91	
Independent disaster response group	91	
Childcare group	5	
E-Basho (Creating place for elderly)	25	
Senior citizen club	Number of groups	41
	Number of members	2,363
Council of Commissioned Welfare Volunteers/Child Welfare Volunteers	Number of districts	7
	Number of members	82

[Source] Community environment survey

## Chapter 2 Initiatives for Safe Community

### 1. Background of initiatives

In December 1999, Tsuru City enacted the "Tsuru City Community Safety Ordinance" with the aim of realizing a safe and livable community by raising citizens' awareness of community safety and promoting voluntary community safety activities. Our citizens and related organizations have been working together to promote safety in the community.

For five years, starting in 2001, we established the "Collaborative Community Building Promotion Committee " in all seven city districts. The importance of "self-help" and "mutual-help" has been promoted to create a city where citizens and the government can work together and be proud to live.

However, due to changing lifestyles and diversifying values, the sense of connection and solidarity between people is weakening, and the rebuilding of local communities is becoming an issue. In addition, as we anticipate natural disasters such as the Nankai Trough Earthquake, the importance of addressing issues related to the safety and security of citizens is high. Therefore, we are putting a lot of effort into these measures.

Under these circumstances, we believe that working on the Safe Community program will further strengthen local power. By effectively preventing accidents and injuries, we can create a city where everyone in the community can live healthy and happy lives forever. In April 2018, the mayor declared the Safe Community initiative. We will continue to promote the creation of a safe and secure city with global standards while working in cross-sectional cooperation with various local human resources and related organizations to obtain international certification.

## 2. Situation of programs to date

Year/month	Main projects
Dec. 2017	Tsuru City Safe Community Promotion Group (internal organization) established
March 2018	Employee training on Safe Community program held
April	Employee training on Safe Community program held
	Safe Community program declared
August	Tsuru City Safe Community Steering Committee and Injury Surveillance Committee established
	Survey of Citizen Awareness on accidents and injuries conducted (Safe and Secure City Building Survey)
September	Six program sectors set by the Safe Community Steering Committee
October	Tsuru City Safe Community sector-specific Taskforce Committees (Disaster Prevention and Mitigation, Traffic Safety, Elderly Safety, Parent and Child Safety, Mental Health) established
April 2019	The 6th Tsuru City Long-Term Comprehensive Plan (mid-term plan) enacted positioning the promotion of Safe Community program
	Tsuru City Safe Community Steering Committee established
Nov. 2020	Tsuru City Safe Community pre-on-site guidance held

\* Exchange with networks in Japan and overseas are listed in Indicator 7 (P119-120)

## Chapter 3 Current Situation Surrounding Safety and Security

### 1. Status related to death by external factors

#### (1) Transition in number of deaths and cause of death

The number of deaths due to external factors in Tsuru City is approximately 20 people, although this number may vary by year. (Fig. 3-1)

When looking at deaths due to external causes, “suicides,” “falls/tumbles,” and “unintentional drowning/near drowning” are high in all age groups. Looking at the numbers by age group, suicides are the most common in the 20s to 60s, and “falls/tumbles” and “unintentional suffocation” are high in the age 80 and older group. (Fig. 3-2)

[Fig. 3-1 Number of deaths from injury]

Cause of death	Number of deaths (people)						
	2012	2013	2014	2015	2016	2017	Total
Traffic accident	0	1	3	1	2	5	12
Falls/tumbles	4	2	2	4	4	2	18
Accidental drowning/near drowning	1	2	6	3	1	3	16
Unintentional suffocation	5	2	1	4	1	1	14
Exposure to smoke, fire or flames	0	4	0	0	0	0	4
Accidental poisoning or exposure to a harmful substance	0	0	1	0	0	0	1
Other unintentional accident	3	1	4	2	1	0	11
Suicide	9	6	9	9	5	4	42
Murder	0	0	0	0	0	0	0
Other unintentional accident	3	0	0	2	0	2	7
Total	25	18	26	25	14	17	125

[Source] Demographic statistics

[Fig. 3-2 Top 5 causes of death by age group (total for FY2012-2017)]

\* Number of people is given in parentheses.

Age (years)	1st	2nd	3rd	4th	5th
0-9	—	—	—	—	—
10-19	Traffic accident, falls/tumbles (1 each)		—	—	—
20-29	Suicide (6)	Traffic accident (2)	Accidental drowning/near-drowning (1)	—	—
30-39	Suicide (3)	Accidental drowning/near-drowning, other cause (1 each)		—	—
40-49	Suicide (8)	Traffic safety, accidental poisoning or exposure to a harmful substance, other unintentional accident, other cause (1 each)			
50-59	Suicide (7)	Traffic accident, tumble/fall (2 each)		Unintentional suffocation, other unintentional accident (1 each)	
60-69	Suicide (9)	Unintentional suffocation, other unintentional accident (3 each)		Traffic accident (2)	Accidental drowning/near-drowning, other cause (1 each)

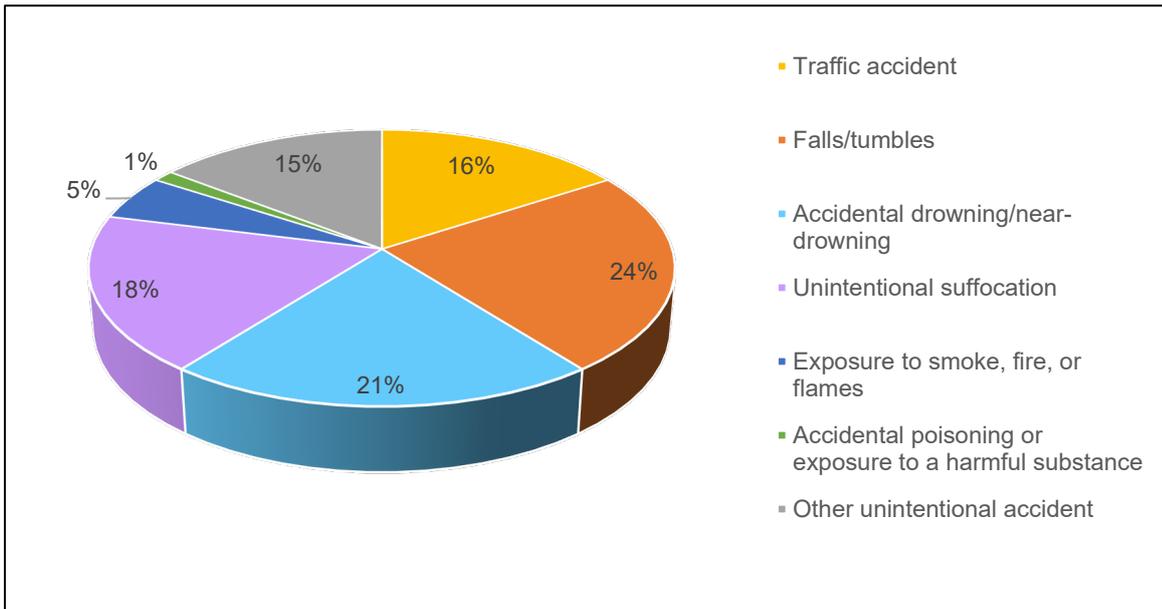
70-79	Accidental drowning/near-drowning (4)	Traffic accident, other unintentional accident, suicide (3 each)			Exposure to smoke, fire, or flames(2)
80-89	Tumbles/falls, unintentional suffocation (9 each)		Accidental drowning/near-drowning (8)	Suicide (5)	Traffic accident, exposure to smoke, fire or flames, other unintentional accident, other cause (1 each)
90 and older	Falls/tumbles (6)	Unintentional suffocation(3)	Other unintentional accident, other cause (2)		Accidental drowning/near-drowning, exposure to smoke, fire or flames, suicide (1 each)
Total	(1) Suicides (42)	(2) Falls/tumbles (18)	(3) Accidental drowning/near-drowning (16)	(4) Unintentional suffocation (14)	(5)Traffic accident (12)

[Source] Demographic statistics

## (2) Deaths due to unintentional factors

When looking at deaths from unintentional factors due to external factors, excluding suicides, “falls/tumbles” are most common at approx. 24%, followed by “accidental drowning” at approx. 21%, “suffocation” at approx. 18%, and “traffic accidents” at approx. 16%. **(Fig. 3-3)**

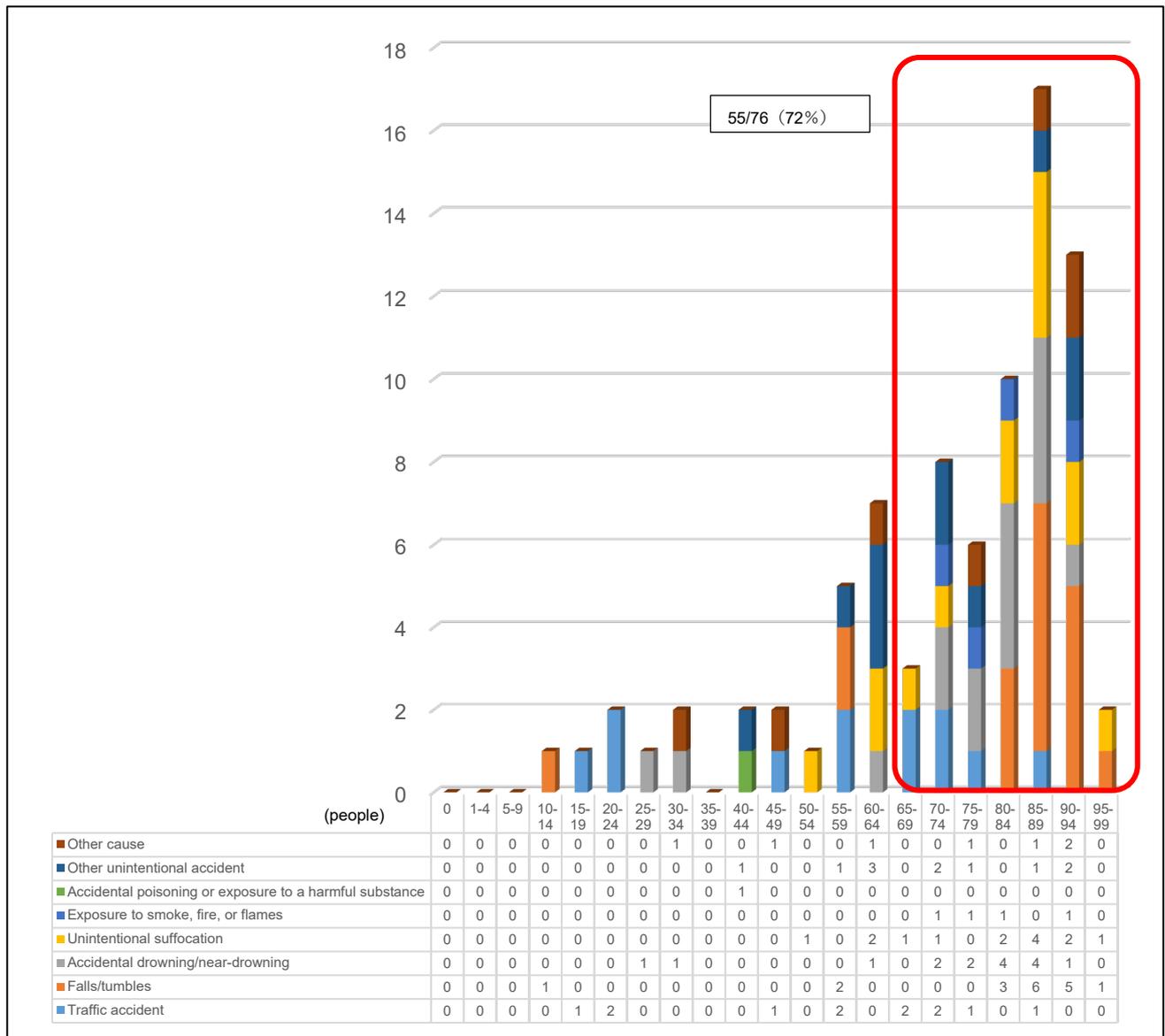
[Fig. 3-3 Rate of deaths due to unintentional factors by cause (total for FY2012-2017)]



[Source] Demographic statistics

Looking at deaths from unintentional factors between FY2012 and 2017 by age group, persons 65 and older (elderly) account for approx. 70% (55 people). **(Fig. 3-4)**

[Fig. 3-4 Number of deaths due to unintentional factors by age group (total for FY2012-2017)]

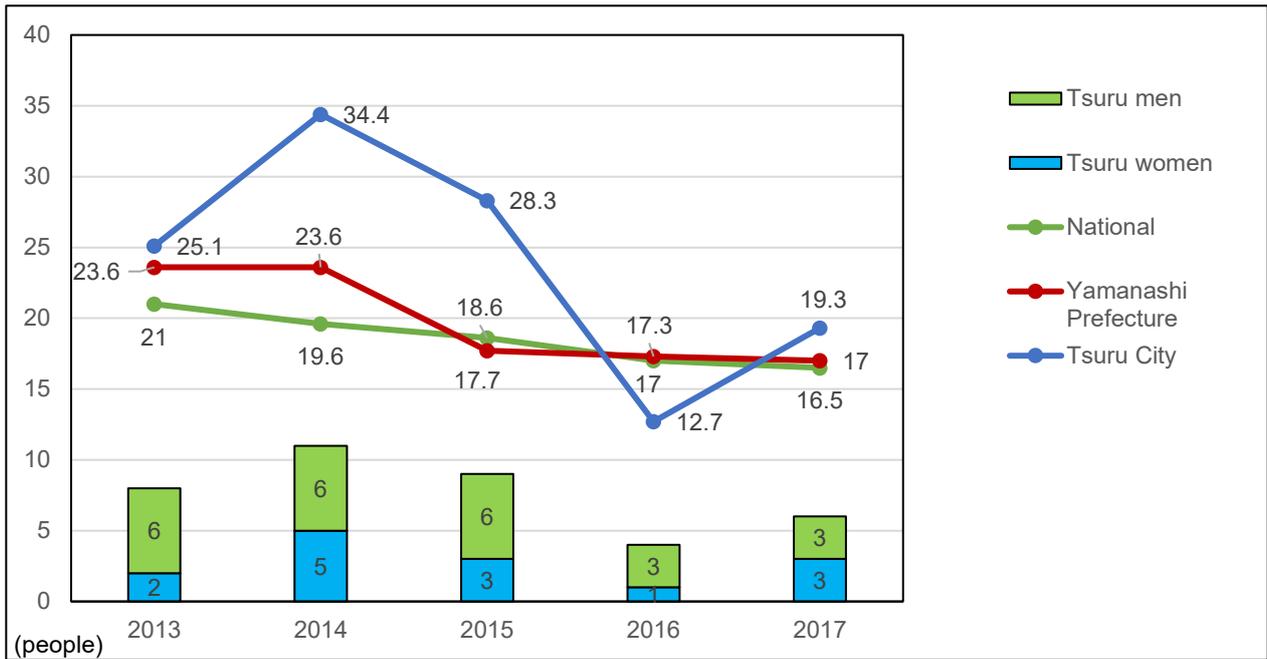


[Source] Demographic statistics

### (3) Suicides

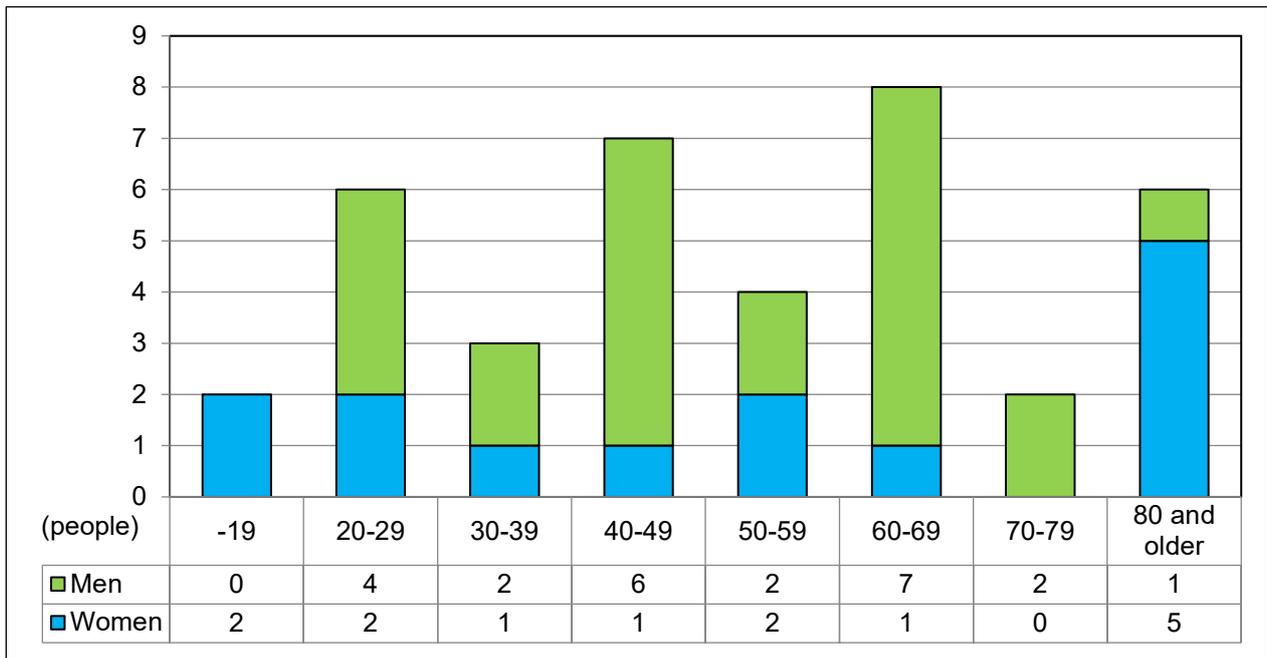
There are ten or fewer suicides annually in Tsuru City, but the suicide death rate is higher than national and prefectural levels. Looking by gender, males account for approx. 60% of suicide deaths. **(Fig. 3-5)** Looking by age group, the working-age group between 40 to 60 accounts for approx. 50% of suicide deaths. **(Fig. 3-6)**

[Fig. 3-5 Number of suicides (by gender) and trends of suicide death rate]



[Source] Demographic statistics

[Fig. 3-6 Number of suicides by age group (total for FY2013-2017)]



[Source] Demographic statistics

## 2. Situation of injuries due to external causes

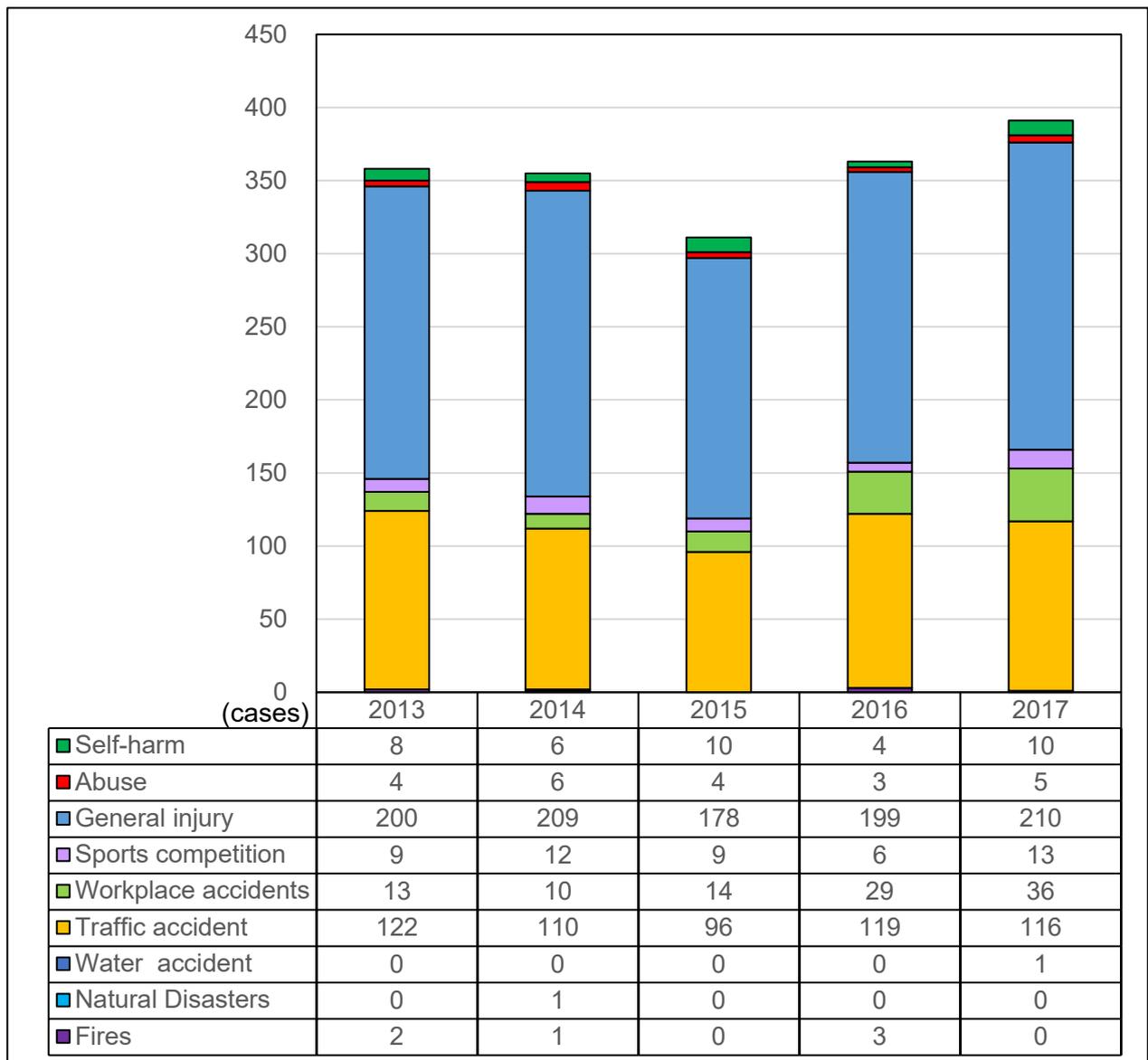
Looking at the number of emergency transports by type of accident in Tsuru City between 2013 and 2017, “general injuries” were the most common, with 996 cases (55.8%), accounting for about half of all cases. This was followed by “traffic accidents” with 563 cases (31.7%). (Fig. 3-7) Emergency transports for traffic accidents have remained the same at about 100 cases. However,

the number of emergency transports city-wide is increasing due to an increase in general injuries. Looking at emergency transports by age group and by accident type, people ages 65 and older (760 people) account for approx. 40 % of all cases. In the age 0 to 4 group and age 50 and older group, “general injuries” such as falls are common. In all other age groups, “traffic accidents” are the highest.

In the age 0 to 9 group, “general injuries” (98 people) account for approx. 70%, accounting for more than 30% of all emergency transports for people between 0 and 19 years old (310 people).

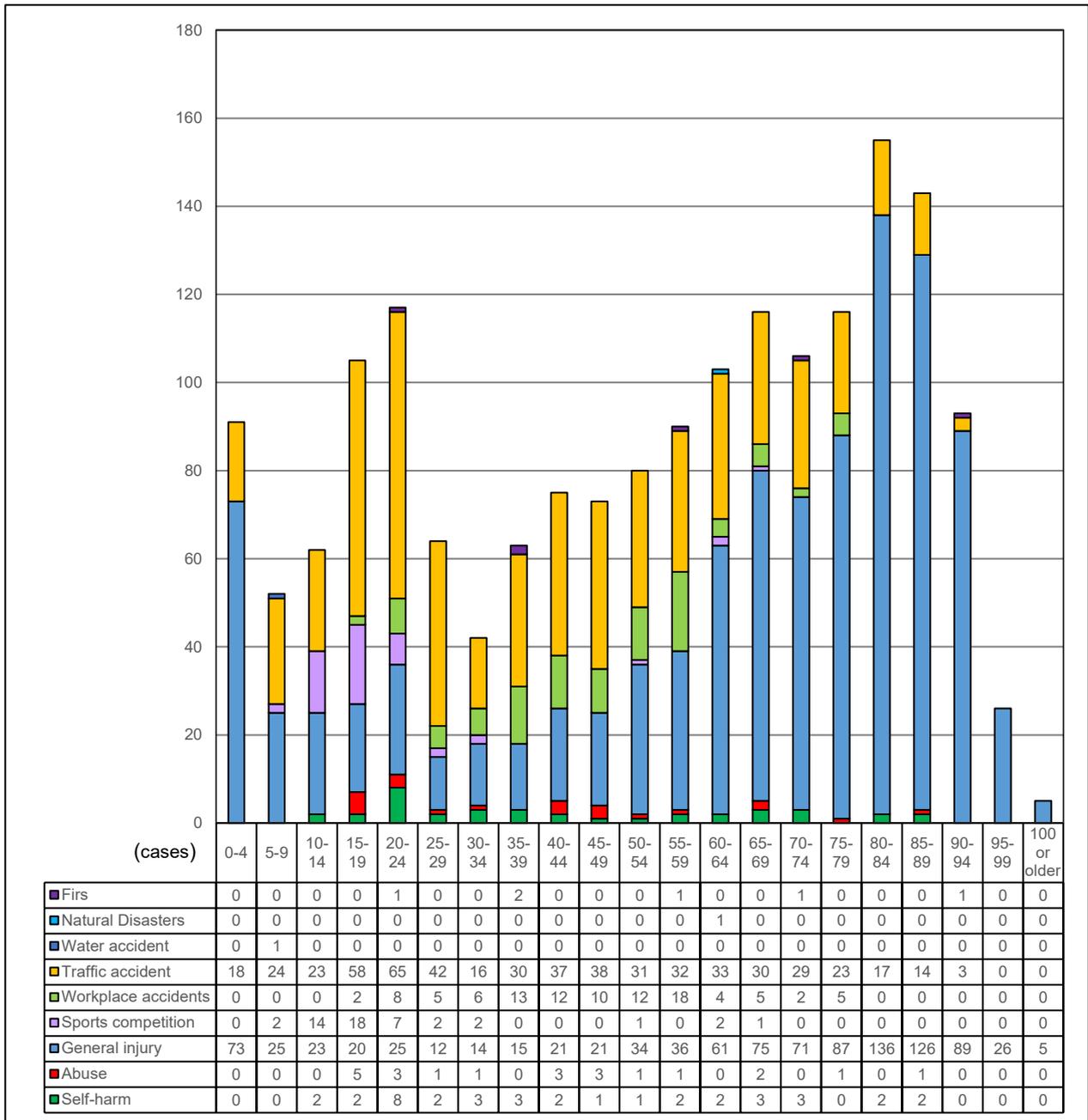
**(Fig. 3-8)**

[Fig. 3-7 Trends of emergency transports by accident type]



[Source] Emergency transport data (City Fire Defense Headquarters)

[Fig. 3-8 Number of emergency transports by accident and by age group (total for FY2013-2017)]



[Source] Emergency transport data (City Fire Defense Headquarters)

### 3. Situation of disasters

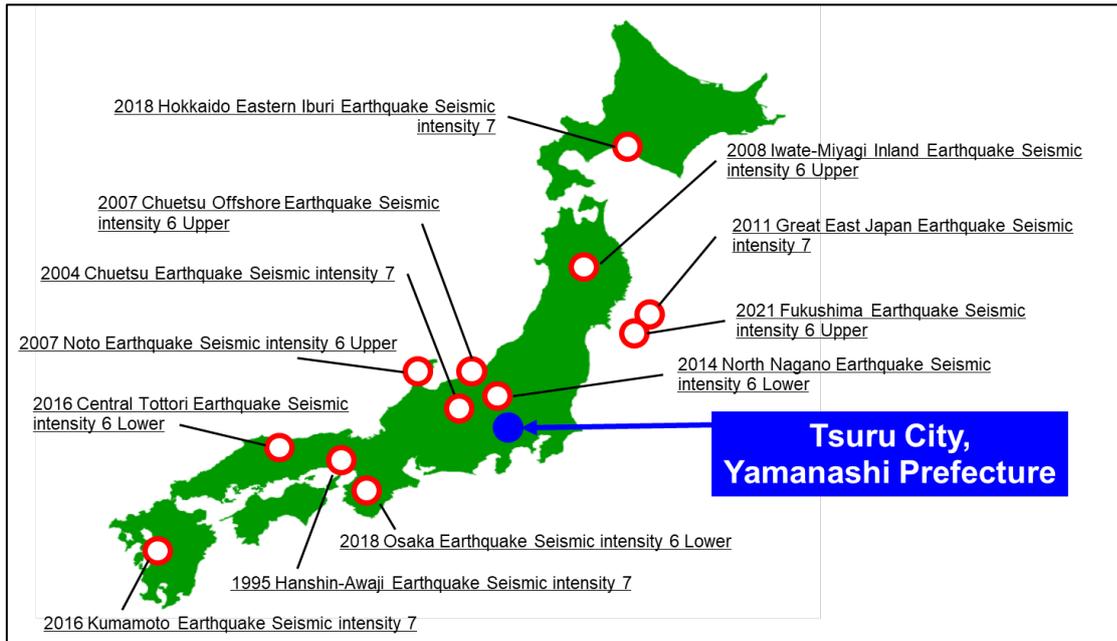
With its four plates and active faults, Japan is one of the most earthquake-prone places in the world and has experienced many large earthquakes in the past 20 years. (Fig. 3-9)

It is predicted, with a more than 90% probability, that the Nankai Trough Earthquake will occur within the next 50 years. It is predicted that the seismic intensity in Tsuru City will be slightly less than 6 on the Japanese intensity scale.

In recent years, there have been frequent torrential rain disasters, with many landslides occurring around Japan. Tsuru City has many mountainous areas and 386 landslide hazard warning zones, making it an area at high risk of landslides.

[Fig. 3-9 Diagram of earthquakes 6 or more on the Japanese seismic scale occurring in

## Japan in the past 20 years]

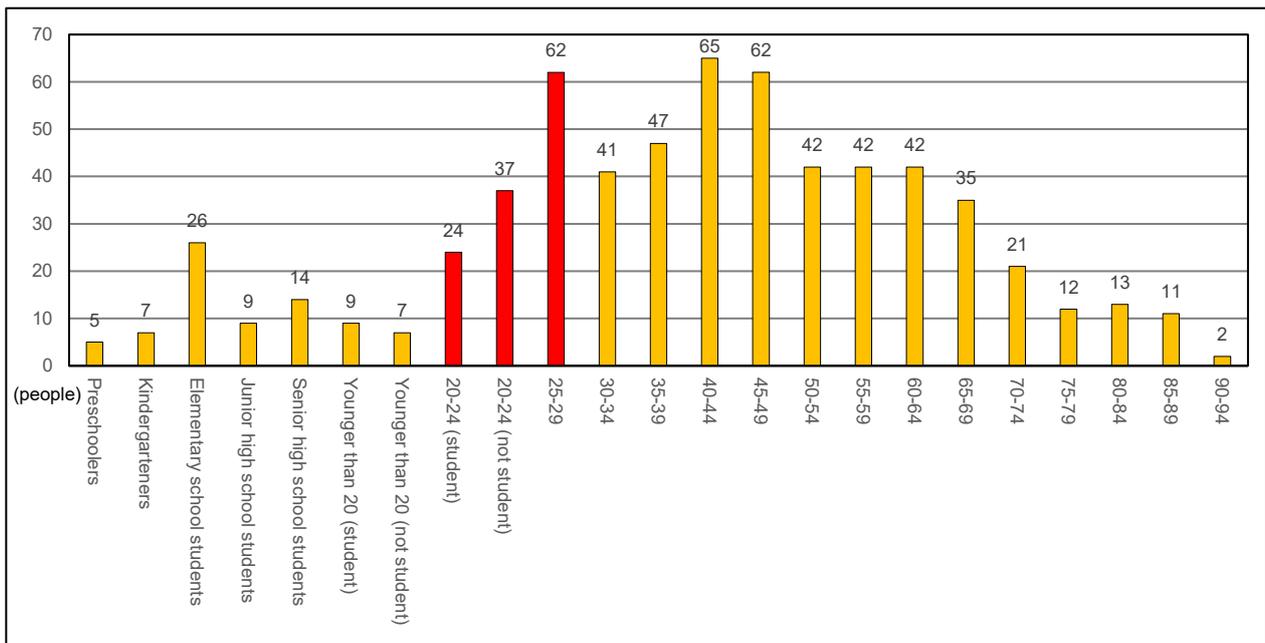


[Source] Meteorological Agency

## 4. Situation of traffic accidents

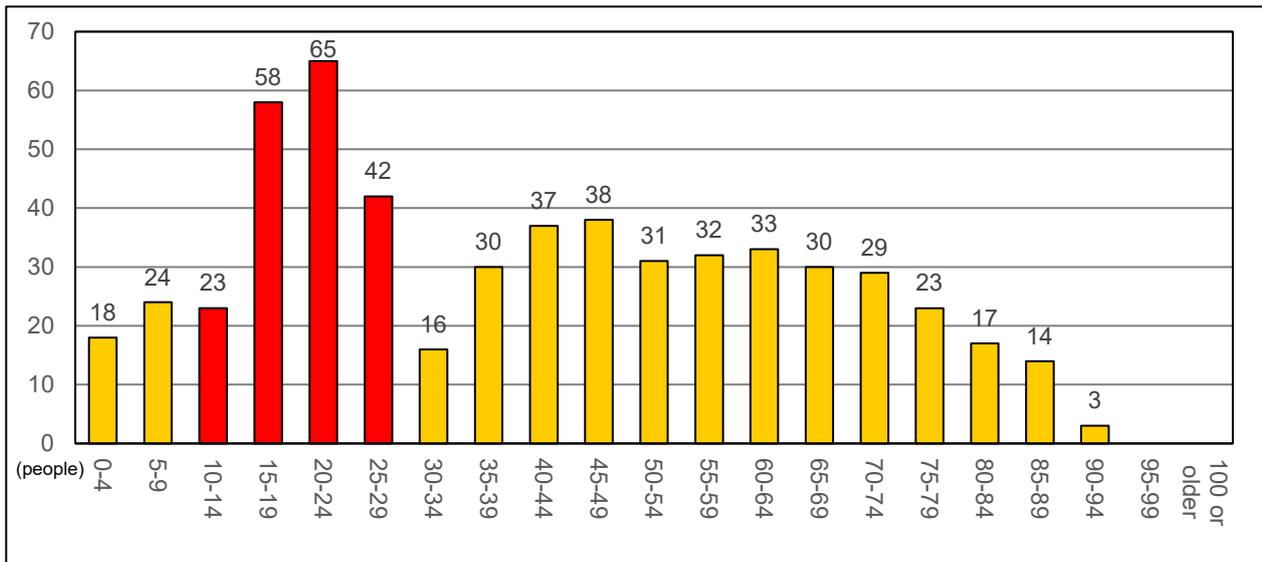
There are about 100 traffic accidents in Tsuru City each year. The number is on the decline, but when looking by age group, the number of injured persons and number of persons transported by emergency transport are high among young people in their 10s and 20s. (Fig. 3-10 • 3-11)

[Fig. 3-10 Situation of traffic accident injuries and fatalities by age group (total for FY2013-2017)]



[Source] Police statistics

[Fig. 3-11 Number of emergency transports for traffic accidents by age group (total for FY2013-2017)]



[Source] Emergency transport data (City Fire Defense Headquarters)

## 5. Situation of abuse

### (1) Domestic violence and date DV

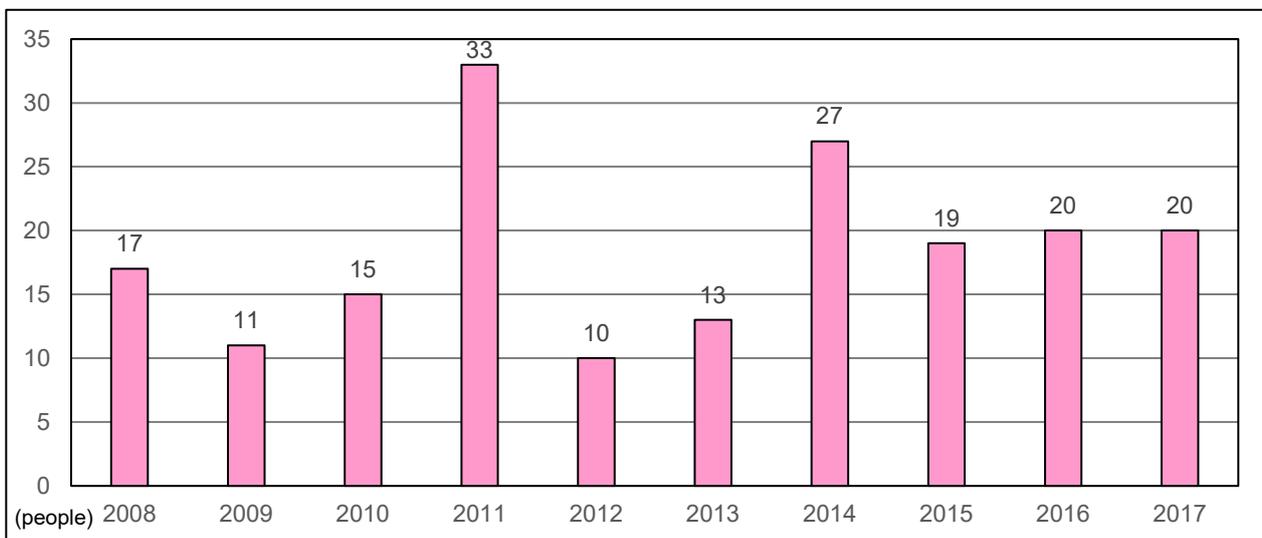
In Tsuru City, 4.7% of residents have experienced DV (domestic violence). (23 people out of 434 people who responded to FY2015 Gender Equality Awareness Survey.)

### (2) Child abuse

About 20 cases of child abuse reports and consultations are received in Tsuru City each year. When looking at the type of abuse, “psychological abuse” and “neglect” each account for about 40%.

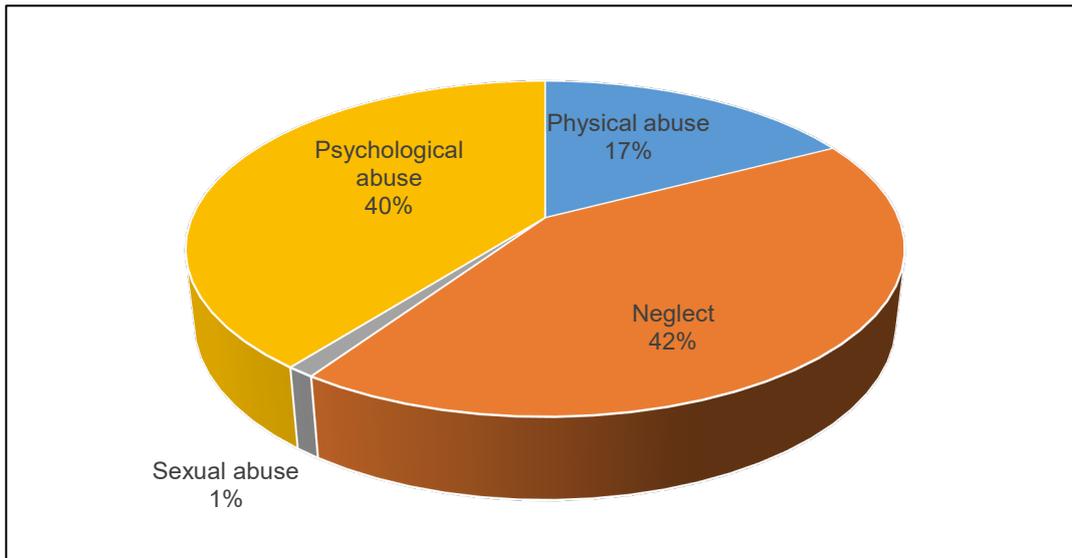
#### (Fig. 3-12 • 3-13)

[Fig. 3-12 Trends of child abuse reports and consultations]



[Source] Municipality Survey of Abuse (City Health and Childcare Section)

[Fig. 3-13 Percentage by type of child abuse (total for FY2008-2017)]



[Source] Municipality Survey of Abuse (City Health and Childcare Section)

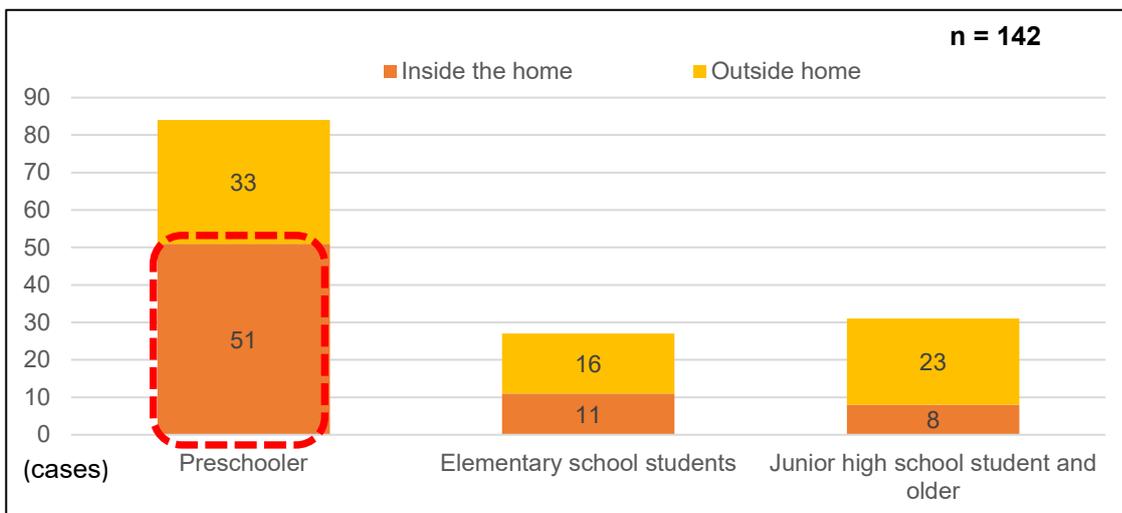
## 6. Situation of children’s injuries

### (1) Injuries of preschoolers in the home

Of the emergency transports for general injuries in Tsuru City, preschoolers (ages 0 to 5) account for approx. 60% of all minors (ages 0 to 19). Approx. 60% of those injuries occur in the home. The breakdown is “contact with objects,” “tumbles,” “accidental ingestion or aspiration,” or “falls”.

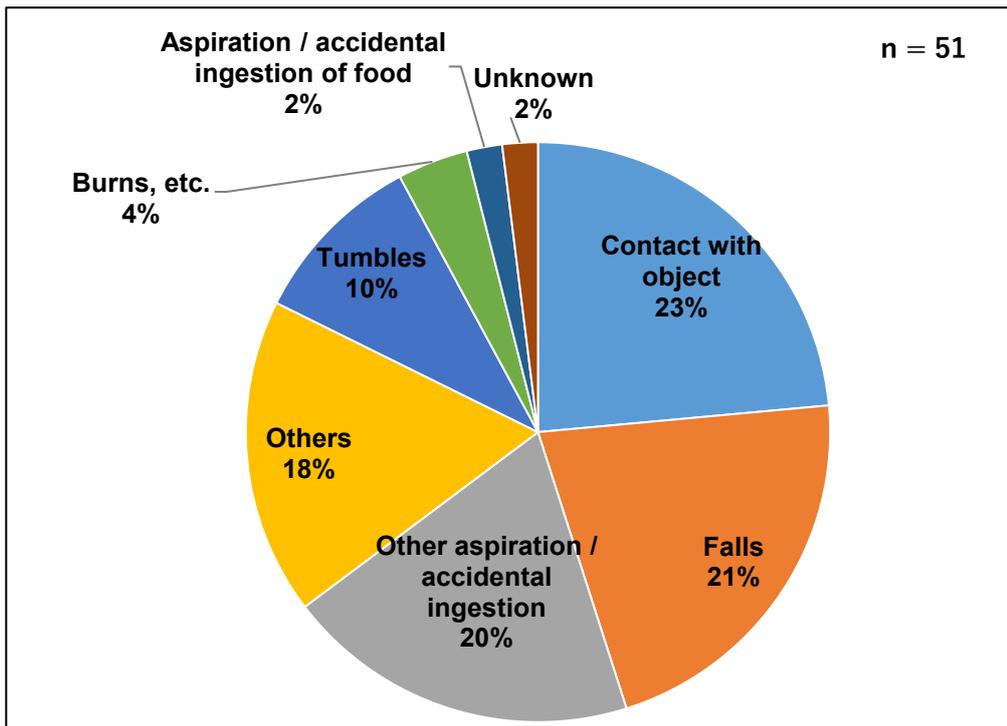
(Fig. 3-14 • 3-15)

[Fig. 3-14 Number of emergency transports by age and by place of occurrence (ages 0 to 19) (total for FY2013-2017)]



[Source] Emergency transport data (City Fire Defense Headquarters)

[Fig. 3-15 Percentage of emergency transports by cause of injury (ages 0 to 5) (total for FY2013-2017)]



[Source] Emergency transport data (City Fire Defense Headquarters)

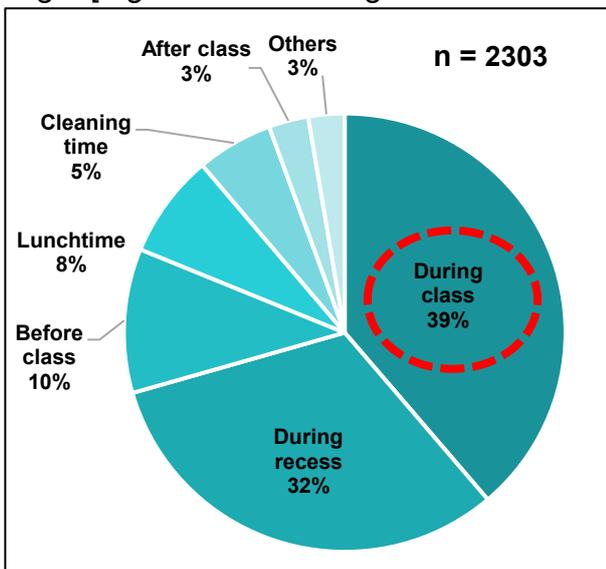
## (2) Injuries at school sustained by elementary and junior high school students

In Tsuru City, injuries sustained by elementary and junior high school students at school most often occur during class, followed by during recess. Injuries requiring a hospital visit most often occur during recess and extracurricular activities. (Fig. 3-16 • 3-17 • 3-18 • 3-19)

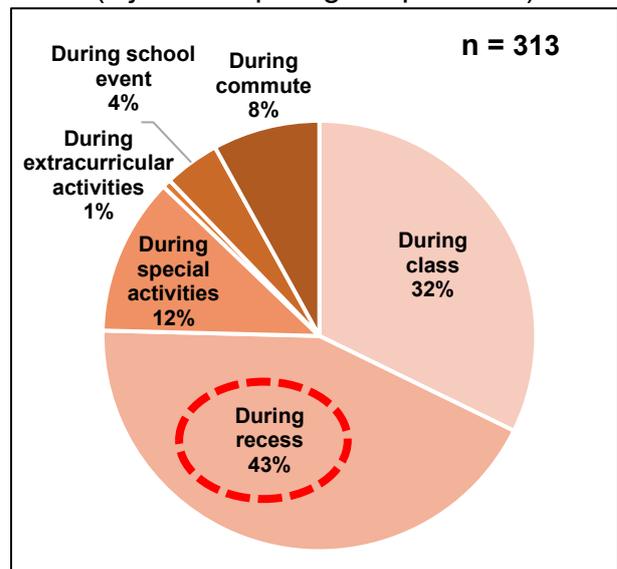
### ◆ Elementary school students

Left [Fig. 3-16 Percentage of injuries at elementary school by scene (SY2019)]

Right [Fig. 3-17 Percentage of occurrence by scene (injuries requiring hospital visit)]



[Source] School Infirmary visit records (City Board of Education)

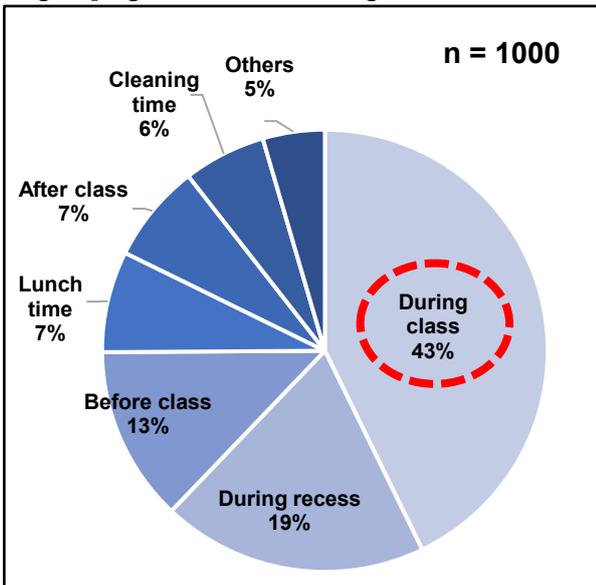


[Source] Disaster Relief Funds data

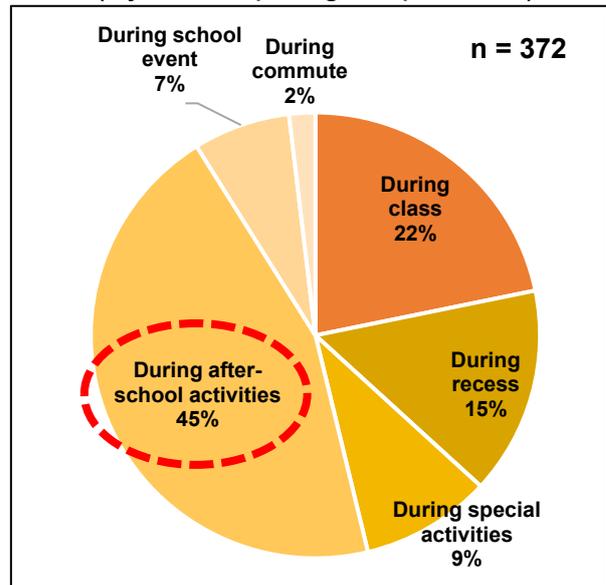
◆ Junior high school students

Left [Fig. 3-18 Percentage of injuries at junior high school by scene (SY2019)]

Right [Fig. 3-19 Percentage of occurrence by scene (injuries requiring hospital visit)]



[Source] School Infirmary visit records (City Board of Education)

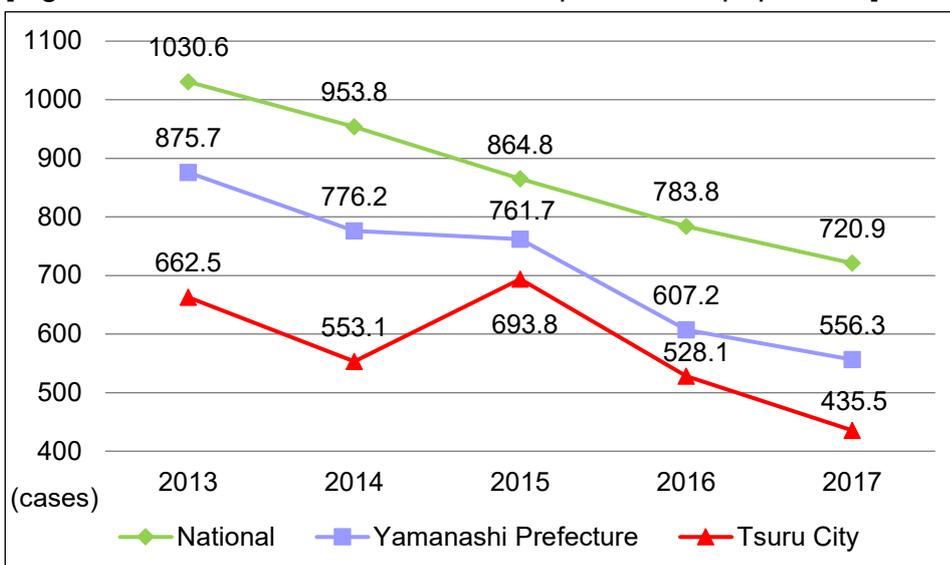


[Source] Disaster Relief Funds data

## 7. Situation of public safety

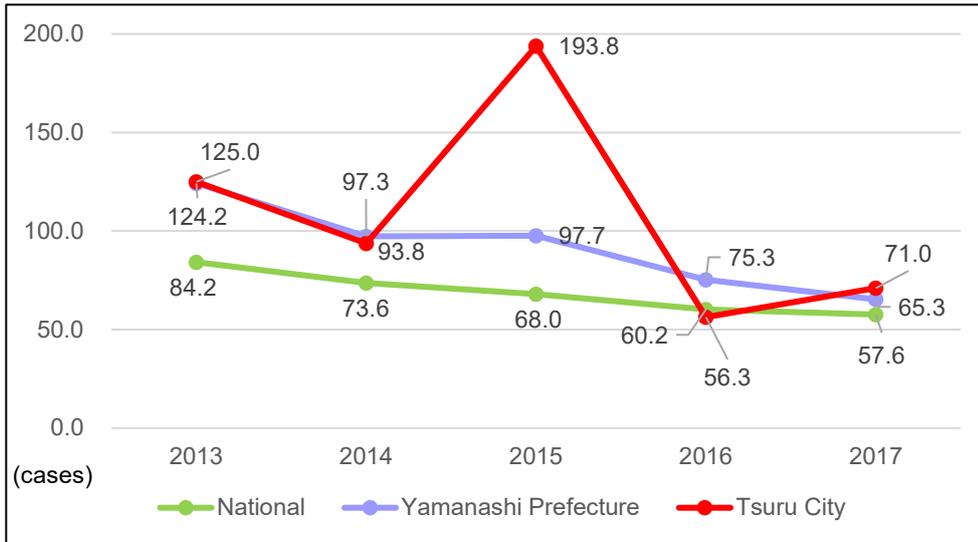
Looking at public safety in Tsuru City, the number of known criminal law offenses is on a downward trend, as is the case nationwide and in Yamanashi Prefecture. The number of criminal offenses per 10,000 people is lower than the national and Yamanashi Prefecture levels. However, when looking at the type of crime, only the number of break-ins is higher than the national and Yamanashi Prefecture levels, and the incidence of break-ins is high. (Fig. 3-20 • 3-21)

[Fig. 3-20 Number of criminal offenses per 10,000 population]



[Source] Police statistics

[Fig. 3-20 Number of burglary thefts per 100,000 population]



[Source] Police statistics

## 8. Survey of Citizen Awareness

A survey of citizen awareness, “Safe and Secure Community Building Questionnaire Survey,” was conducted when Tsuru City started the Safe Community program in 2018. In response to “What are your concerns about living in Tsuru City?” citizens responded that they were very concerned about “traffic accidents” and “crime.” Even though traffic accidents and crimes are on a downward trend, there is a high level of anxiety about being involved in traffic accidents and crimes. There is a gap between the situation of traffic accident and crime occurrence and the citizens’ sense of public safety. (Fig. 3-22)

When asked about participation in community safety and security activities, the percentage of respondents who answered “No” was high for all items. In particular, only about 10% of respondents said they were involved in community activities for “crime prevention,” “child safety,” and “suicide and abuse prevention.” (Fig. 3-23)

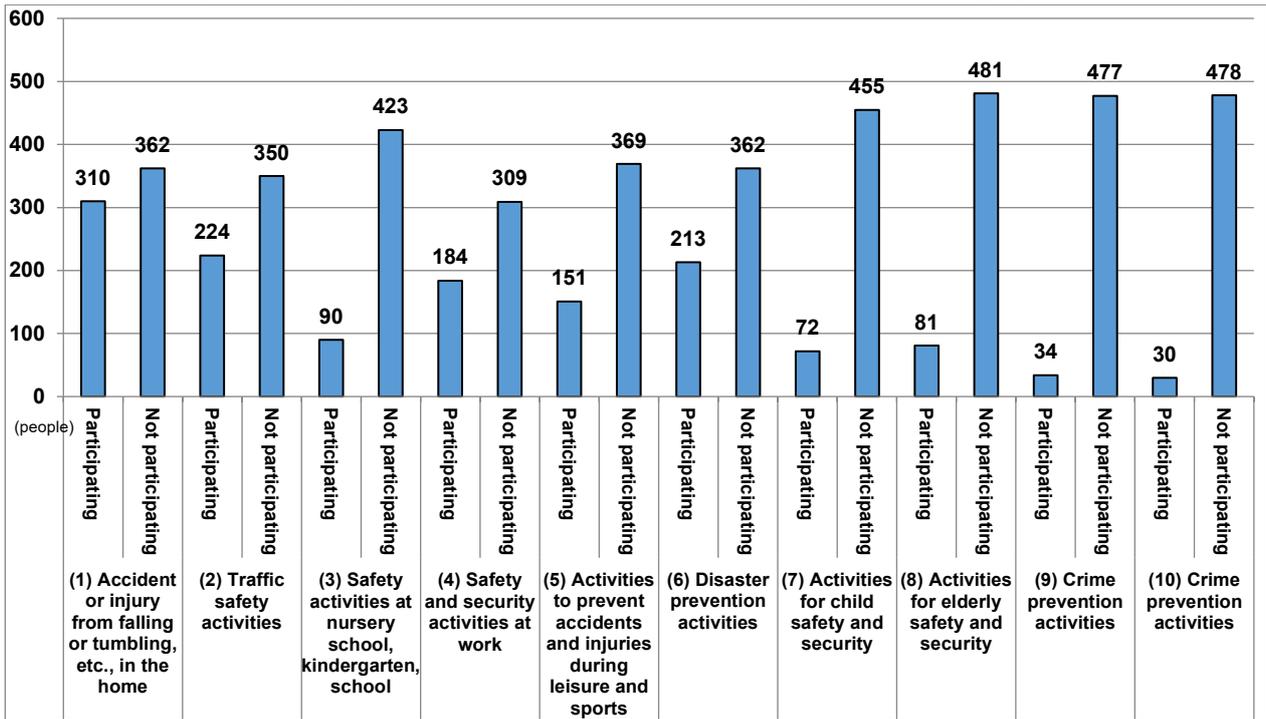
In the area of disaster prevention and mitigation, a concern for all generations, less than half of the respondents answered “Yes” to questions on whether they were prepared for natural disasters. (Fig. 3-24)

[Fig. 3-22 Issues citizens are concerned about living in Tsuru City? (by age group)]

(%) Number of respondents: 767	20 and younger	20- 29	30- 39	40- 49	50- 59	60- 64	65- 69	70- 74	75- 79	80 and older
Accident or injury from falling or tumbling, etc., in the home	3.0	2.7	1.3	3.4	3.4	5.8	8.9	11.6	<b>(3) 12.6</b>	<b>(1) 20.7</b>
Accident or injury from falling or tumbling, etc., while out	1.5	3.3	2.6	3.4	4.7	5.8	8.1	11.3	11.2	14.3
Being injured in a traffic accident	<b>(2) 18.2</b>	<b>(2) 15.4</b>	<b>(3) 13.5</b>	<b>(2) 14.7</b>	12.7	<b>(3) 13.8</b>	<b>(3) 12.2</b>	<b>(3) 15.1</b>	11.2	12.0
Accident or injury at nursery school, kindergarten, or school	1.5	0.5	7.4	5.6	1.1	1.2	0.5	0.6	0.9	0.8
Accident or injury at the workplace	1.5	4.4	3.1	3.1	3.4	4.0	1.9	0.6	0.9	0.0
Accident or injury during recreation or sports	3.0	1.6	1.7	2.5	1.7	1.8	1.4	1.9	4.2	0.0
Injuries due to violence (including bullying and abuse)	4.5	6.0	7.0	3.4	2.8	2.2	1.9	0.0	0.5	0.8
Emotional distress due to bullying or abuse	6.1	8.2	9.6	5.3	3.2	2.5	1.4	0.6	2.3	0.0
Being involved in a crime	<b>(2) 18.2</b>	11.5	<b>(2) 14.4</b>	11.9	<b>(3) 14.8</b>	12.6	8.9	7.5	7.0	7.9
Being unable to move due to illness or disability	7.6	<b>(3) 12.1</b>	11.4	<b>(3) 14.1</b>	<b>(2) 19.4</b>	<b>(2) 18.5</b>	<b>(1) 21.9</b>	<b>(1) 23.3</b>	<b>(1) 21.0</b>	<b>(2) 17.3</b>
Being involved in a fire	12.1	7.1	8.7	9.7	9.5	10.2	8.6	8.8	11.2	10.5
Being involved in a natural disaster	<b>(1) 21.2</b>	<b>(1) 20.9</b>	<b>(1) 17.9</b>	<b>(1) 21.3</b>	<b>(1) 21.5</b>	<b>(1) 20.9</b>	<b>(2) 19.2</b>	<b>(2) 18.6</b>	<b>(2) 15.4</b>	<b>(3) 15.0</b>
Others	1.5	0.5	1.3	1.3	1.7	0.6	1.9	0.0	1.4	0.8

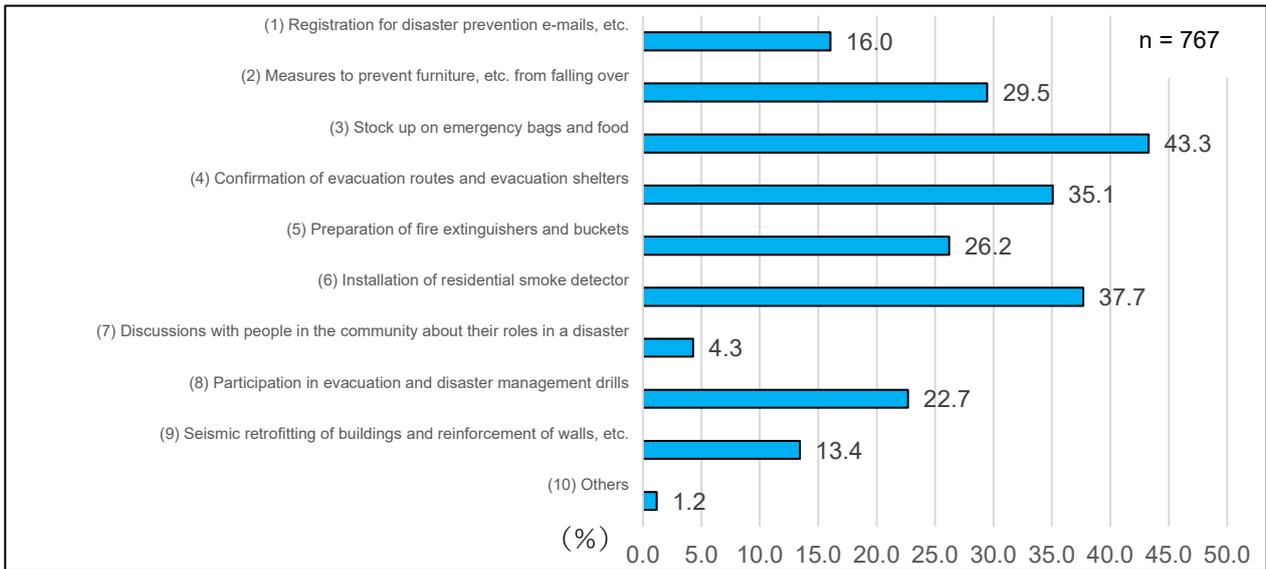
[Source] Source: Safe and Secure Community Building Questionnaire Survey (City Regional Environment Section)

[Fig. 3-23 Do you participate in activities related to safety and security?]



[Source] Source: Safe and Secure Community Building Questionnaire Survey (City Regional Environment Section)

[Fig. 3-24 Situation of citizen's preparedness for natural disasters]



[Source] Source: Safe and Secure Community Building Questionnaire Survey (City Regional Environment Section)

## 9. Setting of priority sectors based on community diagnosis

In Tsuru City, the following priority challenges have been set as follows based on various data such as suicides, deaths and injuries due to unforeseen factors, emergency transport data, and the results of community diagnosis such as the survey on citizens' awareness of accidents and injuries. Prevention activities are being developed following the Seven Indicators for Safe Communities. (Fig. 3-25)

[Fig. 3-25 Setting of priority challenges based on community diagnosis]

Problem points identified from community diagnosis	Setting of priority challenges
<ul style="list-style-type: none"> <li>○ With a more than 90% probability, it is predicted that the Nankai Trough Earthquake will occur within the next 50 years. It is anticipated that the seismic intensity in Tsuru City will be slightly less than 6 on the Japanese intensity scale. (P15 Fig. 3-9)</li> <li>● Citizens are most concerned about “natural disasters”. (P21 Fig. 3-22)</li> <li>● Less than half of the respondents have taken measures to prevent disasters. (P22 Fig. 3-23)</li> </ul>	<p><b>(1) Crime prevention and mitigation</b></p>
<ul style="list-style-type: none"> <li>○ Emergency transports for injuries are highest for “general injuries” followed by “traffic accidents.” (P13 Fig. 3-7)</li> <li>○ Traffic accident deaths and persons transported by ambulance are high among the “elderly” and the “younger generation” in their 10s and 20s. (P14 Fig. 3-8)</li> <li>● “Traffic accidents” rank high (3rd place) of issues citizens are worried about. (P21 Fig. 3-22)</li> </ul>	<p><b>(2) Traffic Safety</b></p>
<ul style="list-style-type: none"> <li>○ The number of criminal offenses per 10,000 people is lower than the national and Yamanashi Prefecture levels. However, looking at burglaries, the number of break-ins is higher than the national and Yamanashi Prefecture levels. (P19 Fig. 3-20, P20 Fig. 3-21)</li> <li>● Approx. 10% of people are currently participating in community activities related to crime prevention. (P22 Fig. 3-23)</li> <li>● “Crime victimization” ranks high (4th place) of issues citizens are worried about. (P21 Fig. 3-22)</li> </ul>	<p><b>(3) Crime Prevention</b></p>
<ul style="list-style-type: none"> <li>○ Emergency transports for general injuries are the highest for the age 80 and older group. Persons 60 and older account for 60% of all transport, with “falls/tumbles” being the most common cause. (P14 Fig. 3-8)</li> <li>● Looking at accidents and injuries occurring in the past year, 60% of the elderly were injured by “falls/tumbles” with 60% of those incidents occurring in the “home.”</li> </ul>	<p><b>(4) Elderly Safety</b></p>

○ The age 0-9 group followed the elderly group in emergency transport for general injuries. **(P14 Fig. 3-8)**

● Of the accidents and injuries occurring in the past year, approx. 50% of the youth from “preschoolers” to “junior high students” were injured by “falls/tumbles.”

● Approx. 10% of people are participating in community activities related to child safety. **(P22 Fig. 3-23)**

○ The suicide rate per 100,000 population is higher than national and Yamanashi Prefecture levels. **(P12 Fig. 3-5)**

○ Emergency transports for self-inflicted wounds are high in the younger generation. The degree of moderate and more serious injuries is high.

● Approx. 10% of people are participating in community activities related to suicides. **(P22 Fig. 3-23)**

**(5) Parent and Child**

**(6) Mental Health**

○ Various statistical information

● Citizen survey

## Chapter 4 Programs based on Seven Indicators

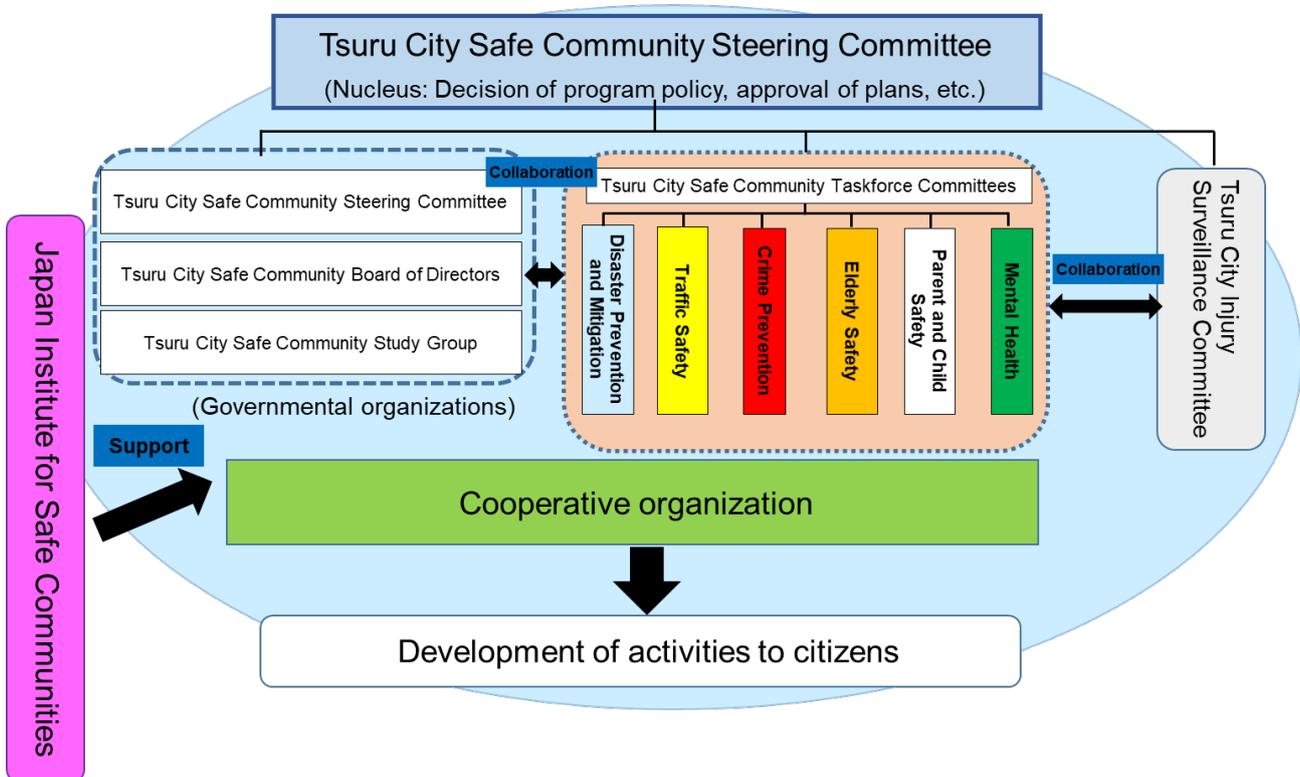
### Indicator 1: An infrastructure based on cross-sectional partnerships and collaborations is established.

#### (1) System for promoting Safe Community activities

The system for promoting the Safe Community program in Tsuru City consists of the Safe Community Steering Committee, which is the nucleus of the program, the Injury Surveillance Committee, which collects injury data, and sector-specific Taskforce Committees, which study the challenges and programs, and related groups that conduct specific programs, etc.

These committees collaborate and work together to promote Safe Community activities with the support of the Japan Institute for Safe Communities.

[Fig. 4-1 Safe Community promotion system]



#### (1) Safe Community Steering Committee

[Established] August 2018

[Composition] The committee is composed of representatives of related groups involved in safe and secure community building, etc. 36 groups, 42 people

Chair: Tsuru City mayor

Vice-chair: Yamanashi Prefecture Otsuki Police Station director, Liaison Council for Community Building through Community Collaboration, chair

[Role]

- Decision of policy for Safe Community activities
- Summative evaluation of Safe Community activities
- Instructions related to programs and policies set by sector-specific Taskforce Committee



[Fig. 4-2 Composition of Steering Committee members]

Committee members	
<b>Community groups, etc.</b>	Tsuru City Liaison Council for Community Building through Community Collaboration, Tsuru City Federation of Neighborhood Associations, Tsuru City voluntary fire corps, Otsuki Traffic Safety Association, Tsuru City Federation for Traffic Safety, Tsuru Council of Commissioned Welfare Volunteers/Child Welfare Volunteers, Tsuru City Red Cross Society, Tsuru City Federation of Senior Citizen Clubs, Tsuru Citizens' Council for Youth Development, Tsuru City Social Welfare Council, Tsuru City Chamber of Commerce, Tsuru City Liaison Council of Business Owners, Tsuru City Junior Chamber of Commerce, Japan Post Tsuru Post Office, Tsuru City Federation of Elementary and Junior High School PTAs, Tsuru Nursery School Federation, etc.
<b>Medical institutions, etc.</b>	Tsuru Medical Association, Tsuru Association of Dentists, Tsuru, Pharmaceutical Association, Municipal Hospital
<b>Educational institutions, etc.</b>	Tsuru University, Health Science University, Yamanashi Industrial Technology Junior College, Tsuru Kojokan High School, Tsuru City Association of Elementary and Junior High School Headmasters
<b>Governmental agencies</b>	Otsuki Police Station, Tsuru Labor Standards Inspection Office, Yamanashi Prefecture (Fuji-Tobu Regional Citizen Center, Fuji-Tobu Health and Welfare Office, Fuji-Tobu Construction Office, Fuji-Tobu Education Office, Tsuru Child Consultation Service), Tsuru City (General Affairs Department, Citizens' Department, Welfare and Health Department, Industry and Construction Department, Board of Education, Fire Defense Headquarters)

## (2) Injury Surveillance Committee

[Established] August 2018

[Composition] 12 members from agencies related to health, medicine, and fire defense, etc.

Chair: Tsuru University  
associate professor

Vice-chair: Tsuru Medical  
Association chair

[Role]

- Collection and analysis of injury data, etc.
- Creation of system for evaluation
- Verification of evaluation of initiatives in each sector
- Support of Taskforce Committees



(Details are given in Indicator 5 (P114-116))

[Fig. 4-3 Composition of Injury Surveillance Committee members]

Committee members	
<b>Medical institutions, etc.</b>	Tsuru Medical Association, Municipal Hospital
<b>Educational institutions, etc.</b>	Tsuru University, Health Science University, Saitama Prefectural University
<b>Expert agencies</b>	Japan Institute for Safe Communities
<b>Governmental agencies</b>	Otsuki Police Station, Yamanashi Prefecture (Fuji-Tobu Health Center) Tsuru City (General Affairs Department, Citizens' Department, Welfare and Health Department, Fire Defense Headquarters)

### (3) Sector-specific Taskforce Committees

Meetings are held almost every month to take specific and efficient measures to address the issues raised by the Surveillance Committee's safety diagnosis. Meetings are held almost every month in order to take specific and efficient measures to address the issues raised by the Surveillance Committee's safety diagnosis.

One of Tsuru City's characteristics is that each Taskforce Committee conducts surveys to design effective countermeasures.

[Established] October 2018

[Composition] Established for each of the six priority challenges (program sectors)  
Composed of community residents and groups involved with community organizations and each sector, and related agencies, etc.

[Role]

- Analysis of challenges
- Study of programs and measures to resolve priority challenges
- Enactment, verification, and assessment of programs and measures



[Fig. 4-4 Composition of sector-specific Taskforce Committee members, and situation of meetings]

Taskforce Committee	Committee members	
Disaster Prevention and Mitigation (26 people)	<b>Community groups, etc.</b>	Tsuru Junior Chamber of Commerce, Tsuru City Social Welfare Council, Tsuru City Disaster Volunteer Center Management Study Group, Tsuru Disaster Prevention Network, Tsumi-kago no Kai, disaster response specialists, general citizens (solicited), Health Science University Nursing Department students
【Number of meetings】 FY2018:	<b>Educational institutions, etc.</b>	Seisen Jogakuin College Nursing Department

3 sessions FY2019: 9 sessions FY2020: 4 sessions	<b>Governmental agencies</b>	Tsuru City (General Affairs Section, Planning Section, Construction Section, Board of Education Life-Long Learning Section, Fire Defense Headquarters Fire Defense Section)
Traffic Safety (21 people)  【Number of meetings】 FY2018: 3 sessions FY2019: 12 sessions FY2020: 10 sessions	<b>Community groups, etc.</b>	Liaison Council for Community Building through Community Collaboration (Tanimura District, Higashi-Katsura District, Kaisei District, Miyoshi District, Morisato District, Kaichi District, Takara District), Otsuki Traffic Safety Association, Tsuru City Federation for Traffic Safety, Tsuru City Liaison Council for General Traffic Instructor, Tsuru University students
	<b>Private companies, etc.</b>	Fujikyu Bus Co.
	<b>Educational institutions, etc.</b>	Tsuru Municipal Association of Elementary and Junior High School Vice Principals
	<b>Governmental agencies, etc.</b>	Otsuki Police Station Traffic Safety Section, Tsuru City (Regional Environment Section, Board of Education School Education Section, Construction Section)
Crime Prevention (19 people)  【Number of meetings】 FY2018: 3 sessions FY2019: 11 sessions FY2020: 6 sessions	<b>Community groups, etc.</b>	Liaison Council for Community Building through Community Collaboration (Tanimura District), Crime Prevention Associations, such as apartments within Otsuki Police Department jurisdiction, Tsuru City voluntary fire corps, Tsuru City Citizen’s Meeting for Youth Development, Tsuru University Student Council Executive Committee
	<b>Private companies, etc.</b>	Fujikyu Yamanashi Hire Co.
	<b>Educational institutions, etc.</b>	Tsuru City Association of Elementary and Jr. High School Principals
	<b>Governmental agencies, etc.</b>	Otsuki Police Department Community Safety Section, Tsuru City (Regional Environment Section, Citizens’ Section, Board of Education School Education Section and Life-Long Learning Section) Tsuru University Student Section
Elderly Safety (19 people)  【Number of meetings】 FY2018: 3 sessions FY2019: 11 sessions FY2020: 4 sessions	<b>Community groups, etc.</b>	Federation of Senior Citizen Clubs, Tsuru Council of Commissioned Welfare Volunteers/Child Welfare Volunteers, “E-basho” (Community center for elderly) chair, Tsuru-ju University representative, Tsuru University students, Health Science University students
	<b>Medical institutions, etc.</b>	Kaiseido Clinic, general nursing care facilities, Municipal Hospital, geriatric healthcare facility, Tsuru City Social Welfare Council
	<b>Academic experts</b>	Meiji Yasuda Life Foundation of Health and Welfare, Physical Fitness Research Institute
	<b>Governmental agencies</b>	City (Long-life Care Section, Planning Section, Board of Education Life-long Learning Section)
Parent and Child Safety (20 people)  【Number of meetings】 FY2018: 3 sessions FY2019: 10 sessions	<b>Community groups, etc.</b>	Tsuru City After-school Care Liaison Council, Tsuru Junior Chamber of Commerce, Tsuru Council of Commissioned Welfare Volunteers/Child Welfare Volunteers, Representative of parents
	<b>Educational institutions, etc.</b>	School principals, Tsuru Municipal Association of Elementary and Junior High School Vice Principals, school nurses, Tsuru City Chief Child Welfare Officers
	<b>Medical institutions</b>	Municipal Hospital
	<b>Governmental</b>	Tsuru City (Board of Education School Education Section,

FY2020: 6 sessions	<b>agencies, etc.</b>	Life-Long Learning Section, Healthy Childcare Section, Construction Section)
Mental Health (18 people)  【Number of meetings】	<b>Community groups, etc.</b>	Tsuru Chamber of Commerce, Tsuru City Chamber of Commerce, Tsuru City Liaison Council of Business Owners, Tsuru Social Welfare Council, Tsuru City Junior Chamber of Commerce, Tsuru City Community Support Activity Center, Mutsumi no Ie, Tsuru University students
FY2018: 3 sessions	<b>Private companies, etc.</b>	Yamanashi Prefecture Career Consulting Association
FY2019: 11 sessions	<b>Medical institutions, etc.</b>	Kaiseido Clinic
FY2020: 6 sessions	<b>Governmental agencies</b>	Otsuki Police Department, Hello Work Tsuru, Police Affairs Department, Fuji-Tobu Health and Welfare Division Community Health Section, Tsuru City (Healthy Childcare Section, Long-life Care Section, Welfare Section, Industry Section)

## (2) Public awareness activities

It has been three years since initiatives were started in Tsuru City. We have been making an effort to raise awareness to promote the Safe Community activities throughout the city.

### (1) Raising awareness with various events in the city

To raise awareness of Safe Community activities, we conduct surveys and educational activities at various events and commercial facilities in the city.

#### ◆ Educational activities by each Taskforce Committee



## (2) Public awareness activities using various media

To inform as many citizens as possible about the Safe Community activities, monthly activity reports are published in the City's newspaper, "Public Relations Tsuru." A special page has also been set up on the City's website.

We have also created programs to convey the details and activities of the Safe Community in an easy-to-understand manner. We disseminate information through various media such as CATV (cable television) and YouTube.

### ◆ Program created to promote Safe Community activities



In addition to these activities, we carry out awareness-raising activities using promotional materials, such as displaying banners at public facilities in the city and posters in the City Hall building.

### ◆ Safe Community banners displayed at facilities in the city



◆ Safe Community promotion poster

都留市、  
セーフ  
コミュニティ  
はじめました。

【問い合わせ先】  
都留市役所 地域環境課 地域振興担当  
TEL. 0554-43-1111 内線 174  
FAX 0554-43-5049  
Mail chikishinkou@city.tsuru.lg.jp

都留市 セーフコミュニティ  
安全・安心

# セーフコミュニtea??

いえいえ!お茶ではありません!

セーフコミュニティとは  
地域の皆さん、行政などの様々な団体が協力  
しながら安全・安心なまちづくりに取り組むこと。  
「誰もがいつまでも健康で幸せに暮らせるまち」  
を地域の皆さんでつくっていきましょう!

都留市は、平成30年度から  
セーフコミュニティの取り組みを  
開始しました!

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都留市 セーフコミュニティ  
安全・安心

おはよう こんにちは  
こんばんは 調子どう?  
いってらっしゃい おかえり

いつものあいさつも  
実はセーフコミュニティ  
につながってる。

何気ないあいさつもしれないけど  
その一言が、近所のおいしいちゃんおあちゃん  
の見守りにつながるかもしれない。  
その一言が、困っている人に手を差し伸べる  
きっかけになるかもしれない。  
地域にあふれるあいさつは、地域のつながり。  
身近なところにも、セーフコミュニティに  
つながることってたくさんあるんです。

(セーフコミュニティについて知りたい時は)  
都留市役所 地域環境課 地域振興担当  
TEL. 0554-43-1111 (内線 174, 175)  
Mail chikishinkou@city.tsuru.lg.jp

都留市 セーフコミュニティ  
安全・安心

# 安全なまち だから 安心して暮らせる

都留市は  
セーフコミュニティに  
取り組んでいます。

安心して暮らせるまちをつくるために  
やっぱり「安全」が欠かせない。  
「安全」があるからこそ、「安心」はつくれる。  
だから、都留市は「安全・安心なまち」を目指して  
セーフコミュニティに取り組んでいます。

セーフコミュニティとは  
「事故やけがは偶然の結果ではなく、原因  
を分析することで予防できる」という理  
念のもと、地域全体で安全・安心の向上  
に取り組む地域のこと。  
現在、世界では約400、日本では15  
の自治体が認証登録を受けています。

(セーフコミュニティについて知りたい時は)  
都留市役所 地域環境課 地域振興担当  
TEL. 0554-43-1111 (内線 174, 175)  
Mail chikishinkou@city.tsuru.lg.jp

都留市 セーフコミュニティ  
安全・安心

## Indicator 2: Prevention activities (programs) covering all ages and environments

### (1) General image of prevention activities

In Tsuru City, various initiatives (99 projects) concerning safety and security are being made by the government, local residents, and related organizations, either individually or in cooperation with each other. Injury prevention activities are conducted for all genders, ages, and environments. (Fig. 4-5)

In the following table, the primary safety and security programs implemented in cooperation with the City or related organizations are organized by target age group and environment and causes.

[Fig. 4-5 Number of prevention activities by age group and by environment]

		Children (Ages 0-14)	Youth (Ages 15-24)	Adults (Ages 25-64)	Elderly (Ages 65 and older)
Unintentional causes	Home Safety (45 projects)	20	15	18	31
		(1) · (2) · (3)	(3)	(3)	(3) · (4) · (5)
	School Safety (5 projects)	5	5	/	/
		(6) · (7) · (8)	(6) · (7) · (8)		
	Workplace Safety (4 projects)	/	4	4	4
			(9)	(9)	(9)
	Leisure and Sports Safety (6 projects)	3	3	4	5
		(11) · (12)	(10) · (12)	(10) · (12)	(10) · (12)
Public Safety (7 projects)	7	7	6	6	
	(13) · (14)	(13) · (14)	(13) · (14)	(13) · (14)	
Traffic Safety (11 projects)	11	11	11	11	
	(15) · (16) · (17)	(16) · (17)	(16) · (17)	(16) · (17)	
Natural Disasters (10 projects)	10	10	10	10	
	(18) · (19) · (20)	(18) · (19) · (20)	(18) · (19) · (20)	(18) · (19) · (20)	
Intentional causes	Abuse (including domestic violence, abuse) (6 projects)	5	6	3	3
		(21)	(21)	(21)	(21)
	Suicide, self-harm (5 projects)	4	5	5	4
		(22)	(22)	(22)	(22)

\* Basically, programs are intended for both genders.

\* The value on the upper line for each age group and environment shows the number of programs. The number of programs for each age group includes those for all ages.

\* The value on the lower line corresponds to the main prevention activity explained from page 33.

## (2) Main prevention activities

The main prevention activities conducted in Tsuru City are shown below.

### ◆ Home Safety

<b>(1) Lectures on preventing preschooler accidents</b>	
Targets	Children (preschool)
Purpose	Prevention of accidents and injuries to preschoolers in the home
Overview	Educational pamphlets on preventing preschooler accidents are distributed at the Baby Plaza, health consultations, and preschooler exams.
Organizers (persons concerned)	Tsuru City

<b>(2) Childcare support and home visit project</b>	
Targets	Children (preschool)
Purpose	Reduce parents' anxiety about childcare
Overview	Public nurses visit homes to help reduce parents' anxieties about childcare.
Organizers (persons concerned)	Tsuru City

<b>(3) Subsidies for earthquake-resisting of wooden houses, etc.</b>	
Targets	All ages
Purpose	Ensure the safety of existing housing and form stock of high-quality housing.
Overview	Subsidies are provided for a portion of the cost of earthquake-proofing and renovation of houses to promote safe housing for households with children and the elderly, as well as to create a stock of safe and high-quality housing.
Organizers (persons concerned)	Tsuru City

**(4) Subsidies for the introduction of location-based search equipment for elderly people with dementia**

Targets	Elderly
Purpose	Prevent accidents involving elderly who wander
Overview	Subsidies are given for the introduction of GPS-based location information search equipment to detect and protect wandering elderly people.
Organizers (persons concerned)	Tsuru City

**(5) Housing renovation project to prevent nursing care**

Targets	Elderly
Purpose	Prevent injuries in the home
Overview	The cost of renovating homes, such as installing handrails and eliminating steps, is subsidized so that elderly people who need nursing care can continue to live at home while ensuring safety in their daily lives.
Organizers (persons concerned)	Tsuru City

◆ **School safety**

**(6) Safety inspections of school facilities and playground equipment**

Targets	Children (elementary and junior high school students)
Purpose	Prevent accidents and injuries at school
Overview	Outdoor playground equipment and school facilities, etc., are regularly inspected and maintained appropriately so that they can be used safely.
Organizers (persons concerned)	Municipal elementary and junior high schools, Tsuru City

**(7) Community-based school safety system**

Targets	Children (elementary and junior high school students)
Purpose	Prevent crime victimization and traffic accidents along school route
Overview	Collaborate with school officials and related organizations to conduct mimamori-watching activities by school guards during school commute hours, and conduct patrols and instructions by blue patrols formed by community crime prevention promoters, etc.
Organizers (persons concerned)	Liaison Council for Community Building through Community Collaboration, Yamanashi Prefecture police, Tsuru City

<b>(8) Survey and educational consultations (bullying)</b>	
Targets	Children (elementary and junior high school students)
Purpose	Early discovery of bullying, and quick response
Overview	Anonymous bullying-specific questionnaires and educational counseling for students are conducted at least once each semester.
Organizers (persons concerned)	Municipal elementary and junior high schools, Tsuru City

◆ **Workplace safety**

<b>(9) Labor consultations</b>	
Targets	Youth, adults, elderly
Purpose	Prevention of workplace accidents
Overview	Accept labor consultations on occupational accidents, etc., and connect to other organizations as necessary.
Organizers (persons concerned)	Tsuru Labor Standards Inspection Office

◆ **Leisure and Sports Safety**

<b>(10) Training of community sports instructors</b>	
Targets	Youth, adults, elderly
Purpose	Prevent injuries sustained by people participating in sports
Overview	Conduct training and research on specialized content related to sports and recreation, health and physical fitness, and guidance, as well as on human development through sports, in order to improve qualifications of community sports instructors.
Organizers (persons concerned)	Tsuru City Sports Association, Tsuru City

<b>(11) Youth sports instructor training</b>	
Targets	Children
Purpose	Prevent injuries by youth team members
Overview	Hold lectures and practical training on safety guidance for leaders of youth sports groups to improve their qualifications as leaders.
Organizers (persons concerned)	Tsuru City Sports Association, Tsuru City Youth Sports Groups, Tsuru City

**(12) Safety inspections of playground equipment at parks, etc.**

Targets	All ages
Purpose	Prevent accidents in the park
Overview	Periodically inspect playground equipment, etc., installed in parks, etc., and properly maintained and managed the equipment so that it can be used safely.
Organizers (persons concerned)	Neighborhood associations, Tsuru City

**◆ Public safety****(13) Subsidies for installation of security lights**

Targets	All ages
Purpose	Crime prevention and safety of citizen travel at night
Overview	Grant subsidies to neighborhood associations that install, maintain, and manage security lights in the city.
Organizers (persons concerned)	Neighborhood associations, Tsuru City

**(14) Subsidies for installation of security cameras**

Targets	All ages
Purpose	Crime prevention
Overview	Subsidize partial costs for security cameras installed by neighborhood associations, etc.
Organizers (persons concerned)	Neighborhood associations, Tsuru City

**◆ Traffic Safety****(15) Holding of traffic safety classes**

Targets	Children (elementary school students)
Purpose	Prevent traffic accidents
Overview	To raise awareness of traffic rules and safety, provide instruction on the correct way to cross the street and how to use a bicycle safely, etc., at each elementary school.
Organizers (persons concerned)	Yamanashi Prefecture Police, Tsuru City Federation for Traffic Safety, Tsuru City

<b>(16) Street campaign activities</b>	
Targets	All ages
Purpose	Prevent traffic accidents
Overview	To promote traffic rules and traffic safety, hold traffic safety parades and awareness-raising events on the streets with various organizations involved in traffic safety in conjunction with National Traffic Safety Campaigns.
Organizers (persons concerned)	Prefecture Police, Tsuru City Federation for Traffic Safety, educational institutions in the city, private businesses, Tsuru City, etc.

<b>(17) Maintenance of Zone 30</b>	
Targets	All ages
Purpose	Secure safe travel for pedestrians, etc., on residential roads
Overview	The Prefectural Police have imposed a maximum speed limit of 30km/h on community roads to ensure a safe walking space for pedestrians and bicyclists. In addition, road administrators have installed and widened roadside strips, colored pavement, and zones. Install road signs that indicate 30, etc.
Organizers (persons concerned)	Yamanashi Prefecture Police, Tsuru City

◆ **Natural Disaster**

<b>(18) Holding of Comprehensive disaster drills</b>	
Targets	All ages
Purpose	Strengthening of disaster prevention capacities
Overview	Comprehensive disaster drills with the participation of related organizations and local residents are held approximately one week before and after Disaster Prevention Day (September 1).
Organizers (persons concerned)	Independent disaster prevention groups, voluntary fire corps, Fire Defense Headquarters, Tsuru City, etc.

**(19) Strengthening of support system for persons requiring evacuation assistance**

Targets	Elderly, disabled, etc.
Purpose	Prevent damage and injuries to the elderly and disabled in times of disaster
Overview	Establish a community-wide evacuation support system by compiling a directory of people who need nursing care or are severely disabled and who would have difficulty evacuating on their own in the event of a disaster. Share that information with independent disaster prevention groups, firefighters, police, and other parties involved in evacuation support.
Organizers (persons concerned)	Independent disaster prevention groups, voluntary fire corps, Fire Defense Headquarters, Tsuru City, etc.

**(20) Project to promote removal of block walls, etc.**

Targets	All ages
Purpose	Prevent accidents in times of disasters
Overview	Provide subsidies for the early removal of block walls with low seismic resistance that are likely to collapse or fall down.
Organizers (persons concerned)	Tsuru City

**◆ Violence (including domestic violence and abuse)****(21) Open various consultation services**

Targets	All ages
Purpose	Early discovery and prevention of abuse (domestic violence)
Overview	Establish a specialized consultation service with counselors to detect and prevent abuse (domestic violence) in its early stages.
Organizers (persons concerned)	Tsuru City

**◆ Suicide, self-harm****(22) Gatekeeper training seminar**

Targets	All ages
Purpose	Prevent suicides
Overview	Hold gatekeeper training seminars for citizens, city employees, and related organizations to train gatekeepers who can recognize the signs of suicide and respond to them at an early stage.
Organizers (persons concerned)	Tsuru City

### **Indicator 3: Prevention programs that target high-risk groups**

#### **(1) High-risk groups (people)**

In Tsuru City, high-risk groups are set as (1) People requiring assistance for evacuation because they cannot evacuate themselves in a disaster, (2) Young drivers (ages 15-24), (3) Students who might encounter suspicious person incidents (elementary school to university students), (4) Older people who are more likely to be injured by falls, (5) Preschoolers who are more likely to be injured at home, (6) People in their 40s to 60s who are at high risk of suicide.

	Situation	High-risk group	Background of setting
(1)	When disaster strikes	People requiring assistance for evacuation	<ul style="list-style-type: none"> <li>• People requiring assistance for evacuation account for approx. 10% of the population, but only 14% of districts have a support system in place</li> </ul>
(2)	Traffic accidents	Young generation (ages 15-24)	<ul style="list-style-type: none"> <li>• Young people in their 10s to 20s account for approx. 30% of traffic accident first parties.</li> <li>• Young people in their 10s to 20s account for approx. 30% of emergency transports for traffic accidents.</li> </ul>
(3)	Encounters with suspicious people	Students (elementary school to university students)	<ul style="list-style-type: none"> <li>• Elementary and jr. high students have a high rate of encounters with suspicious people.</li> <li>• Approx. 70% of university students who had an encounter with a suspicious person are women.</li> </ul>
(4)	Injuries from falling	Elderly (ages 65 and older)	<ul style="list-style-type: none"> <li>• Death and injury due to falls are more common than other groups, and the death rate is extremely high.</li> </ul>
(5)	Injuries in the home	Preschool children (ages 0-4)	<ul style="list-style-type: none"> <li>• The number of emergency transports (age 5 category) is second to the elder generation (ages 65 to 94).</li> </ul>
(6)	Suicide	People in 40s to 60s	The rate of death by suicide is high among the age 40s to 60s group.

(1) Disaster x People requiring assistance for evacuation

Taskforce Committee	Disaster Prevention and Mitigation Taskforce Committee
Main programs	◆ Establish an evacuation system for people requiring evacuation assistance ◆ Promote the importance of local disaster prevention organizations
Organizers	Independent disaster response groups, welfare officers, Tsuru City Social Welfare Council, citizen action groups, Tsuru City, etc.

(2) Traffic accidents x young generation (ages 15-24)

Taskforce Committee	Traffic Safety Taskforce Committee
Main programs	◆ Conduct awareness-raising activities ◆ Promote the hand sign campaign ◆ Raise awareness of the effectiveness of reflectors, and increase the rate of their use
Organizers	Liaison Association for Community Collaboration, Tsuru City Federation for Traffic Safety, Yamanashi Prefectural Police, Tsuru City, etc.

(3) Encounters with suspicious people x Elementary and jr. high school students ~ university students

Taskforce Committee	Crime Prevention Taskforce Committee
Main programs	◆ Expand Health, Safety, and Education Program ◆ Promote mimamori-watching activities for university students with “Student Mimamori-watching Homes”
Organizers	Rhythm of Love, local residents, Tsuru University, municipal elementary and junior high schools, kindergartens and nursery schools, Yamanashi Prefectural Police, Tsuru City, etc.

(4) Injuries from falling x elderly (ages 65 and older)

Taskforce Committee	Elderly Safety Taskforce Committee
Main programs	◆ Promote fall-preventing exercises ◆ Improve home environments
Organizers	Local groups, nursing care facilities in the city, Tsuru Social Welfare Council, Tsuru Municipal Hospital, Tsuru City, etc.

(5) General injuries x preschool children (ages 0-4)

Taskforce Committee	Parent and Child Taskforce Committee
Main programs	◆ Conduct questionnaire surveys ◆ Conduct awareness-raising activities to raise awareness of dangerous locations
Organizers	Tsuru Nursery School Federation, Tsuru City Junior Chamber of Commerce, Tsuru City, etc.

(6) Suicide x people in 40s to 60s

Taskforce Committee	Mental Health Taskforce Committee
Main programs	<ul style="list-style-type: none"><li>◆ Raise awareness on suicide prevention (hold gatekeeper training seminars)</li><li>◆ Promote consultation services</li><li>◆ Foster workplace awareness with policy to certify excellent companies</li></ul>
Organizers	Tsuru City Chamber of Commerce, Tsuru City Liaison Council of Business Owners, Tsuru City Junior Chamber of Commerce, Hello Work Tsuru, Yamanashi Prefectural Police, Tsuru City, etc.

## Indicator 4: Programs based on available evidence

In Tsuru City, Taskforce Committees have been set for each of the six priority sectors introduced on pages 9 to 24. Local residents, administration, and related organizations involved in each sector collaborate to develop prevention activities. (P. 23 Fig. 3-25)

Each Taskforce Committee has conducted analyses based on official statistical data, citizen awareness surveys, original surveys, etc., to organize problem points and challenges for each sector and set specific initiatives.

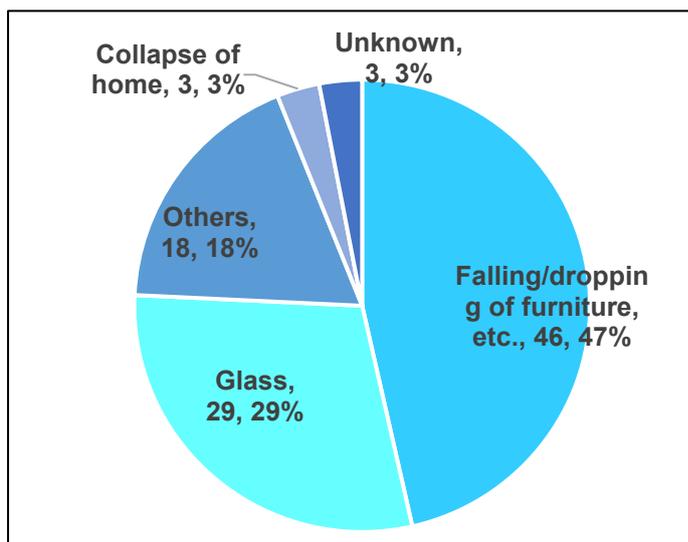
### (1) Disaster Prevention and Mitigation

#### ◆ Objective problems based on data

**[Problem point 1] Looking at the cause of injury in an earthquake, many people are injured during earthquakes due to falling or dropping furniture, etc.**

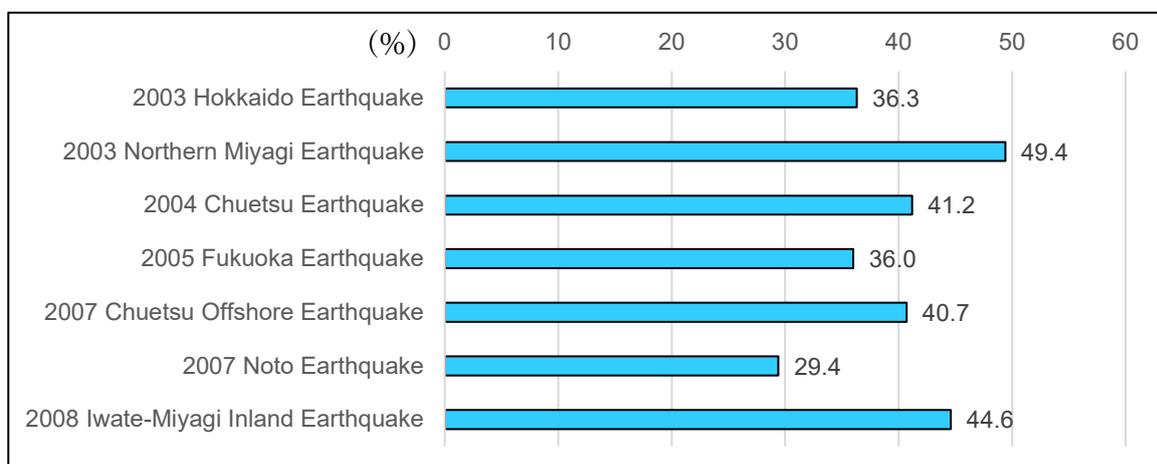
**Few people have taken measures to prevent furniture and appliances from falling or dropping.**

[Fig. 4-6 Causes of injuries in the Hanshin-Awaji Earthquake]



[Source] Ministry of Internal Affairs and Communications, Fire and Disaster Management Agency

[Fig. 4-7 Percentage of earthquake injuries caused by falling, dropping, or moving furniture]



[Source] Handbook of measures to prevent furniture and other items from falling, dropping, or moving

[Fig. 4-8 Situation of citizens' preparations for natural disasters (Excerpt from Fall and Dropping Prevention Measures)]

Implemented preparations	Persons who've taken measures (people)	Percentage (%)
Measures to prevent furniture from falling over	371	23.0
Measures to prevent appliances, etc., from dropping	258	16.0

\* Number of responses 1,613 people

[Source] Research on creating a response system for natural disasters in eastern Yamanashi Prefecture (Faculty of Nursing, Health Science University)

**[Problem point 2] There are many homes that cannot hear the emergency warning radio system during the heavy rains.**

**Few people have registered for the “Disaster Prevention Tsuru email” sent out by the City.**

Left [Fig. 4-9 During the typhoon in September 2019, did you hear evacuation information broadcast on the emergency warning radio system? (Kaichi District residents)]

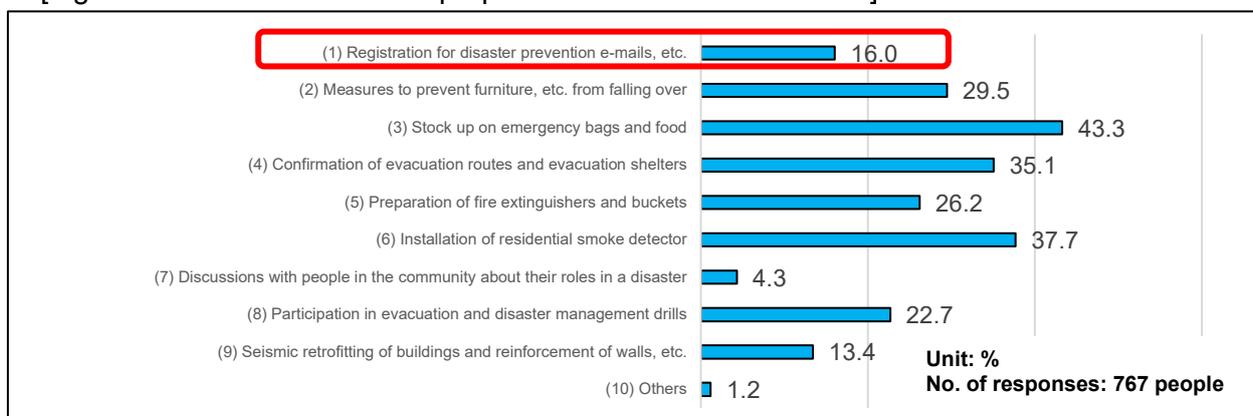
Right [Fig. 4-100 During the typhoon in October 2019, did you hear evacuation information broadcast on the emergency warning radio system? (Miyoshi District residents)]

Item	Number of respondents (72 people)	Percentage (%)
Could hear broadcast	35	48.6
Could hear parts of broadcast	27	37.5
Could not hear any of broadcast	7	9.7
No response	3	4.2

Item	Number of respondents (51 people)	Percentage (%)
Could hear broadcast	15	29.4
Could hear parts of broadcast	22	43.1
Could not hear any of broadcast	13	25.5
No response	1	2.0

[Source] Independent questionnaire survey by Disaster Prevention and Mitigation Taskforce Committee

[Fig. 4-11 Situation of citizens' preparations for natural disasters]



[Source] Safe and Secure Community Building Questionnaire Survey (City Regional Environment Section)

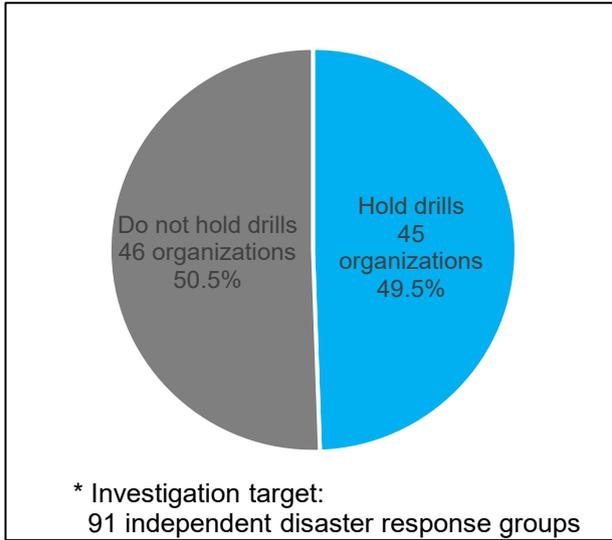
**[Problem point 3] The rate of disaster management drills conducted by the independent disaster response groups is approx. 50%.**

**Few districts have a support system for people who cannot evacuate by themselves.**

**Women are less likely to participate in disaster management activities than men.**

Left [Fig. 4-12 Situation of independent disaster management drills (FY2018)]

Right [Fig. 4-13 Support system for people who cannot evacuate by themselves (FY2018)]



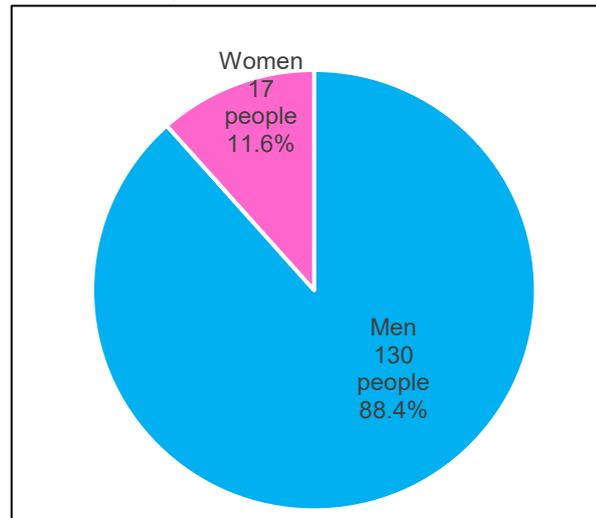
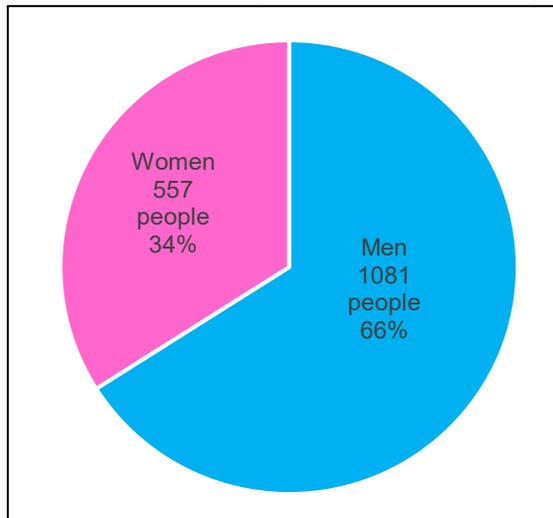
[Source] City General Affairs Division data

[Source] FY2018 Questionnaire survey of independent disaster response groups

(City General Affairs Division, Tsuru Disaster Prevention Network)

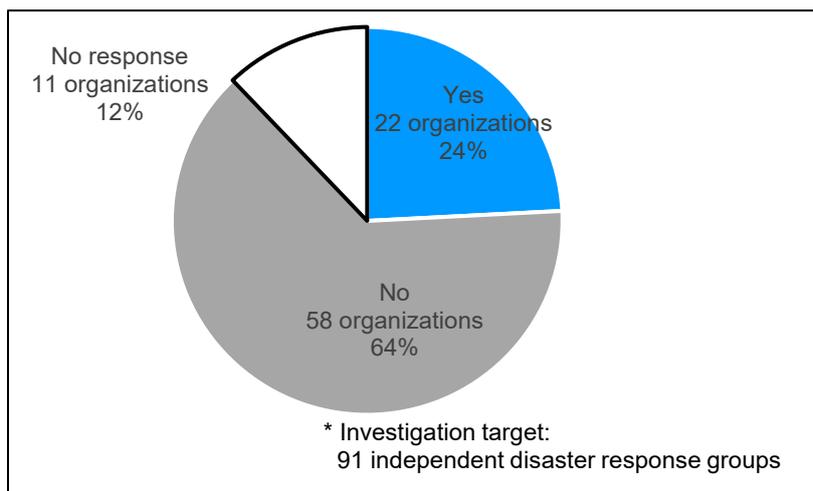
Left [Fig. 4-14 Ratio of male to female participants in disaster management drills, by evacuation shelter (June 2018 Disaster management drill)]

Right [Fig. 4-14 Ratio of male to female evacuation shelter management leaders, by evacuation shelter (as of April 2019)]



[Source] City General Affairs Division data

[Fig. 4-16 Presence of female leaders in disaster response groups]



[Source] FY2018 Questionnaire survey of independent disaster response groups  
(City General Affairs Division, Tsuru Disaster Prevention Network)

**[Problem point 4] When a large-scale disaster occurs, there are many deaths after the disaster or after evacuation (disaster-related deaths)**

[Fig. 4-17 Causes of disaster-related deaths in the Great East Japan Earthquake]

Cause of disaster-related deaths	Number of incidents	Percentage
Delays in initial treatment due to the suspension of hospital functions	90 incidents	4.6%
Aggravation of a pre-existing disease, etc., due to the suspension of hospital functions	283 incidents	14.5%
Delay in initial treatment due to traffic conditions	17 incidents	0.9%
Physical and mental fatigue during transportation to and from evacuation shelters, etc.	401 incidents	20.6%
Physical and mental fatigue from living in evacuation shelters, etc.	638 incidents	32.7%
Physical and psychological stress caused by the earthquake and tsunami	150 incidents	7.7%
Physical and psychological stress caused by the nuclear power plant accident	34 incidents	1.7%
Hard work, including rescue and relief operations	1 incidents	0.1%
Others (power outage, eviction from facility, etc.)	215 incidents	11.0%
Unknown	121 incidents	6.2%
* The actual number is 1263 people	1950 incidents	100%

\* The total number of deaths in the three prefectures was 15,832 people. Tsunamis caused more than 90% of these deaths. (National Police Agency)

\* For the 1,263 deaths certified as disaster-related deaths in the Great East Japan Earthquake (Iwate, Miyagi, and Fukushima Prefectures), the Reconstruction Agency organized the data based on death certificates and other data held by municipalities. There were multiple causes of death in some cases, so the total number of incidents was 1,950.

[Source] Reconstruction Agency

### ◆ Organizing problem points and setting priority challenges

Main problem points	Priority challenges
<ul style="list-style-type: none"> <li>Looking at the earthquake-related injuries, many people are injured during earthquakes due to falling or dropping furniture, etc.</li> <li>Few people have taken measures to prevent furniture and appliances from falling or dropping.</li> </ul>	<p>[Priority challenge 1] Measures to prevent furniture and appliances, etc., from falling or dropping at home or businesses, etc.</p>
<ul style="list-style-type: none"> <li>During heavy rains, etc., some homes cannot hear the emergency warning broadcasts clearly.</li> <li>Few people have registered for the “Disaster Prevention Tsuru email” sent out by the City.</li> </ul>	<p>[Priority challenge 2] Increase means to communicate disaster information with various methods.</p>
<ul style="list-style-type: none"> <li>The rate of disaster management drills conducted by the independent disaster response groups is approx. 50%.</li> <li>Few districts have a support system for those who cannot evacuate by themselves.</li> <li>Women are less likely to participate in disaster management activities than men.</li> </ul>	<p>[Priority challenge 3] Improvement and enhancement of independent disaster response groups</p>
<ul style="list-style-type: none"> <li>There are many deaths after the disaster or after evacuation (disaster-related deaths)</li> </ul>	<p>[Priority challenge 4] Protecting health after a disaster and evacuation</p>

### ◆ Setting targets and programs for each priority challenge

	Target	Program
Priority challenge 1	Reduce the number of deaths by increasing awareness of the necessity of taking measures to prevent furniture, home appliances, etc., from falling over or dropping.	Promotion of methods and fixtures for fixing furniture and appliances, etc.
Priority challenge 2	Increase the number of people registered with “Disaster Prevention Tsuru email” to convey information to as many people as possible quickly and accurately.	Promotion of “Disaster Prevention Tsuru email” and registration assistance
Priority challenge 3	Foster awareness of self-help and mutual aid within the local community, and strengthen the system for independent disaster management groups.	Promote independent disaster prevention groups, develop and train human resources, and support enactment of district disaster prevention plan
	Establish a strong independent disaster prevention organization capable of responding to various needs in the event of a disaster by raising women's awareness of disaster prevention and increasing their participation and involvement in disaster prevention activities.	Organization of women's disaster prevention workshops and creation of educational handbook
Priority challenge 4	Reduce disaster-related health risks after a disaster and after evacuation.	Organization of workshops, etc., to reduce disaster-related health risks

◆ Existing countermeasures and Taskforce Committee programs for each priority challenge and level

[Priority challenge 1]

Priority challenge	Direction	National and Prefectural level	City level	Community level
Measures to prevent furniture and appliances, etc., from falling or dropping at home or businesses, etc.	Environment maintenance	<ul style="list-style-type: none"> <li>• Indirect subsidies for City programs</li> </ul>	<ul style="list-style-type: none"> <li>• Subsidize purchasing of disaster-prevention equipment, such as furniture braces (Subsidies for independent disaster response groups)</li> <li>• Free seismic inspection of wooden houses</li> <li>• Subsidize earthquake-proofing of wooden houses</li> </ul>	
	Regulations Punishment			
	Education Awareness	<ul style="list-style-type: none"> <li>• Creation of educational DVD</li> </ul>	<ul style="list-style-type: none"> <li>• Distribute leaflets on fixing furniture, etc., when visiting door-to-door to raise awareness of measures to earthquake-proof wooden houses.</li> </ul>	<ul style="list-style-type: none"> <li>• Raise awareness with City's newsletter circular</li> </ul>
				<p><b>[Taskforce Committee] Program (1)</b>  <b>Promotion of methods and fixtures for fixing furniture and appliances, etc.</b></p>

[Priority challenge 2]

Priority challenge	Direction	National and Prefectural level	City level	Community level
Increase means to communicate disaster information with various methods.	Environment maintenance	<ul style="list-style-type: none"> <li>• With City, maintain an environment for conveying information (implement J-ALERT, Yamanashi Prefecture Comprehensive Disaster Prevention Information System, etc.)</li> </ul>	<ul style="list-style-type: none"> <li>• Maintain means to convey information such as emergency warning radio system, email, Twitter, CATV, disaster prevention radio, and facsimiles.</li> </ul>	<ul style="list-style-type: none"> <li>• Create “call-out” groups in the community</li> <li>• Promote white towel program</li> </ul>
	Regulations Punishment	Disaster Countermeasures Basic Act	Tsuru City Community Disaster Prevention Plan	
	Education Awareness		<ul style="list-style-type: none"> <li>• Raise awareness on information communication methods (i.e., email, Twitter, CATV) using City newsletter, leaflets, and City website, etc.</li> </ul>	
				<p><b>[Taskforce Committee] Program (2)</b>  <b>Promotion of “Disaster Prevention Tsuru email” and direct registration assistance</b></p>

[Priority challenge 3]

Priority challenge	Direction	National and Prefectural level	City level	Community level
Improvement and enhancement of independent disaster response groups	Environment maintenance	<ul style="list-style-type: none"> <li>Disaster prevention leader training course</li> <li>Support enactment of Community Disaster Prevention Plan</li> </ul>	<ul style="list-style-type: none"> <li>Support enactment of Community Disaster Prevention Plan</li> <li>Disaster prevention leading training</li> <li>Distribute a directory of persons requiring evacuation assistance (disaster-challenged people)</li> <li>Subsidize maintenance of disaster prevention equipment, etc.</li> <li>Promote gender equality</li> </ul>	<ul style="list-style-type: none"> <li>Support enactment of Community Disaster Prevention Plan</li> <li>Maintain disaster prevention equipment</li> </ul>
	Regulations Punishment	Disaster Countermeasures Basic Act	Tsuru City Community Disaster Prevention Plan	
	Education Awareness		<ul style="list-style-type: none"> <li>Comprehensive disaster management drills</li> <li>Disaster prevention workshops, training</li> </ul>	<ul style="list-style-type: none"> <li>Community's original disaster prevention training, conduct disaster prevention courses</li> </ul>
			<p><b>[Taskforce Committee]</b></p> <p><b>Program (3)</b> <span style="float: right; border: 1px solid black; padding: 2px;"><b>Support</b></span></p> <p><b>Promotion of independent disaster prevention organizations, train human resources, and support enactment of Community Disaster Prevention Plans</b></p> <p><b>Program (4)</b></p> <p><b>Organization of women's disaster prevention workshops and creation of educational handbook</b></p>	

[Priority challenge 4]

Priority challenge	Direction	National and Prefectural level	City level	Community level
Protecting health after a disaster and evacuation	Environment maintenance		<ul style="list-style-type: none"> <li>Install AED units in public places, etc.</li> <li>Subsidize purchases of disaster prevention equipment, such as AED units</li> </ul>	<ul style="list-style-type: none"> <li>Install AED units (some districts)</li> </ul>
	Regulations Punishment			
	Education Awareness	<ul style="list-style-type: none"> <li>Create DVD for general lifesaving training</li> </ul>	<ul style="list-style-type: none"> <li>General lifesaving training (CPR and AED)</li> <li>First aid drills during general disaster management drills</li> <li>Publicize the location of AEDs</li> </ul>	<ul style="list-style-type: none"> <li>Community independently organizes and instructor and holds general lifesaving training (CPR and AED)</li> </ul>
			<p><b>[Taskforce Committee]</b></p> <p><b>Program (5)</b> <span style="float: right; border: 1px solid black; padding: 2px;"><b>New</b></span></p> <p><b>Organization of workshops, etc., to reduce disaster-related health risks</b></p>	

◆ **Taskforce Committee programs**

<b>Program (1) Promotion of methods and fixtures for fixing furniture and appliances, etc.</b>		
Description of program	<ul style="list-style-type: none"> <li>• Create leaflet and program to introduce methods and equipment for fixing furniture and appliances.</li> <li>• Develop awareness-raising activities through events, disaster management drills, and visits to the community and businesses.</li> </ul> (City) Establishment of furniture fixing supporter policy	
Targets	Citizens, independent disaster response groups, businesses in the City	
Organizers	Taskforce Committee, City	
Programs to date	<ul style="list-style-type: none"> <li>• Specific measurement methods selected by Taskforce Committee</li> <li>• Selection of model districts -&gt; Yonawa District (approx. 120 households) selected</li> </ul>	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Creation of original questionnaire survey</li> <li>• Creation of educational leaflet (including information on equipment for fixing)</li> <li>• Proposal of awareness-raising methods</li> <li>• Promotion and support to other districts based on results in model district</li> <li>• Support of collaboration with related organizations (City Disaster Prevention and Construction Bureaus, each neighborhood association, independent disaster response groups)</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	(1) Number of awareness-raising activities, and number of persons enlightened (2) Awareness of necessity for fall and drop prevention measures	(1) Total number of activities and Number of participants (2) Questionnaire survey of groups conducting awareness-raising activities and households, etc.
	2018 (start of program)	2020
	[City] Distribution of leaflets during earthquake-proofing awareness activities Distribution 167 leaflets (2019: 76 leaflets)	[City] Distribution of leaflets during earthquake-proofing awareness activities Distribution 142 leaflets
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	After Taskforce Committee activity, number of groups conducting independent awareness-raising activities, number of participants	Questionnaire survey of groups conducting awareness-raising activities and households, etc.
	2018 (start of program)	2020
	—	Conducted in model district from April, 2021.
[Situation] Long-term indicator	Description	Measurement method
	Percentage of people who have fixed furniture or appliances, etc.	Questionnaire survey of disaster management drill participants
	2018 (start of program)	2020
	Survey at Health Science University Furniture fall prevention: 23% Appliance drop prevention: 16%	* Drills could not be held because of COVID-19, so the investigation is incomplete.

Program (2) Promotion of “Disaster Prevention Tsuru email” and direct registration assistance		
Description of program	<ul style="list-style-type: none"> <li>• Create leaflet and program on how to register with “Disaster Prevention Tsuru email”</li> <li>• Develop awareness-raising activities through events, disaster management drills, and visits to the community and businesses.</li> </ul>	
Targets	Citizens senior high school age and older	
Organizers	Taskforce Committee, City	
Programs to date	<ul style="list-style-type: none"> <li>• Created video promoting “Disaster Prevention Tsuru email” and broadcasted on CATV and YouTube.</li> <li>• Studied creation of flyer (content that will lead to registrations, where to place for best effect, etc.)</li> <li>• Investigated and studied information distribution tools that can be used other than “Disaster Prevention Tsuru email”. (Media, such as LINE, for broadcasting emergency warning radio information)</li> </ul>  <p>これで台風が来ても、防災無線が聞こえなくて大変 ということはありません。</p>	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Creation of educational flyers and programs</li> <li>• Development of events, disaster management drills, educational facilities in the community, and instruction for registration</li> <li>• Awareness-raising in collaboration with local shops and public facilities</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	<ul style="list-style-type: none"> <li>• Number of awareness-raising activities, and number of persons enlightened</li> <li>• Number of registration instruction sessions, and number of instructed persons</li> </ul>	<ul style="list-style-type: none"> <li>• Total number of activities and number of participants</li> </ul>
	2018 (start of program)	2020
	[City] Promotion at seminars, etc. Not measured	<ul style="list-style-type: none"> <li>• Creation of educational video</li> <li>• [City] Promotion at seminars, etc. 3 sessions</li> </ul>
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Number of registered means of disaster prevention information dissemination	Tally of email and LINE registrations
	2018 (start of program)	2020
	Number of email registrations 1,208 people (April 2018)	Number of email registrations 2,291 people (April 2018) LINE registrations To be tallied later
[Situation] Long-term indicator	Description	Measurement method
	Number of people who received information by email or LINE during a disaster	Tally of email and LINE reception situation during a disaster
	2018 (start of program)	2020
	—	During Typhoon 19 in October 2019 1,690 people

Program (3) Promotion of independent disaster prevention groups, development and training of human resources, and support of district disaster prevention plan enactment		
Description of program	<ul style="list-style-type: none"> <li>• Conduct activities to raise awareness of the importance of self-help, mutual aid, and community disaster prevention organizations.</li> <li>• Identify and train human resources to play a central role in regional disaster management.</li> <li>• Support working group preparing the Community Disaster Prevention Plan.</li> </ul>	
Targets	Citizens, independent disaster response groups	
Organizers	Taskforce Committee, City, citizen action groups	
Programs to date	<ul style="list-style-type: none"> <li>• Studied the planning and organizing “Tsuru Disaster Prevention Lab” and “Online Salon”</li> <li>* Tsuru Disaster Prevention Lab: Study workgroup aimed at motivating citizens to prepare for disasters and help core personnel in the community acquire disaster prevention knowledge and facilitation skills.</li> <li>* Online Salon: Online meeting to exchange information on disaster prevention knowledge and skills, etc.</li> <li>• Held community-visit lectures on voluntary disaster prevention at gatherings of citizens' groups, etc. [City]</li> <li>• Supported the enactment of district disaster prevention plans (participation in community meetings and provision of information) [City]</li> </ul>	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• In the start-up phase, the Taskforce Committee organizes the Tsuru Disaster Prevention Lab and other events.</li> </ul> ⇒Promote human resource training and gradually support local initiatives led by core personnel in the community.	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Number of human resource training seminars offered by Taskforce Committee and City, and number of participants	Tally of number of sessions and number of participants
	2018 (start of program)	2020
	[City] Human resource training course 2 sessions 89 people	[City] Human resource training course 2 sessions 155 people
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Number of voluntary disaster prevention workshops organized by independent disaster prevention organizations, etc., and number of participants	Tally of number of sessions and number of participants
	2018 (start of program)	2020
	[City] Fureai workshop 3 sessions 48 people Disaster prevention workshop 8 sessions, number of participants not recorded	[City] Fureai workshop 1 sessions 18 people Disaster prevention workshop 5 sessions 49+α people Other meetings 4 sessions 95 people * Surveys for independent projects will continue in the future.
[Situation] Long-term indicator	Description	Measurement method
	Number of community disaster prevention plans enacted	Government survey
	2018 (start of program)	2020
	Number of districts with plans enacted 2 districts	Number of districts with plans enacted 5 districts

Program (4) Organization of women's disaster prevention workshops and creation of educational handbook		
Description of program	<ul style="list-style-type: none"> <li>• Conduct women's disaster prevention workshops to convey the need for women to participate in disaster prevention activities</li> <li>• Create an educational handbook and distribute it to independent disaster prevention organizations.</li> </ul>	
Targets	Women, women citizen action groups, parenting groups, etc.	
Organizers	Taskforce Committee, City, citizen action groups (Tsuru Disaster Prevention Network)	
Programs to date Program	<ul style="list-style-type: none"> <li>• Held “Women’s Disaster Prevention Workshop” to convey the need for women to participate in disaster prevention activities (FY2019)</li> <li>• As it was difficult to hold workshops because of COVID-19, small group “Disaster Prevention Cafes” for casual discussion about disaster prevention were held. (FY2020) ⇒ Citizen’s voices were gathered and utilized for educational activities such as community-visit lectures and the creation of a handbook, etc.</li> <li>• Created educational handbook (FY2020) ⇒ In the future, the content will be enhanced by reflecting opinions gathered at the Disaster Prevention Cafes. etc.</li> <li>• Conducted questionnaire survey of persons who evacuated during Typhoon 19 in (2019) (FY2020)</li> </ul> 	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Organization of disaster prevention workshops and Disaster Prevention Cafes organized ⇒ Used as a place to raise awareness of disaster prevention and find members who will support the activities.</li> <li>• Creation of educational handbook</li> <li>• Tally of Survey of Evacuees [City], Utilization of survey results</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Number of disaster prevention workshops for women and Disaster Prevention Cafes held Creation and distribution of educational handbook	Tally of number of sessions and participants
	2018 (start of program)	2020
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Number of women participating in disaster response activities	Questionnaire survey of independent disaster response groups, etc.
	2018 (start of program)	2020

	—	Number of disaster management drill participants (FY2019) Men: 1081 people, women: 557 people Workshop on Countermeasures against COVID-19 in evacuation shelters (FY2020) Men: 136 people, women: 19 people
[Situation] Long-term indicator	Description	Measurement method
	Number of women participating in disaster response activities during a disaster	Questionnaire survey of independent disaster response groups, etc.
	2018 (start of program)	2020
	Female evacuation shelter management leaders 9 people * Human resources who can participate during a disaster	Female evacuation shelter management leaders 15 people * Human resources who can participate during a disaster

<b>Program (5) Organization of workshops, etc., to reduce disaster-related health risks</b>		
Description of program	<ul style="list-style-type: none"> <li>Conduct workshops, etc., on reducing disaster-related health risks after a disaster or evacuation (Invite Health Science University student to give a lecture and promote awareness and give practical guidance of first aid and risk prevention)</li> </ul>	
Targets	Independent disaster response group, citizen action groups, etc.	
Organizers	Taskforce Committee	
Programs to date Program	<ul style="list-style-type: none"> <li>Held "Workshop on basic first aid using familiar objects" in two districts of the city. (September, October 2019)</li> <li>Created a video on hygienic hand washing for use in the "Workshop on prevention of contagious diseases at evacuation shelters." (FY2020)</li> <li>Planning is underway for the implementation of "Mental Health Care at Evacuation Shelters (a collaborative project with the Mental Health Taskforce Committee)."</li> </ul> <div style="display: flex; justify-content: space-around;">   </div>	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>Holding of independent workshops by Taskforce Committee</li> <li>Co-hosting by the Taskforce Committee and Health Science University DNST Club is scheduled.</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Number of practical training workshops held, and number of participants	Tally of number of activities and number of participants
	2018 (start of program)	2020
	[City Fire Defense] General lifesaving training	Organized by Taskforce Committee 2 sessions, 123 people (FY2019)

	82 sessions, 2,564 people	[City Fire Defense] FY2019 General lifesaving training 76 sessions, 2,266 people
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Number of people who can perform basic skills to reduce disaster-related health risks	Questionnaire survey of workshop participants
	2018 (start of program)	2020
	—	Number of people who responded “Yes” to “Can you utilize what you learned today in the future?” 116 people (Survey conducted in FY2019)
[Situation] Long-term indicator	Description	Measurement method
	Number of disaster-related deaths, such as evacuees during a disaster	Report and statistics from disaster
	2018 (start of program)	2020
	Number of disaster-related deaths 0 people	Number of disaster-related deaths 0 people

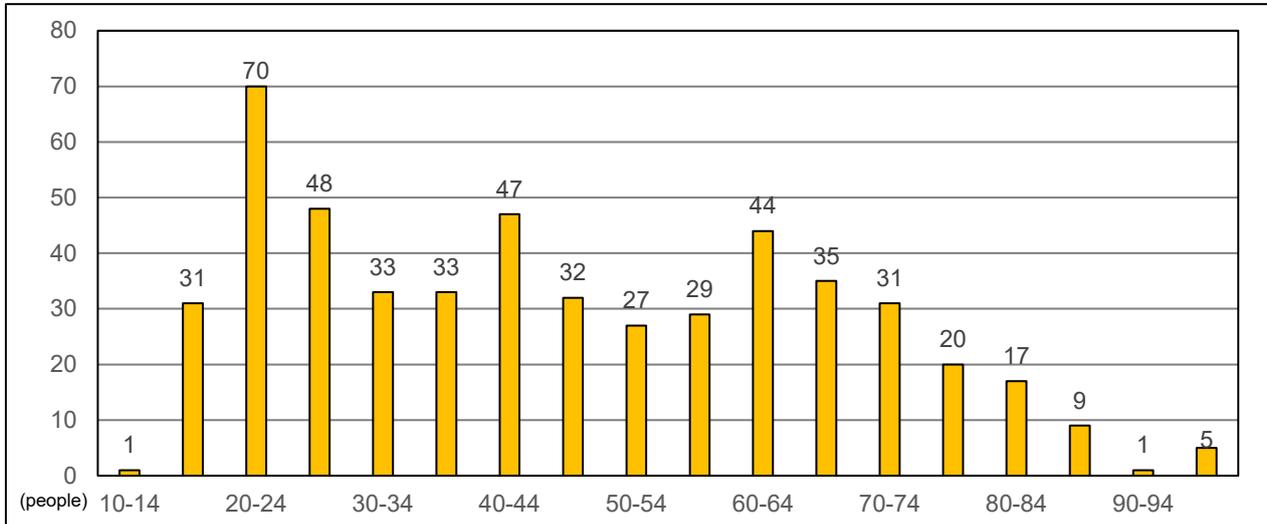
## (2) Traffic Safety

### ◆ Objective problems based on data

[Problem point 1] The younger generation (10s, 20s) is often the first party to accidents.

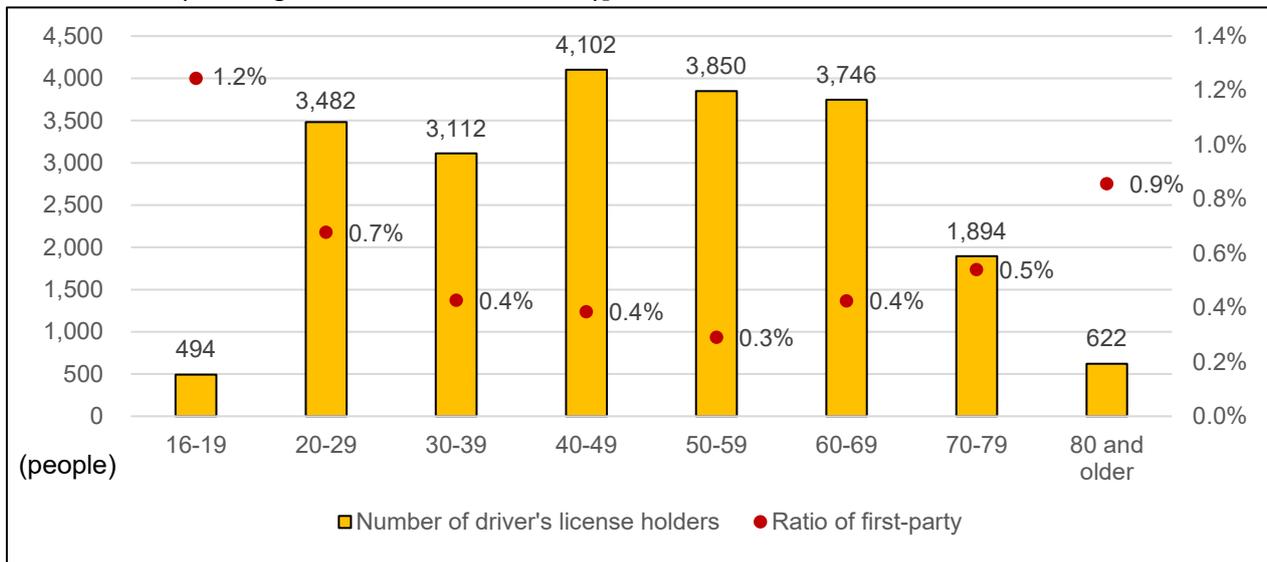
[Fig. 4-18 Situation of traffic accident first party by age group (Total for FY2013 to 2017)]

\* First party: Person most at fault in a traffic accident.



[Source] Police statistics

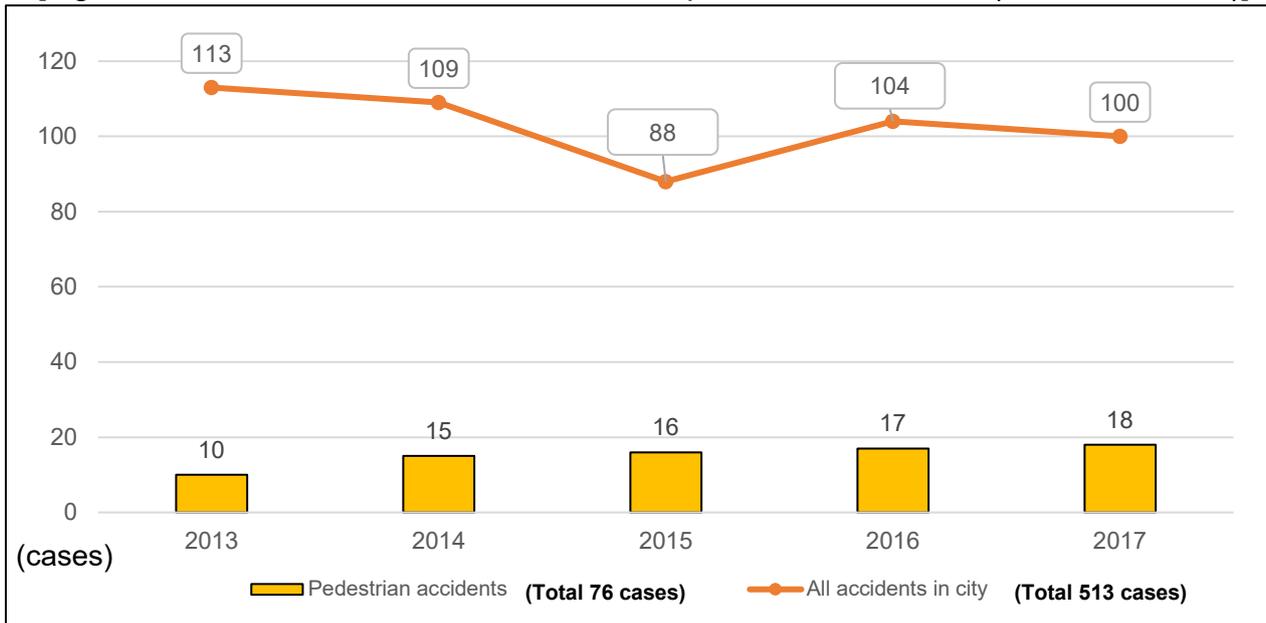
[Fig. 4-19 Percentage of first party to driver's license holders by age group (Average for FY2013 to 2017)]



[Source] Police statistics

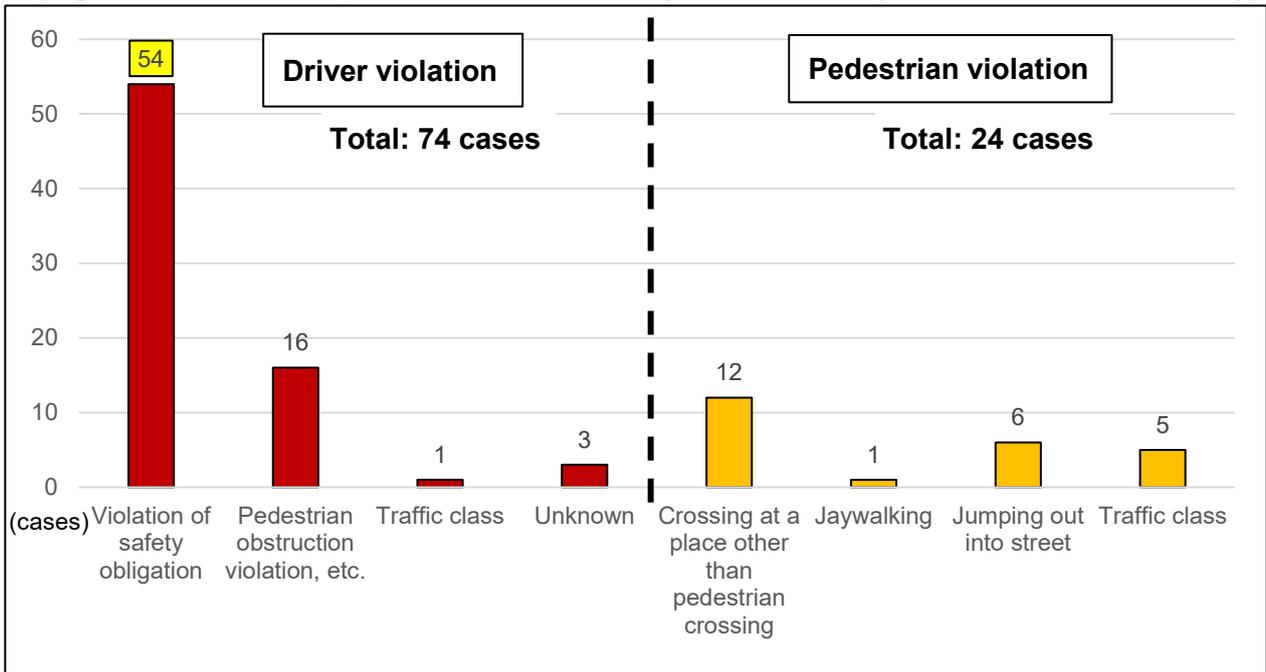
**[Problem point 2] Pedestrian accidents are on the rise, and the leading cause is the violation of drivers' safety obligations.**

[Fig. 4-20 Trends of number of accidents and pedestrian accidents (FY2013 to 2017)]



[Source] Police statistics

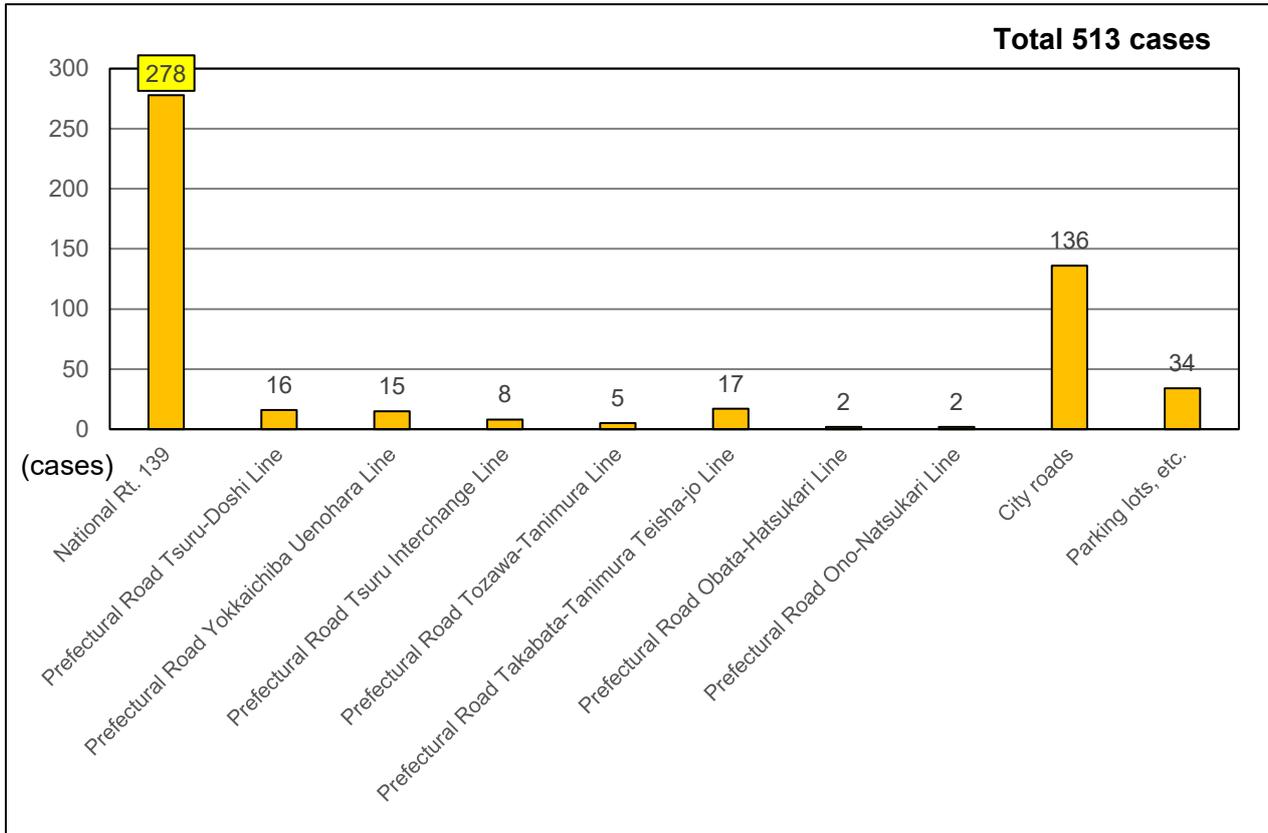
[Fig. 4-21 Number of pedestrian accidents by law violation (Total for FY2013 to 2017)]



[Source] Police statistics

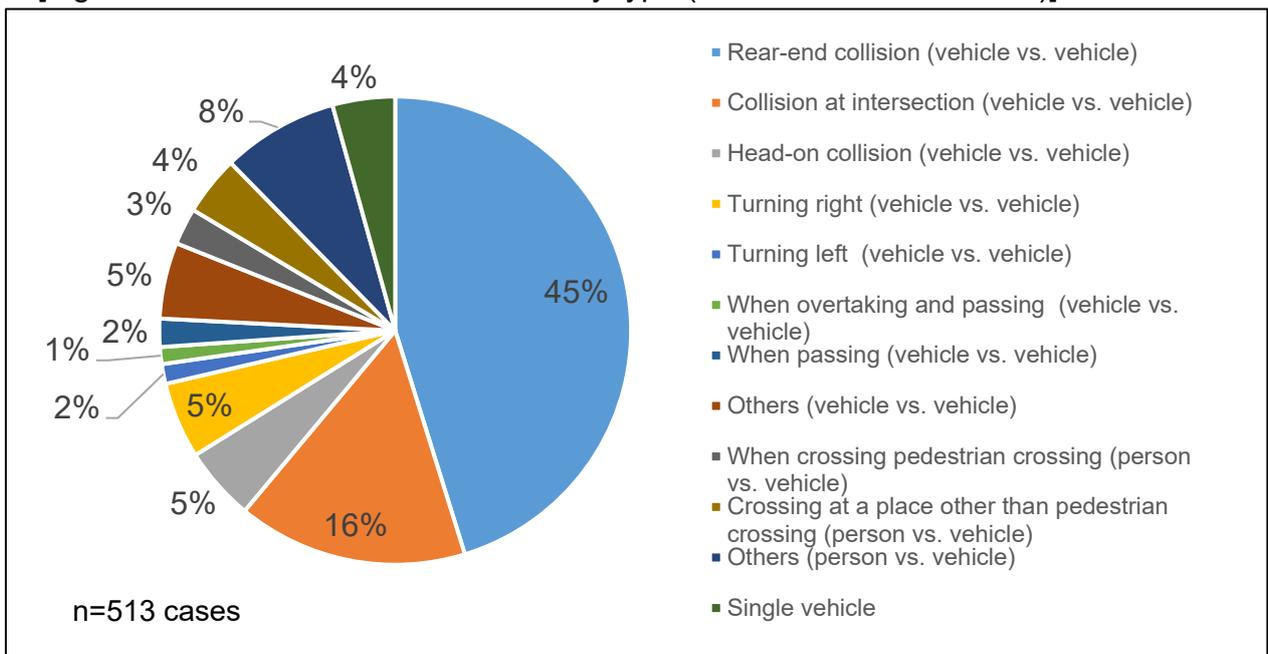
- **Most than half of the traffic accidents occur along National Rt. 139.**
- **Rear-end collisions are the most common type of accident**

[Fig. 4-22 Number of traffic accidents by route (Total of FY2013 to 2017)]



[Source] Police statistics

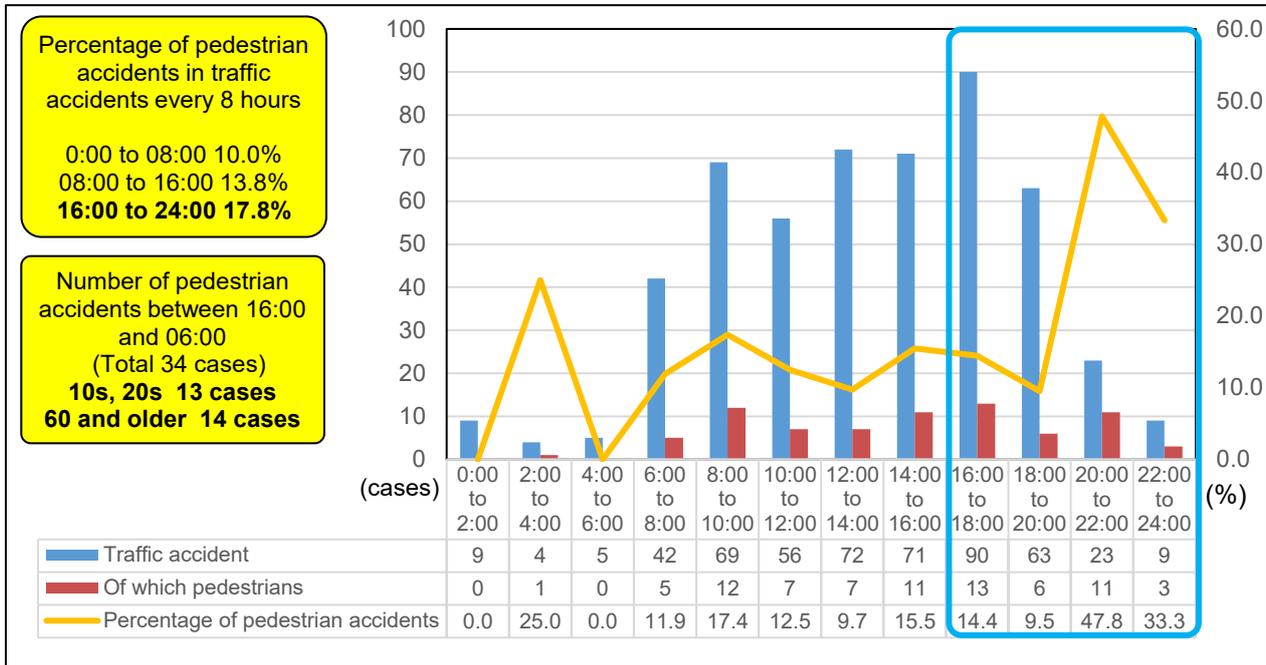
[Fig. 4-23 Number of traffic accidents by type (Total of FY2013 to 2017)]



[Source] Police statistics

**[Problem 4] Pedestrian accidents are common at night, but pedestrians do not take sufficient measures to ensure safety.**

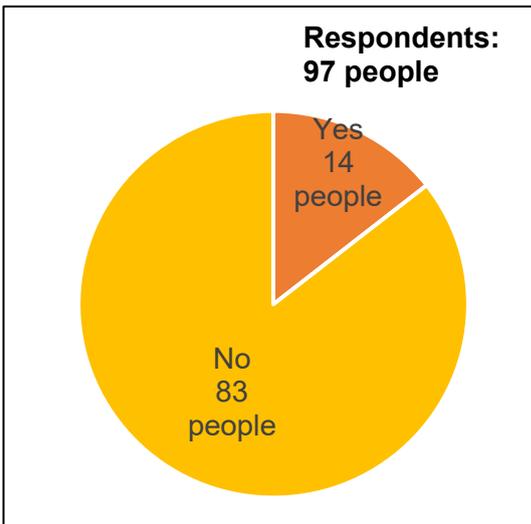
[Fig. 4-24 Situation of traffic accidents by time and percentage of pedestrian accidents (Total for FY2013 to 2017)]



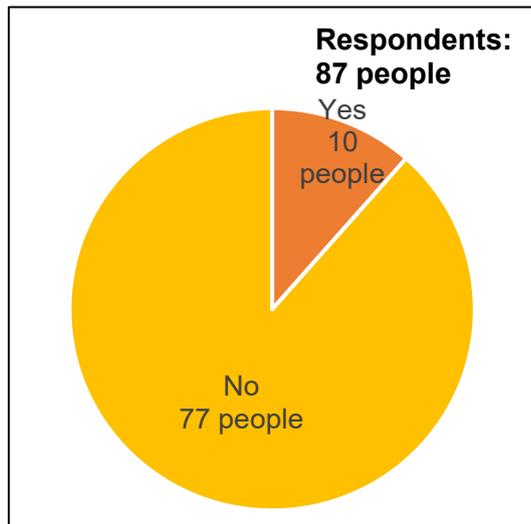
[Source] Police statistics

Left [Fig. 4-25 Q: Do you wear reflectors when you are walking? (Survey of elderly)]

Right [Fig. 4-26 Q: Do you wear reflectors when you are walking? (Survey of young people)]



[Source] Independent survey by Traffic Safety Taskforce Committee  
Tsuru University questionnaire survey (January 10, 2020)



[Source] Independent survey by Traffic Safety Taskforce Committee  
Questionnaire survey at Coming of Age Ceremony (January 12, 2020)

◆ **Organizing problem points and setting priority challenges**

Main problem points	Priority challenges
<ul style="list-style-type: none"> <li>• There are many accidents in which the younger generation is the first party.</li> </ul>	<p>[Priority challenge 1] Raise traffic safety awareness and improve traffic behavior among the younger generation.</p>
<ul style="list-style-type: none"> <li>• The number of pedestrian accidents increases every year, mainly due to the driver’s violations of safe driving obligations.</li> </ul>	<p>[Priority challenge 2] Raise awareness of drivers and pedestrians to comply with traffic rules.</p>
<ul style="list-style-type: none"> <li>• More than half of all accidents happen on National Rt. 139.</li> <li>• Rear-end collisions are the most common type of accident</li> </ul>	<p>[Priority challenge 3] Raise drivers' awareness of accident hot spots and the need to comply with traffic rules.</p>
<ul style="list-style-type: none"> <li>• While pedestrian accidents are common at night, but pedestrian do not take sufficient measures to ensure safety.</li> </ul>	<p>[Priority challenge 4] Enforce safety measures to reduce pedestrian accidents at night.</p>

◆ **Setting targets and programs for each priority challenge**

	Target	Program
Priority challenge 1	Improve traffic safety awareness and improve traffic behavior	Traffic accident prevention activities designed for the younger generation
Priority challenge 2		Activities to promote and educate the public on the use of hand signs
Priority challenge 3	Strengthen measures to prevent traffic accidents at specific places and times	Awareness-raising activities using maps showing accident hotspots
Priority challenge 4		Strengthen activities to promote the use of reflectors

◆ Existing countermeasures and Taskforce Committee programs for each priority challenge and level

[Priority challenges 1 and 2]

Priority challenges	Direction	National and Prefectural level	City level	Community level
(1) Raise traffic safety awareness and improve traffic behavior among the younger generation.	Environment maintenance	<ul style="list-style-type: none"> <li>Inspect prefecture and national routes, install road signs, etc.</li> </ul>	<ul style="list-style-type: none"> <li>Improve road environment by installing curved mirrors, etc.</li> </ul>	<ul style="list-style-type: none"> <li>Provide information related to road environment</li> </ul>
	Regulations Punishment	<ul style="list-style-type: none"> <li>Restrictions and enforcement following Road Traffic Act</li> <li>Promote revisions to Road Traffic Act</li> </ul>		
(2) Raise awareness of drivers and pedestrians to comply with traffic rules.	Education Awareness	<ul style="list-style-type: none"> <li>National Traffic Safety Campaign (spring, fall)</li> <li>Educational activities through various experiences, etc.</li> <li>Visits to homes of elderly residents, etc.</li> </ul>	<ul style="list-style-type: none"> <li>Promote at street campaigns and through city newsletter</li> <li>Traffic safety lectures</li> </ul>	<ul style="list-style-type: none"> <li>Street campaigns</li> </ul>
			<p><b>[Taskforce Committee] Program (1)</b>  <b>Traffic accident prevention activities designed for the younger generation</b></p> <p><b>Program (2)</b>  <b>Activities to promote and educate the public on the use of hand signs</b></p>	

[Priority challenges 3 and 4]

Priority challenges	Direction	National and Prefectural level	City level	Community level
(3) Raise drivers' awareness of accident hot spots and the need to comply with traffic rules.	Environment maintenance	<ul style="list-style-type: none"> <li>Inspect prefecture and national routes, install road signs, etc.</li> </ul>	<ul style="list-style-type: none"> <li>Improve road environment by installing street lights, etc.</li> </ul>	<ul style="list-style-type: none"> <li>Provide information on road environment</li> </ul>
	Regulations Punishment	<ul style="list-style-type: none"> <li>Restrictions and enforcement following Road Traffic Act</li> <li>Crackdown on bicycles not using lights at night, and obstruction of pedestrians</li> </ul>		
(4) Enforce safety measures to reduce pedestrian accidents at night.	Education Awareness	<ul style="list-style-type: none"> <li>National Traffic Safety Campaign (spring, fall)</li> <li>Prepare educational materials by mapping the accident locations</li> <li>Promote use of reflectors</li> </ul>	<ul style="list-style-type: none"> <li>Encourage bicycle riders to turn lights on early</li> <li>Awareness</li> <li>Distribute and promote the use of reflectors</li> </ul>	<ul style="list-style-type: none"> <li>Encourage bicycle riders to turn lights on early</li> <li>Distribute and promote the use of reflectors</li> </ul>
			<p><b>[Taskforce Committee] Program (3)</b>  <b>Awareness-raising activities using maps showing accident hotspots</b></p> <p><b>Program (4)</b>  <b>Strengthen activities to promote the use of reflectors</b></p>	

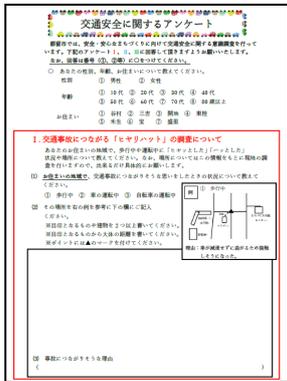
◆ Taskforce Committee programs

Program (1) Traffic accident prevention activities designed for the younger generation		
Description of program	<p>Make young people aware of the high number of accidents among their age group and educate them not to violate the law.</p> <ul style="list-style-type: none"> <li>• Prepare posters and websites informing the public about the high number of accidents among young people and educate them not to violate the law. Post them in places where many young people gather, such as high schools, universities, driving schools, convenience stores, pubs, and train stations.</li> <li>• Add text to flyers distributed by traffic safety organizations to raise awareness of the high incidence of accidents among young people.</li> </ul>	
Targets	Younger generations (10s, 20s)	
Organizers	Taskforce Committee, City, schools (universities, senior high schools), police, traffic safety groups	
Programs to date Program	<ul style="list-style-type: none"> <li>• The Committee is currently studying more effective means and methods of promotion and awareness-raising.</li> </ul>	
Taskforce Committee involvement	<p>Since there were no awareness-raising activities that focus on the fact that "There are many accidents in which the younger generation is the first party," this point will be added to existing events and activities, and awareness-raising activities will be implemented.</p>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Raise awareness among the younger generation that they are often the first party in traffic accidents	Number of educational flyers distributed
	2018 (start of program)	2020
	—	— * Flyers will be created and distributed
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Increase in the younger generation that takes actions to prevent traffic accidents while driving	Awareness survey with questionnaire
	2018 (start of program)	2020
	—	—
[Situation] Long-term indicator	Description	Measurement method
	Decrease in the number of traffic accidents in which young people are the first party	Police statistics
	2018 (start of program)	2020
	27 cases (2017)	—

Program (2) Activities to promote and educate the public on the use of hand signs		
Description of program	<p>Promote the use of hand signs at pedestrian crossings to indicate the “intention to cross,” and at the same time, educate drivers about the importance of stopping at crosswalks.</p> <ul style="list-style-type: none"> <li>• Solicit for names for the "Hand Sign Movement" from the public and raise awareness of the activity.</li> <li>• Use flyers and posters at schools, driving schools, and gas stations to raise awareness.</li> </ul>	
Targets	Drivers, pedestrians (younger generation, elderly), businesses, etc.	
Organizers	Taskforce Committee, City, police, traffic safety groups, businesses	
Programs to date	<ul style="list-style-type: none"> <li>• November 2019: Survey of drivers stopping at pedestrian crossing ⇒ Survey of pedestrians standing near crosswalk without signaling.</li> <li>• Jun 2020: Survey of drivers stopping at pedestrian crossing ⇒ Survey of pedestrians standing near crosswalk and signaling.</li> <li>• July 2020: Taskforce Committee created original hand signs Educational program was broadcast on CATV and video sharing site</li> <li>• August 2020: Name for "Hand Sign Movement" solicited from the public=&gt; “Thanks Hand” was selected</li> <li>• December 2020: Educational program promoting the newly selected hand sign name was created</li> <li>• December 2020: Awareness-raising activity conducted together with police at pedestrian crossing in front of Taniichi Elementary School</li> </ul> <div style="display: flex; justify-content: space-around;">   </div> <div style="display: flex; justify-content: center; margin-top: 10px;">  </div>	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Created Taskforce Committee’s original hand signs ⇒ Conducted promotional and awareness-raising activities at existing events and activities</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Promotion of hand sign program	Number of educational flyers distributed
	2018 (start of program)	2020
	—	110 flyers
[Attitude and behavior]	Description	Measurement method
	Increase in the number of people	Awareness survey with

Mid-term indicator	who know the hand sign program	questionnaire
	2018 (start of program)	2020
	—	—
[Situation] Long-term indicator	Description	Measurement method
	Decrease in number of pedestrian accidents in the city	Police statistics
	2018 (start of program)	2020
	18 cases (2017)	—

**Program (3) Awareness-raising activities using maps showing accident hotspots**

Description of program	<p>Inform people where traffic accidents are most common, and at the same time, educate them to follow the traffic rules.</p> <ul style="list-style-type: none"> <li>• Create a map of accident hotspots' locations and notify the public through CATV, public relations, website, social media, etc.</li> <li>• Put up signs such as "Caution: Accident Hotspot" to raise awareness.</li> </ul>	
Targets	All age groups	
Organizers	Taskforce Committee, City, police, traffic safety groups	
Programs to date	<ul style="list-style-type: none"> <li>• December 2020: Conducted original survey on traffic safety, and collected data on near-miss cases that did not result in accidents.</li> <li>• Create traffic accident hotspot map based on accident occurrence data and data on near-miss cases. (Scheduled for completion in March 2021) Publish a summary version of each district in the City newsletter to inform the public.</li> <li>• With the support of local companies that are interested in the activities, publish the maps as a booklet. (Scheduled for August 2021)</li> </ul>	
		
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Create an accident hotspot map to increase awareness of areas with high traffic accident rate.</li> </ul> <p>⇒ Conducted promotional and awareness-raising activities at existing events and activities</p>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Raise awareness of accident hotspots	Number of accident hotspot maps distributed
	2018 (start of program)	2020
	—	—
[Attitude and	Description	Measurement method

behavior] Mid-term indicator	Increase of number of people who practice traffic accident prevention actions at accident hotspots	Awareness survey with questionnaire
	2018 (start of program)	2020
	—	—
[Situation] Long-term indicator	Description	Measurement method
	Decrease in number of traffic accidents at accident hotspots (National Rt. 139)	Police statistics
	2018 (start of program)	2020
	51 cases (2017)	—

<b>Program (4) Promotion of safety measures to prevent traffic accidents at night</b>		
Description of program	Raise awareness of night-time pedestrian accident prevention. <ul style="list-style-type: none"> <li>• Distribute reflectors at events and ask people to put them on right then and there.</li> <li>• Raise awareness that there are many night-time pedestrian accidents.</li> </ul>	
Targets	Pedestrians and drivers	
Organizers	Taskforce Committee, City, police, traffic safety groups	
Programs to date Program	<ul style="list-style-type: none"> <li>• January 2020: Independent survey about reflectors conducted at Tsuru-ju University and at Coming of Age Ceremony to collect data about the use of reflectors.</li> <li>• December 2020: Independent survey on traffic safety conducted to collect data on awareness of using reflectors.</li> <li>• The survey results have been analyzed, and more effective means and methods are being studied.</li> </ul> <div style="display: flex; justify-content: space-around;">   </div>	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Conducted promotional and awareness-raising activities regarding the increase and use of reflectors</li> </ul> ⇒ The Taskforce Committee is studying and implementing new methods in addition to previous awareness-raising activities.	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Increase awareness that there are many accidents at night	Distribute reflectors for preventing night-time pedestrian accidents along with educational flyer, etc.
	2018 (start of program)	2020
	1580 pcs.	320 pcs.
[Attitude and	Description	Measurement method

behavior] Mid-term indicator	Increase in the number of people using reflectors	Awareness survey with questionnaire
	2018 (start of program)	2020
	—	—
[Situation] Long-term indicator	Description	Measurement method
	Decrease in number of traffic accidents at night-time (16:00- 24:00)	Police statistics
	2018 (start of program)	2020
	31 cases (2017)	—

### (3) Crime Prevention

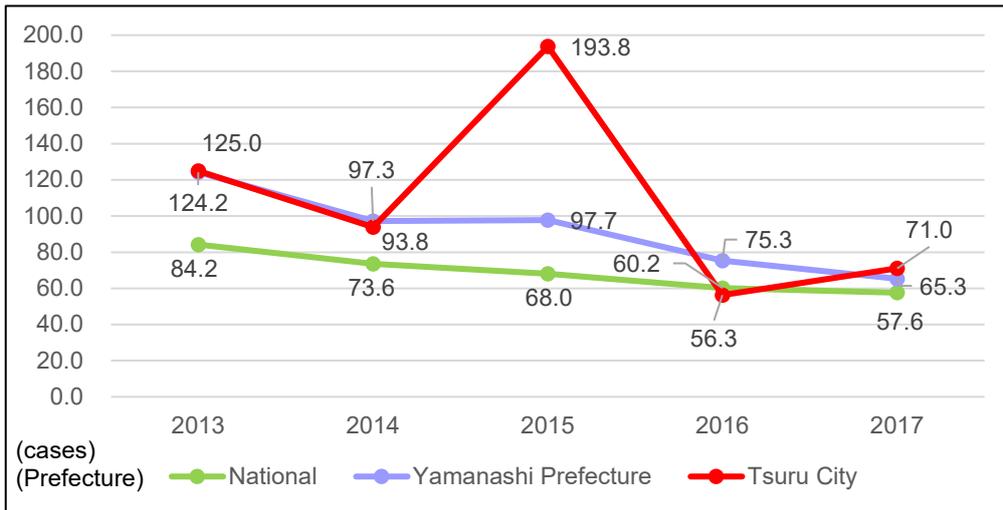
#### ◆ Objective problems based on data

[Problem point 1] • The rate of burglaries is high.

• Burglary thefts while the resident is absent or sleeping are high.

• Many citizens are concerned about becoming victims of burglary theft while the resident is absent or sleeping.

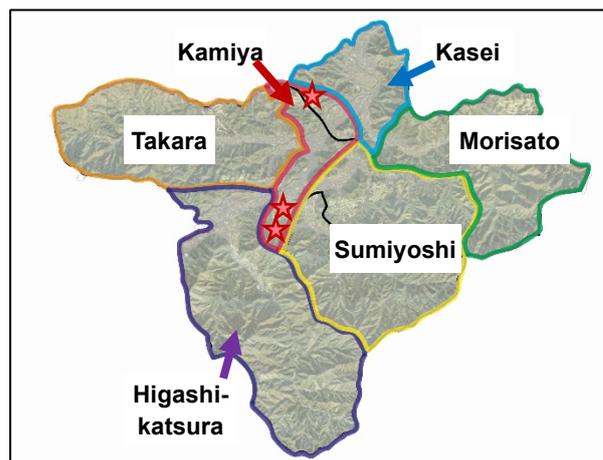
[Fig. 4-27 Number of burglary thefts per 100,000 population (National, Prefectural, Tsuru City FY2013-2017)]



[Source] Police statistics

[Fig. 4-28 Number of criminal offenses by Tsuru City police stations (total for FY2013-2017) map of police station jurisdiction]

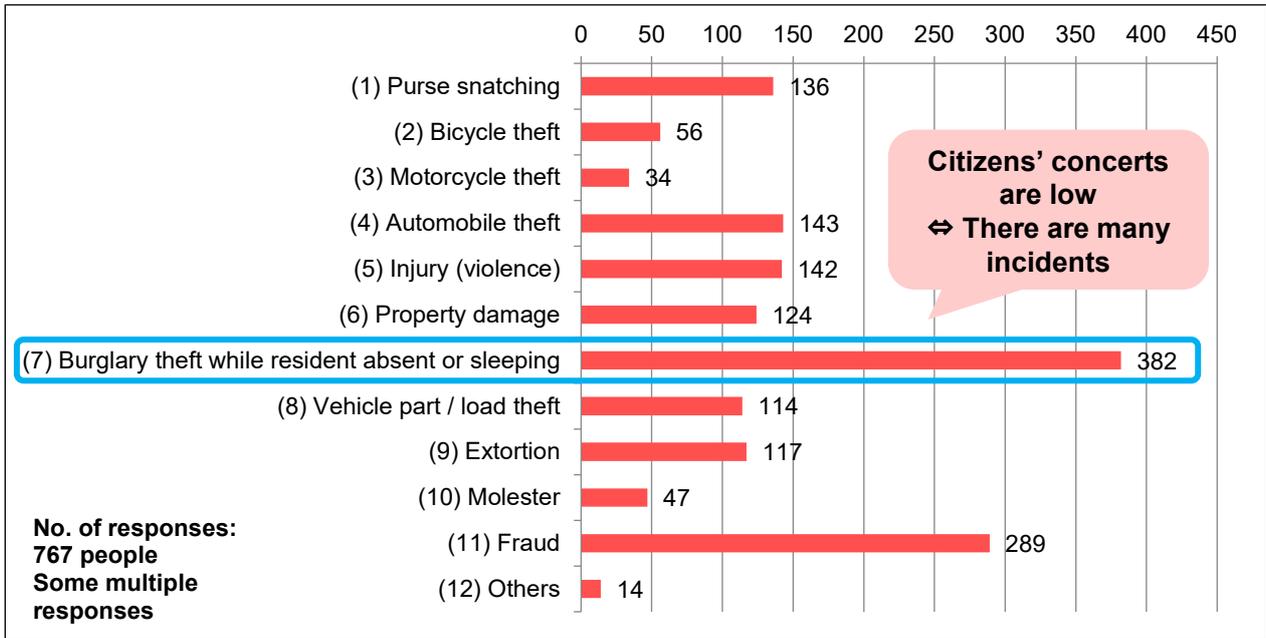
(incidents)	Kamiya	Higashi-katsura	Sumiyoshi	Kasei	Morisato	Takara
Burglary theft while the resident is absent	28	12	11	16	1	4
Burglary theft while the resident is sleeping	27	8	4	0	1	2
Burglary theft while the resident is unaware	2	1	1	0	0	0
Break/enter a business office	5	2	3	5	2	1
Break/enter a store	8	1	0	8	0	0
Break/enter a dressing room	0	0	0	0	0	0
Others	5	3	3	5	2	1
<b>Total</b>	<b>75</b>	<b>27</b>	<b>22</b>	<b>34</b>	<b>6</b>	<b>8</b>



※ ☆ → University, college

[Source] Police statistics

[Fig. 4-29 Matters which make people anxious about being a victim of crime]

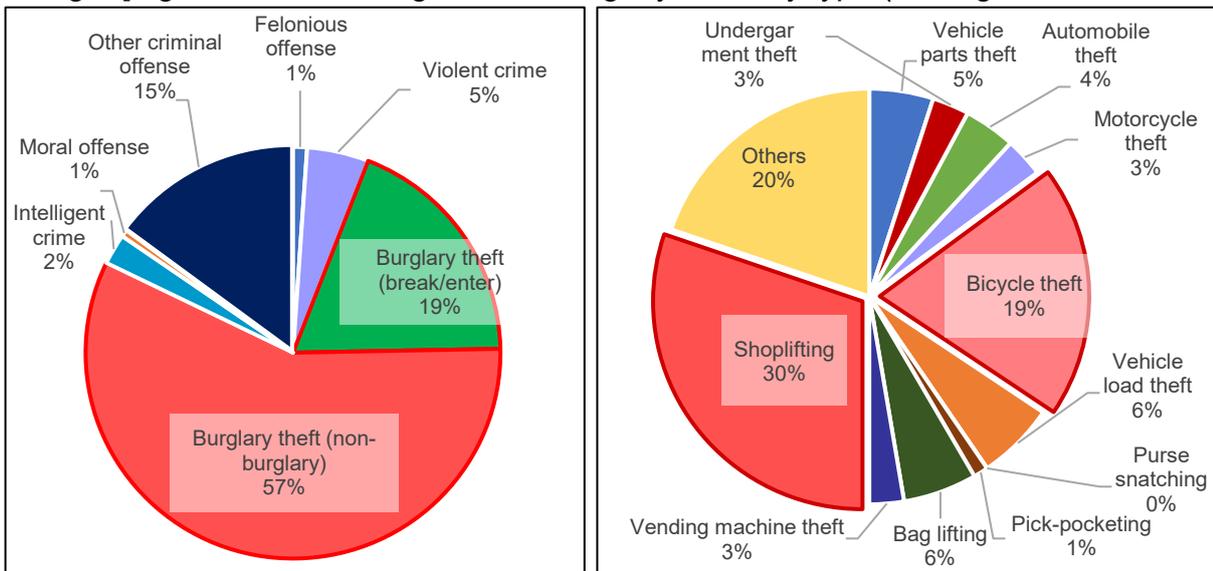


[Source] Safe and Secure Community Building Questionnaire Survey (City Regional Environment Section)

- [Problem point 2] • Of criminal offenses, the rate of non-burglary incidents is high. Shoplifting and bicycle thefts are especially high.
- There are many incidents, but citizens' concerns regarding non-burglary incidents are low, and their awareness is low.

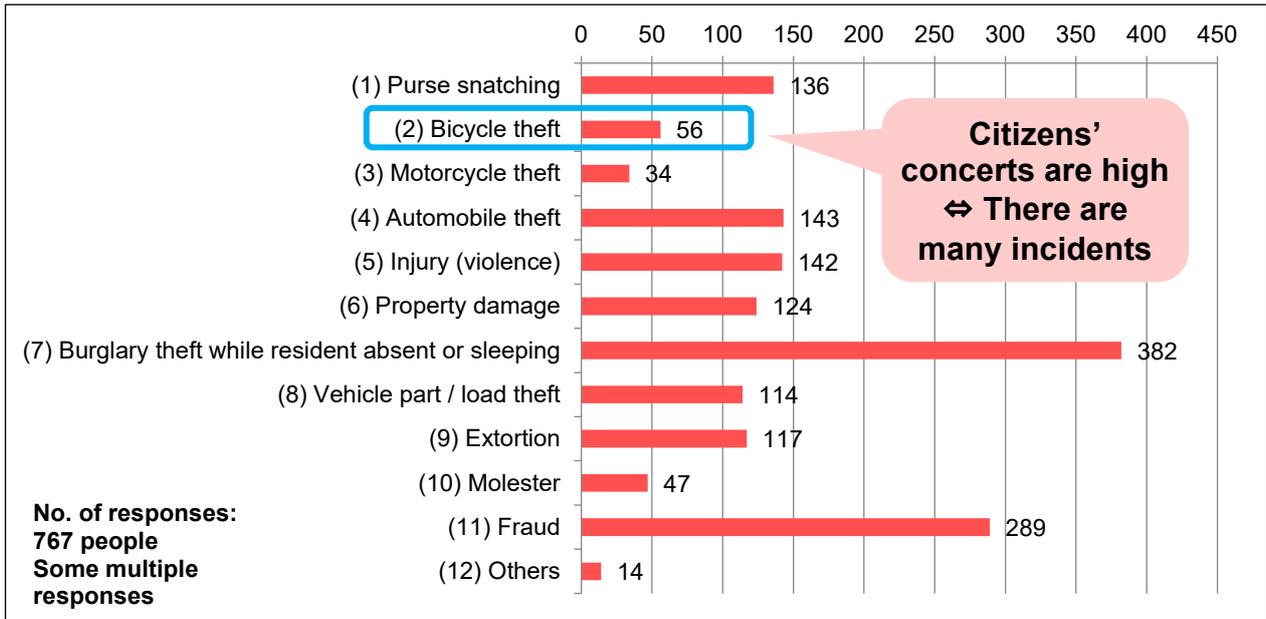
Left [Fig. 4-30 Percentage of criminal offenses by type (Average for 2013-2017)]

Right [Fig. 4-311 Percentage of non-burglary thefts by type (Average for 2013-2017)]



[Source] Police statistics

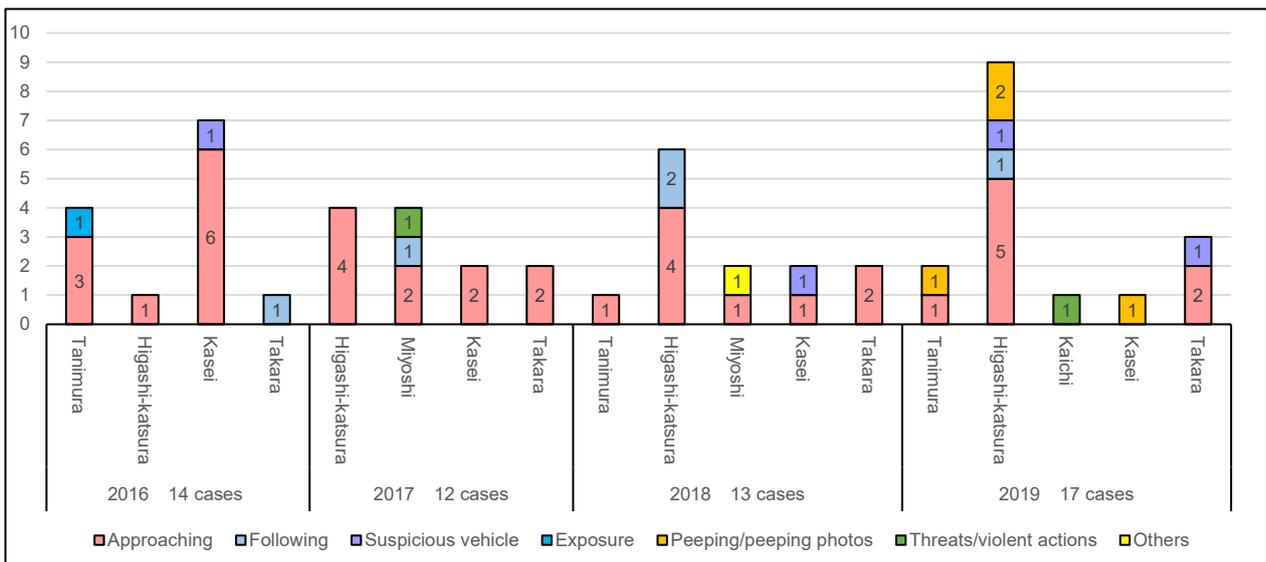
[Fig. 4-32 Matters which make people anxious about being a victim of crime]



[Source] Safe and Secure Community Building Questionnaire Survey (City Regional Environment Section)

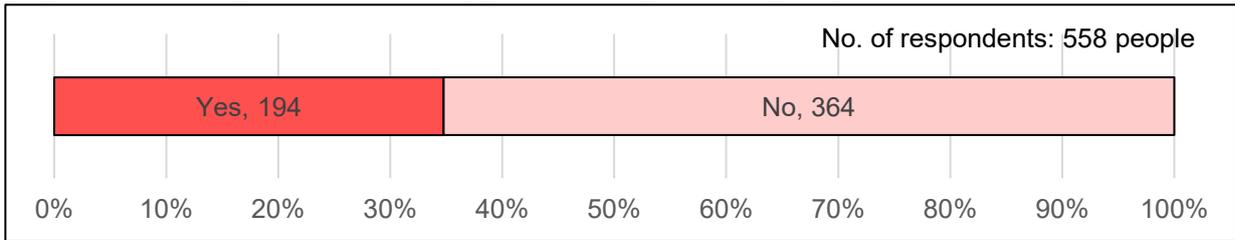
- [Problem point 3]**
- Information on suspicious persons often comes from Tahara District and Higashi-katsura district.
  - Many students want measures against suspicious persons.
  - Measures are implemented, but reports on suspicious persons are not declining.

[Fig. 4-33 Board of Education, Situation of information reports on suspicious persons (April 2016 - March 2020)]



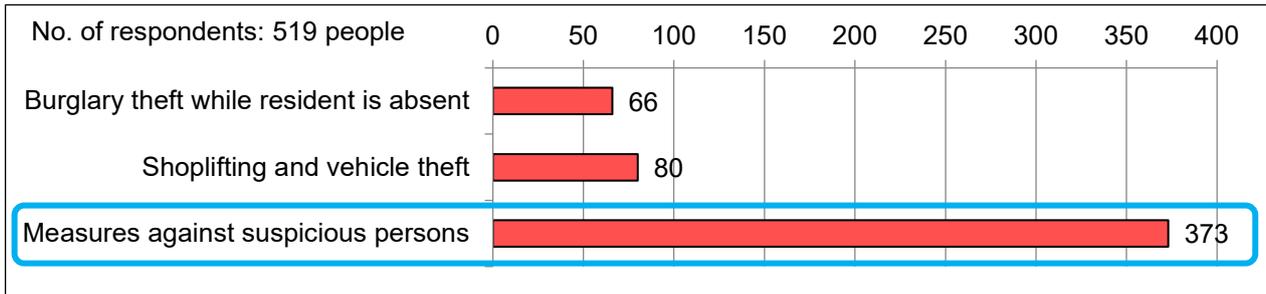
[Source] Tsuru City Board of Education, School Education Section

[Fig. 4-32 Have you ever been approached by a stranger?]



[Source] Tsuru University Student Council Questionnaire Survey on Crime Prevention (FY2018)

[Fig. 4-35 From a student's perspective, what measures do you think are essential?]



[Source] Tsuru University Student Council Questionnaire Survey on Crime Prevention (FY2018)

**[Problem point 4]**

- **Consultations regarding fraud are on the increase.**
- **There are many suspicious phone calls and notices, etc., that lead to fraud victims.**
- **Many citizens are concerned about fraud victimization.**

[Fig. 4-36 Number of consultations about fraud to the Consumer Affairs Consultation Service (FY2015-2019)]

Year	2015	2016	2017	2018	2019
Number of consultations	30	44	101	104	57

\* Number of fraud incidents in Police statistics 2018: 1 incident, 2019: 3 incidents

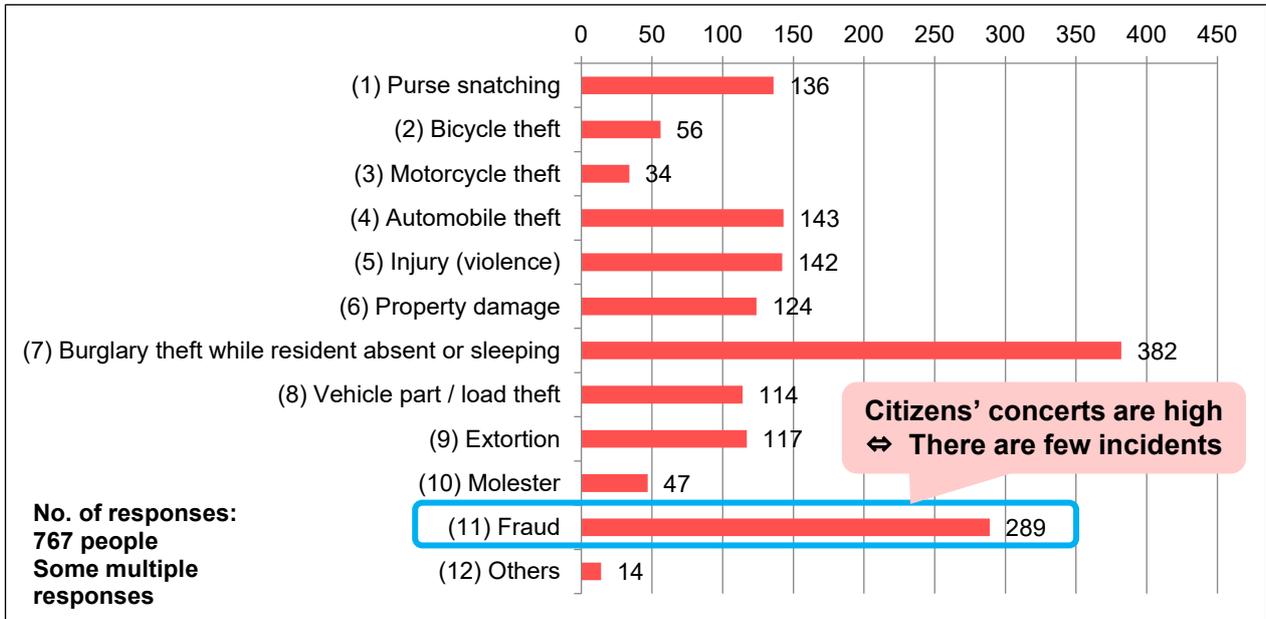
[Source] Consumer Affairs Consultation Service data (FY2020)

[Fig. 4-37 Have you ever received a phone call or notice that could lead to fraud?]

	Overall	Received suspicious phone call		Received a postcard with fictitious claims, etc.		Received an email with fictitious claims, etc.		Suspicious person, for door-to-door sales, has come to the home		Have never received a suspicious phone call or postcard, etc.	
		No. of responses	Percentage	No. of responses	Percentage	No. of responses	Percentage	No. of responses	Percentage	No. of responses	Percentage
20-39	51	15	29.4	11	21.6	33	64.7	7	13.7	12	23.5
40-59	39	22	56.4	17	43.6	27	69.2	8	20.5	9	23.1
60 or older	104	72	69.2	46	44.2	31	29.8	28	26.9	23	22.1

[Source] Crime Prevention Taskforce Committee Questionnaire survey (conducted at FY2019 Industrial Festival)

[Fig. 4-38 Matters which make people anxious about being a victim of crime]



[Source] Safe and Secure Community Building Questionnaire Survey (City Regional Environment Section)

◆ Organizing problem points and setting priority challenges

Main problem points	Priority challenges
<ul style="list-style-type: none"> <li>• The rate of burglary thefts is high.</li> <li>• Burglary thefts while the resident is absent or sleeping are high.</li> <li>• Many citizens are concerned about becoming victims of burglary theft while the resident is absent or sleeping.</li> </ul>	<p>[Priority challenge 1] Increase citizens' awareness regarding burglary theft while resident is absent or sleeping, and implement measures.</p>
<ul style="list-style-type: none"> <li>• Of criminal offenses, the rate of non-burglary incidents is high. Shoplifting and bicycle thefts are especially high.</li> <li>• There are many incidents, but citizens' concerns regarding non-burglary incidents are low, and their awareness is low.</li> </ul>	<p>[Priority challenge 2] Comprehensive community measures to raise awareness of shoplifting and bicycle theft</p>
<ul style="list-style-type: none"> <li>• Information on suspicious persons often comes from Tahara District and Higashi-katsura district.</li> <li>• Many students want measures against suspicious persons.</li> <li>• Measures are implemented, but reports on suspicious persons are not declining.</li> </ul>	<p>[Priority challenge 3] Implement measures against suspicious persons suitable for the district and age group.</p>
<ul style="list-style-type: none"> <li>• Consultations regarding fraud are on the increase.</li> <li>• There are many suspicious phone calls and notices, etc., that lead to fraud victims.</li> <li>• Many citizens are concerned about fraud victimization.</li> </ul>	<p>[Priority challenge 4] Ongoing crime prevention awareness and educational activities to prevent fraud</p>

◆ **Setting targets and programs for each priority challenge**

	Target	Program
Priority challenge 1	Decrease incidents of burglary thefts while the resident is absent or sleeping	(1) Promote installation of security cameras (Priority challenges 1, 3)
Priority challenge 2	Decrease incidents of shoplifting and bicycle theft	(2) Improve community mimamori-watching and increase crime prevention awareness among children and college students. (Priority challenges 1, 3)
Priority challenge 3	Reduce reports on suspicious persons	(3) Promote crime prevention measures. (For all priority challenges, and especially priority challenge 2)
Priority challenge 4	Prevent fraud victimization and reduce the number of incidents	(4) Promote fraud eradication song and exercises (Priority challenge 4)

◆ **Existing countermeasures and Taskforce Committee programs for each priority challenge and level**

[Priority challenges 1 and 3]

Priority challenges	Direction	National and Prefectural level	City level	Community level
(1) Increase citizens' awareness regarding burglary theft while resident is absent or sleeping, and implement measures.	Environment maintenance	<ul style="list-style-type: none"> <li>• Crime prevention diagnosis (Police, voluntary fire corps)</li> <li>• Promotion of community mimamori-watching system, and building of a cooperative relationship</li> </ul>	<ul style="list-style-type: none"> <li>• Sharing of information with the Board of Education and elementary and jr. high schools</li> <li>• Use of emergency warning radio system</li> </ul>	
		<ul style="list-style-type: none"> <li>• Patrols</li> </ul>	<ul style="list-style-type: none"> <li>• Subsidies for installation of security lights/security cameras</li> <li>• Blue Crime Prevention Patrols</li> </ul>	<ul style="list-style-type: none"> <li>• Kids Shelter #110</li> <li>• School guards</li> </ul>
			<p><b>[Taskforce Committee] Program (2)</b></p> <p><b>Student mimamori-watching homes</b></p>	<p><b>Support and expansion</b></p> <p><b>New</b></p>
(3) Implement measures against suspicious persons suitable for the district and age group	Regulations Punishment	<ul style="list-style-type: none"> <li>• Enforcement of criminal laws</li> </ul>		
	Education Awareness	<ul style="list-style-type: none"> <li>• Distribution of crime prevention goods, posters, etc.</li> <li>• Street campaigns, lectures</li> <li>• Provision of information with Fuji-kun Anshin Mail</li> </ul>	<ul style="list-style-type: none"> <li>• Distribution of crime prevention goods for 1st-year university students</li> </ul>	<ul style="list-style-type: none"> <li>• Street campaigns</li> </ul>

			<b>[Taskforce Committee] Program (2) Health, Safety, and Hometown Education Program</b>	<b>Support and expansion</b>
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[Priority challenge 2]

Priority challenge	Direction	National and Prefectural level	City level	Community level
(2) Promote correct knowledge and awareness of shoplifting and bicycle theft to the public.	Environment maintenance	• Build collaborative relationships to counter shoplifting (Police and commercial facilities)		
		• Confirmation and removal of abandoned bicycles		
	Regulations Punishment	• Patrols		• Patrols of shops by security companies • Confirmation of sales areas by store staff
	Education Awareness	• Enforcement of criminal law		
		• Crime prevention lectures at elementary to senior high schools • Youth guidance activities at train stations, etc. • <b>Distribution of crime prevention goods, awareness-raising with posters, etc.</b>		• Street campaigns
				<b>Support / New</b> <b>[Taskforce Committee] Program (3) Promotion of crime prevention measures</b>

← Collaboration →

[Priority challenge 4]

Priority challenge	Direction	National and Prefectural level	City level	Community level
(4) Ongoing crime prevention awareness and educational activities to prevent fraud	Environment maintenance	• Fraud prevention support group, setting of maximum withdrawal limit (Police, financial institutions)		
		• Sharing of information related to consultations, etc., Preparation of cooperative relationship		
	Regulations Punishment	• Patrols	• Consumer affairs consultations • Subsidy to purchase telephone unit with fraud prevention function (From 2020)	
	Education Awareness	• Enforcement of criminal law		
		• Crime prevention instruction during visits to elderly homes • Response to telephone consultations • Distribution of crime prevention goods and awareness-raising with posters, etc.	• Awareness-raising with street campaigns and City newsletter Awareness • Traffic safety lectures	• Crime prevention lectures
				<b>[Taskforce Committee] Program (4) Promotion of fraud eradication song and exercises</b>

**New**

◆ Taskforce Committee programs

Program (1) Promote installation of security cameras		
Description of program	(1) Promote installation using existing subsidy programs (2) Promote installation of home security cameras (3) Promote installation of security cameras in student apartments	
Targets	(1) Community group such as neighborhood associations (2) General homes (3) Apartment landlords, real estate companies	
Organizers	Taskforce Committee, City	
Programs to date Program	<ul style="list-style-type: none"> <li>• Environmental survey around University ⇒ Confirmed night-time situation around Tsuru University, and installed security cameras at student apartments Visual confirmation of situation</li> <li>• Questionnaire survey regarding security cameras ⇒ Questionnaire survey of real estate agents in Tsuru that manage student apartments was conducted between June and September 2020</li> <li>• Survey of citizen awareness on crime prevention ⇒ A survey of citizen awareness on crime prevention measures was conducted among 1,000 randomly selected people age 18 and older living in the city. Questions regarding security cameras were included.</li> </ul> <div style="display: flex; justify-content: space-around;">   </div>	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Support for promoting City's subsidy programs</li> <li>• Collaboration with City and police to promote the effectiveness of security cameras</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Promote of effectiveness and necessity of security cameras 2018 (start of program)	Number of surveys and awareness-raising activities 2020
	—	What do you think is particularly necessary for crime prevention measures? "Promotion of security camera installation" 73.4% (Survey of citizen awareness on crime prevention, 372 of 507 respondents)
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Situation of security camera installation 2018 (start of program)	City statistics, Taskforce Committee survey 2020
	Number of security cameras installed with subsidy 2 units	Number of security cameras installed with subsidy 2 units (±0) Installation rate 4.9% (Survey of citizen awareness on crime prevention, 24 of 507 people responded that they had installed security camera)

		Rate of installation at student apartments 22.9% (Questionnaire survey of real estate companies managing student apartments, 11 companies responded)
[Situation] Long-term indicator	Description	Measurement method
	Number of burglary thefts, number of suspicious person reports received, perceived security	Police statistics, information on suspicious persons received by BOE, Citizen awareness survey
	2018 (start of program)	2020
	Burglaries 22 incidents / Burglary theft while the resident is absent or sleeping 13 incidents (FY2017 Police statistics) Information on suspicious persons 13 incidents (FY2018) Concern of crime victimization “Yes” 64.9% (Safe and Secure Community Building Questionnaire Survey, 467 of 720 respondents)	Burglary theft while the resident is absent or sleeping 7 incidents (FY2019 Police statistics) Information on suspicious persons 19 incidents (April 2020 to February 2021)

<b>Program (2) Improve community mimamori-watching and increase crime prevention awareness among children and college students</b>	
Description of program	(1) Mimamori-watching activities by “Student mimamori-watching homes” (2) Expansion of “Health, Safety, and Hometown Education Program”
Targets	(1) Community residents, student apartment landlords, business operators (2) Kindergarten students, nursery students, elementary students
Organizers	Taskforce Committee, City, community residents, Rhythm of Love
Programs to date Program	<p>(1) Student mimamori-watching homes</p> <ul style="list-style-type: none"> <li>Created and distributed educational flyer about mutual mimamori-watching by students and community residents</li> <li>⇒ Implemented as part of a program to create connections between students and community residents</li> <li>Taskforce Committees discussed collaboration of the “Student mimamori-watching home” program and Mental Health Taskforce Committee’s “Gatekeeper training” and “Youth Support Team” programs.</li> <li>⇒ Collaboration from the same perspective of “Mimamori-watching and support for students”</li> </ul> <p>(2) Health, Safety, and Hometown Education Program</p> <ul style="list-style-type: none"> <li>Program conducted at three elementary schools in the city (September 2020: Kaisei Daini Elementary School, October 2020: Tsuru University Affiliated Elementary School, December 2020: Kaisei Daiichi Elementary School)</li> <li>Created educational program (broadcast in March 2021)</li> </ul>
	 

Taskforce Committee involvement	(1) Establishment and management of “Student mimamori-watching home” program, and support of mimamori-watching activities (2) Support of promotional activities for Health, Safety, and Hometown Education Program	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	(1) Increase of students’ perceived security (2) Number of programs held	(1) Number of surveys and awareness-raising activities (2) Rhythm of Love and Taskforce Committee tally
	2018 (start of program)	2020
	—	(2) Elementary schools in city 3 schools
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	(1) Number of registered “mimamori-watching homes” (2) Percentage of children engaged with crime prevention measures	(1) Taskforce Committee statistics (2) Interview survey of schools (Conducted a period of time after the program was held)
	2018 (start of program)	2020
	—	(1) Establishment and promotion of future policies (2) Follow-up survey will be conducted in the future
[Situation] Long-term indicator	Description	Measurement method
	Number of burglary thefts, number of suspicious person reports received, perceived security	Police statistics, information on suspicious persons received by BOE, Citizen awareness survey
	2018 (start of program)	2020
	Burglaries 22 incidents / Burglary theft while the resident is absent or sleeping 13 incidents (FY2017 Police statistics) Information on suspicious persons 13 incidents (FY2018) Concern of crime victimization “Yes” 64.9% (Safe and Secure Community Building Questionnaire Survey, 467 of 720 respondents)	Burglary theft while the resident is absent or sleeping 7 incidents (FY2019 Police statistics) Information on suspicious persons 19 incidents (April 2020 to February 2021)

<b>Program (3) Educational activities using PR media</b>		
Description of program	(1) Exhibits at events and educational activities using City's community-visit lectures (2) Educational activities using City's newsletter and Internet media	
Targets	Citizens (priority target: students)	
Organizers	Taskforce Committee, City	
Programs to date Program	<ul style="list-style-type: none"> <li>• Conducted questionnaire survey at the FY2019 Industrial Festival to promote awareness.</li> <li>• (With Program 2) Created educational program on the Health, Safety, and Hometown Program. The program was broadcast on CATV and uploaded to a video sharing site.</li> <li>• (With Program 4) Created a program to promote "Exercises to eradicate phone scams." The program was broadcast on CATV and uploaded to a video sharing site.</li> <li>• (With Program 4) Cooperated with City's activity to promote "Subsidy to purchase telephone unit with fraud prevention function" (Created flyer)</li> </ul> 	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Support of awareness-raising activities conducted by City, Rhythm of Life, and police, etc.</li> <li>• Holding of Taskforce Committee's original awareness-raising activities</li> <li>• Creation and distribution of educational program and flyers, etc.</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Promotion of knowledge on crime prevention measures	Number of flyers and booklets, etc., distributed, number of educational activities held
	2018 (start of program)	2020
	[City] Community-visit lectures on consumer life 5 locations, 145 participants (April 2017 – March 2018)	(With Program 2) Number of Health, Safety, and Hometown Education Programs held 3 elementary schools [City] Promotion of "Subsidy to purchase telephone unit with fraud prevention function" Educational flyers approx. 300 distributed
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Percentage of people who have implemented crime prevention measures	Survey (Events, universities, etc.)
	2018 (start of program)	2020
	Safe and Secure Community Building Questionnaire Survey "Have you prepared for crimes?" Most common answer • Make sure doors are locked before going out or going to bed	Citizen awareness survey by Crime Prevention Taskforce Committee "Crime prevention measures implemented at home" Most common answer • Make sure all windows and doors

	76.5% (587 or 767 respondents) Least common answer • Participation in community patrol activities 1.2% (9 or 767 respondents)	are closed and locked 87.4% (443 out of 507 respondents) Least common answer • Carry portable security device such as a security buzzer 1.4% (7 out of 507 respondents)
[Situation] Long-term indicator	Description	Measurement method
	Number of criminal offenses, perceived security	Police statistics, Citizen awareness survey
	2018 (start of program)	2020
	FY2017 Number of criminal offenses 135 incidents (Yamanashi Prefectural Police statistics) Concern of crime victimization “Yes” 64.9% (Safe and Secure Community Building Questionnaire Survey, 467 of 720 respondents)	2021 January to November Number of criminal offenses (provisional value) 161 incidents * This is the provisional value for the Otsuki Police Department, and includes Otsuki City, Tsuru City, Doshi Mura, and Nishi-Katsuracho.

<b>Program (4) Promotion of fraud eradication song and exercises</b>		
Description of program	Promote “Phone Fraud Eradication Exercise” created by Rhythm of Love	
Targets	Citizens (priority target: Elderly)	
Organizers	Taskforce Committee, Rhythm of Love	
Programs to date	<ul style="list-style-type: none"> <li>• Phone Fraud Eradication Exercise – Tsuru City version video: Raising awareness of phone fraud Program created and broadcast in March 2021 on CATV ⇒ Broadcasts are scheduled on monitors located in City Hall, and monitors at financial institution counters, etc.</li> <li>• Cooperation with promotional activities for City’s “Subsidy to purchase telephone unit with fraud prevention function” (Flier created)</li> </ul>	
	 	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Activities to promote phone fraud eradication exercise (Collaboration with Rhythm of Love)</li> <li>• Awareness-raising activities related to fraud prevention (Collaboration with Consumer Affairs consultation services and police)</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Number of fraud eradication song and exercise awareness-raising activities and sessions	Places showing video / Number of showings Number of awareness-raising activity sessions Number of sessions at events, etc.
[Attitude and	2018 (start of program)	2020

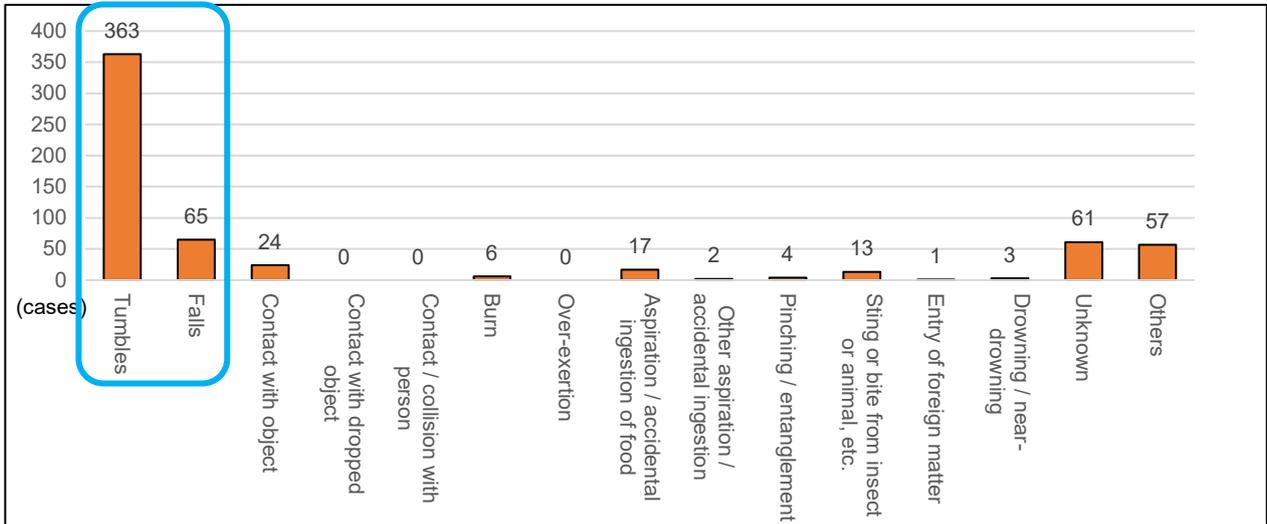
<p>behavior] Mid-term indicator</p>	<p>—</p>	<p>[City] Promotion of “Subsidy to purchase telephone unit with fraud prevention function” Educational flyers approx. 300 distributed • Educational program broadcast in March 2021 on CATV ⇒ Continuous streaming on monitors at City Hall and financial institutions</p>
<p>[Situation] Long-term indicator</p>	<p>Description</p>	<p>Measurement method</p>
	<p>Number of criminal offenses, perceived security</p>	<p>Police statistics, Citizen awareness survey</p>
	<p>2018 (start of program)</p>	<p>2020</p>
	<p>Number of fraud incidents 1 incident Number of appointment call fraud incidents 8 incidents (2018 Police statistics) People who feel anxious about “fraud” in terms of their concerns about being a victim of crime 37.7% (Safe and Secure Community Building Questionnaire Survey, 289 out of 767 respondents)</p>	<p>Number of fraud incidents 3 incident Number of appointment call fraud incidents 11 incidents (2019 Police statistics) What do you think is particularly necessary for crime prevention measures? “Measures to protect elderly from bank transfer scams, etc.” 59.4% (Survey of citizen awareness on crime prevention, 301 out of 507 respondents)</p>

#### (4) Elderly Safety

##### ◆ Objective problems based on data

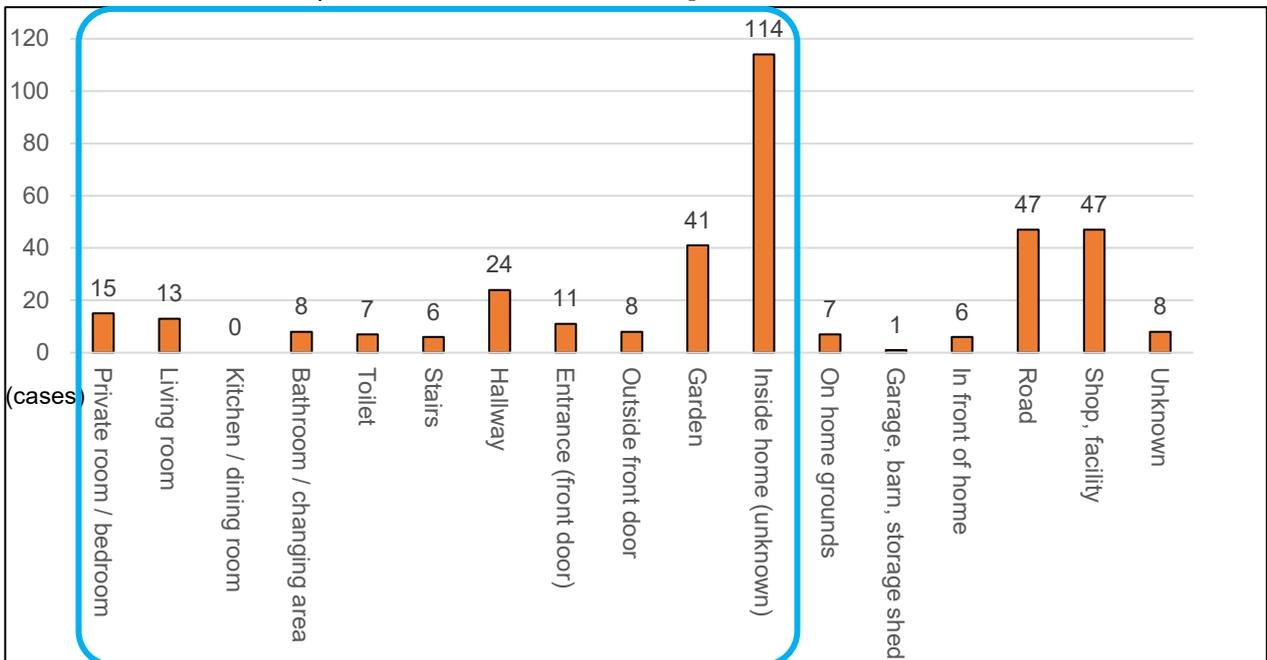
[Problem point 1] There are many falls and tumbles sustained by the elderly

[Fig. 4-39 Number of emergency transports for general injuries by cause (ages 65 and older) Total for FY2013 to 2017]



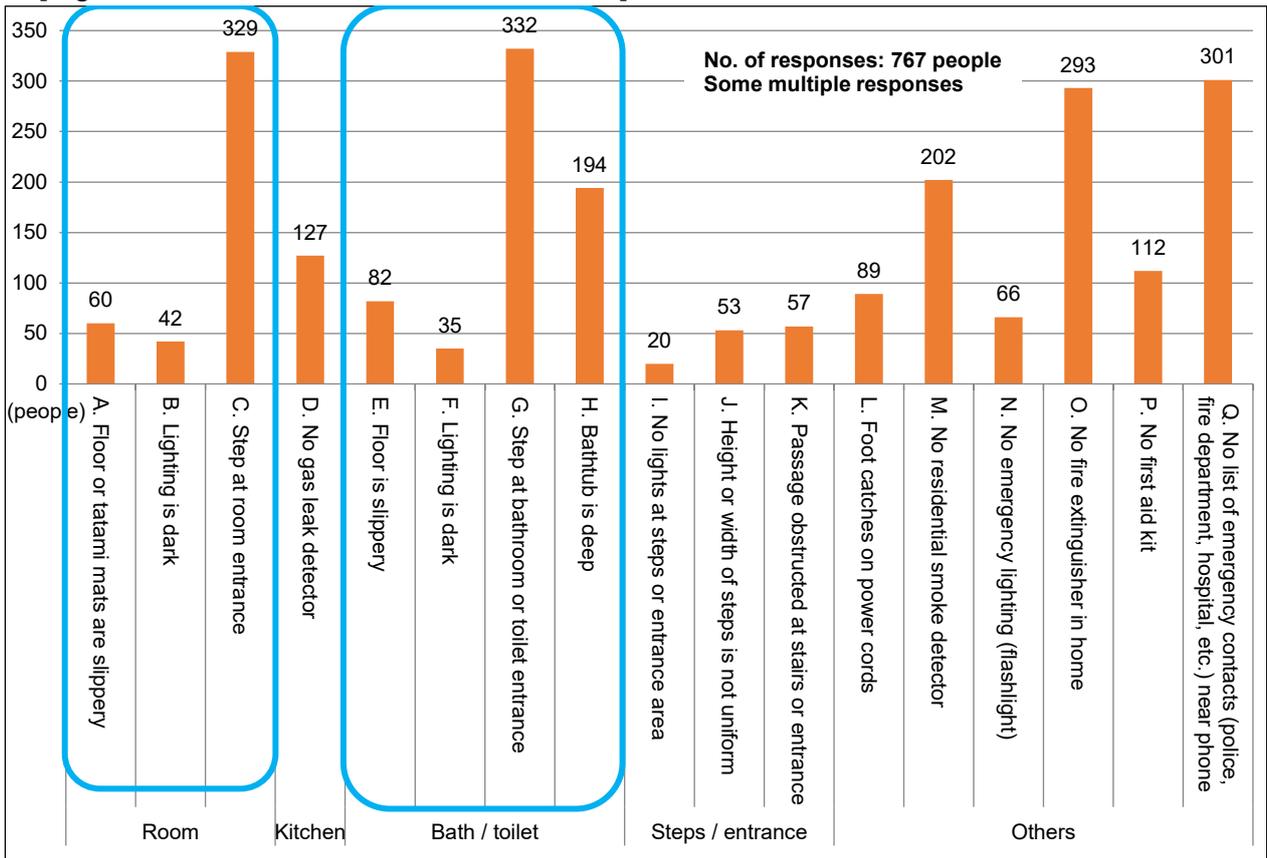
[Source] Emergency transport data (City Fire Defense Headquarters)

[Fig. 4-40 Number of emergency transports for general injuries by location (ages 65 and older) Total for FY2013 to 2017]



[Source] Emergency transport data (City Fire Defense Headquarters)

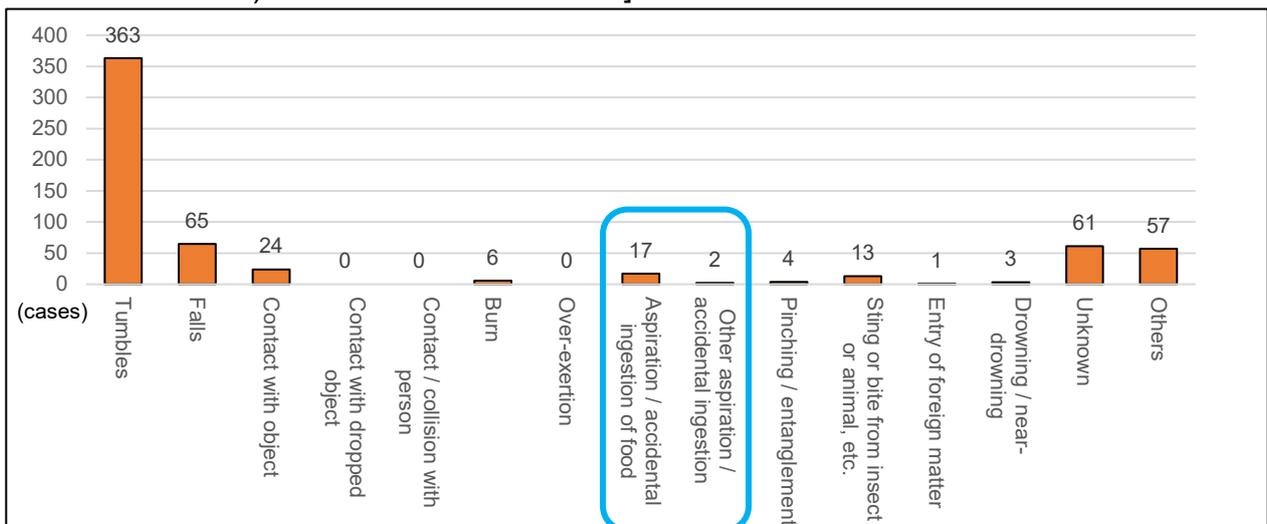
[Fig. 4-41 Situation of home environment]



[Source] Safe and Secure Community Building Questionnaire Survey (City Regional Environment Section)

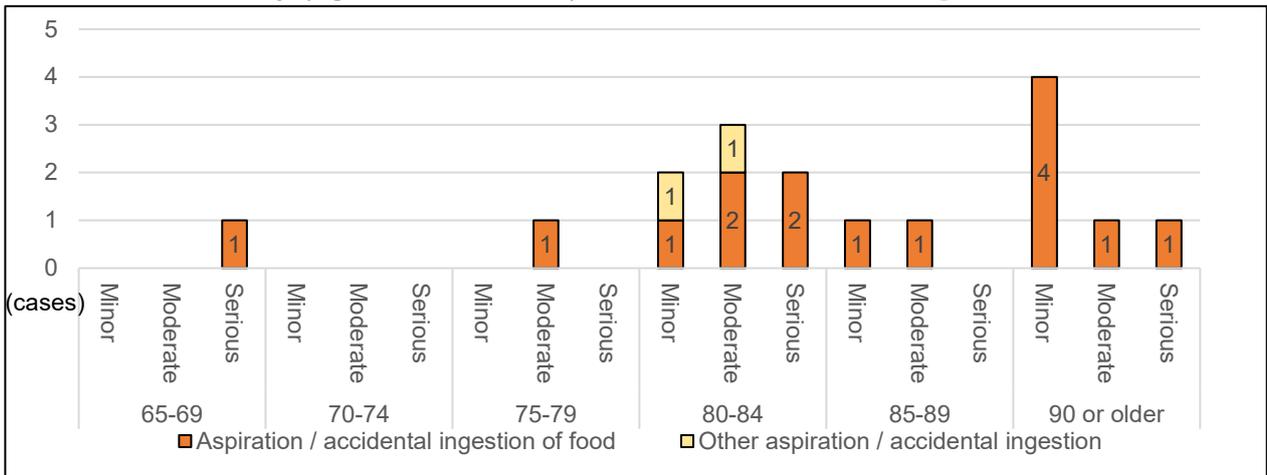
**[Problem point 2] There are many cases of aspiration and accidental ingestion by the elderly**

[Fig. 4-42 Number of emergency transports for general injuries by cause (ages 65 and older) Total for FY2013 to 2017]



[Source] Emergency transport data (City Fire Defense Headquarters)

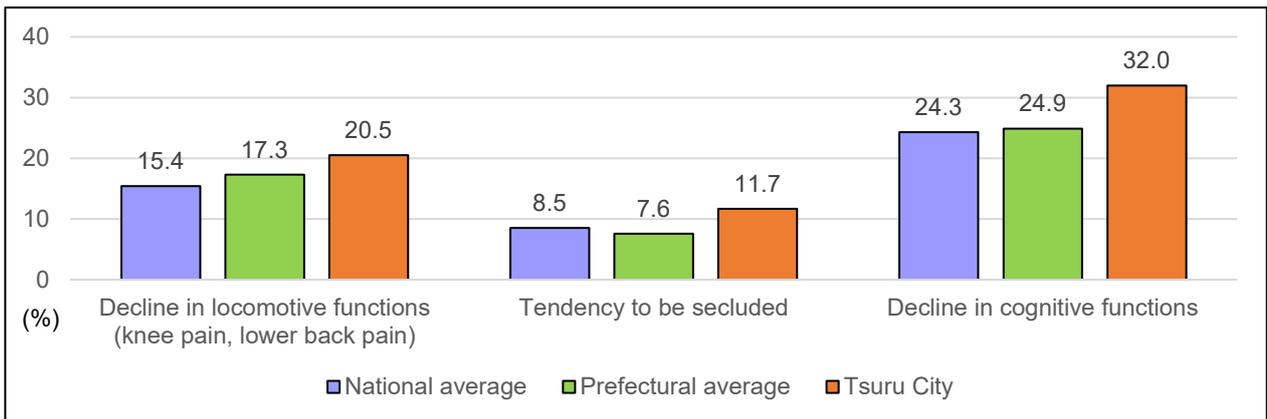
[Fig. 4-43 Number of emergency transports for aspiration and accidental ingestion by severity (ages 65 and older) Total for FY2013 to 2017]



[Source] Emergency transport data (City Fire Defense Headquarters)

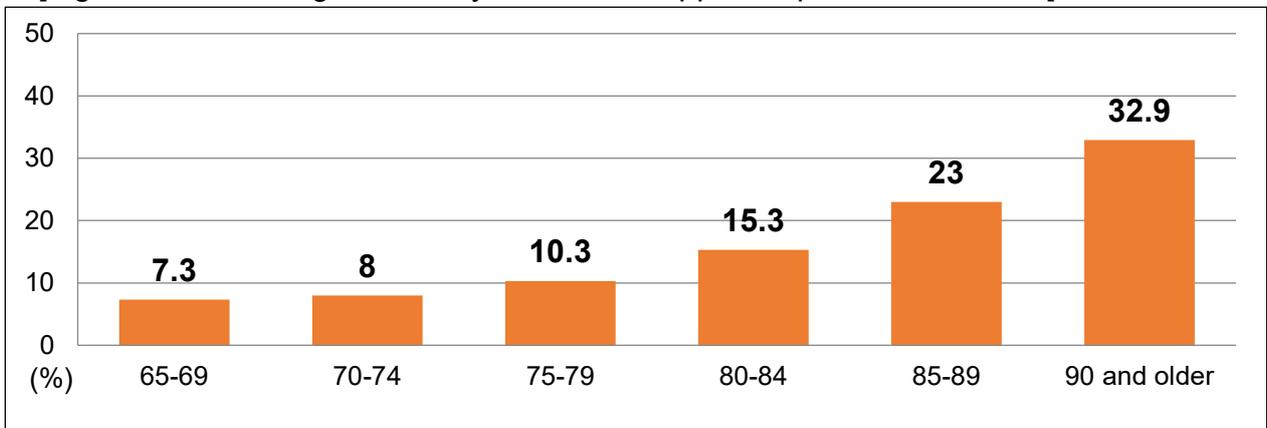
**[Problem point 3] There are risks of seclusion (mental, physical, environmental)**

[Fig. 4-44 Health challenges for elderly in Tsuru City National, Prefectural, City comparison FY2013]



[Source] FY2013 Survey of Living situation (City Long-life Care Section)

[Fig. 4-45 Percentage of elderly who need support to prevent seclusion]



[Source] FY2013 Survey of Living situation (City Long-life Care Section)

◆ **Organizing problem points and setting priority challenges**

Main problem points	Priority challenges
There are many incidents of falls and tumbles. → Most incidents occur in the home (indoors).	[Priority challenge 1] Raise awareness of the importance of a healthy body and a safe living environment in order to reduce falls and tumbles.
There are many incidents of aspiration and accidental ingestion. → The risk increases with age.	[Priority challenge 2] To reduce the risk of aspiration and accidental ingestion, provide opportunities for healthy physical activities, such as oral care exercises and conversation through social activities.
Seclusion (mental, physical, environmental) → Opportunities to go out decrease as people get older, and the number of people who tend to be secluded increases.	[Priority challenge 3] Reduce seclusion and increase social participation opportunities by building a healthy mind and body and creating safe environments.

◆ **Setting targets and programs for each priority challenge**

	Direction	Priority targets	Program
Priority challenge 1	Reduce falls in and around the home	All elderly people	(1) Promotion of “I’m Alive Today Exercises” and “Pain-free Knee Exercises”
Priority challenge 2	Promote healthy body building	Elderly people and their families	(2) Creation and promotion of home environment inspection list (leaflet) (3) Promotion of oral care
Priority challenge 3	Improving places for elderly people to gather	Elderly people and community residents	(4) Promotion and support of gathering places in the community

◆ Existing countermeasures and Taskforce Committee programs for each priority challenge and level

[Priority challenge 1]

Priority challenges	Direction	National and Prefectural level	City level	Community level
(1) Raise awareness of the importance of a healthy body and a safe living environment in order to reduce falls and tumbles.	Environment maintenance	<ul style="list-style-type: none"> <li>Long-term care insurance system (Maintenance of home environment)</li> <li>New Barrier-Free Law</li> </ul>	<ul style="list-style-type: none"> <li>Elderly welfare plan, 7th Long-term care insurance business plan</li> <li>Lending of wheelchairs</li> </ul>	
	Regulations Punishment	<ul style="list-style-type: none"> <li>Long-Term Care Insurance Act</li> </ul>		
	Education Awareness	<ul style="list-style-type: none"> <li>General preventive care</li> </ul>	<ul style="list-style-type: none"> <li>Support “E-basho” opening Support</li> <li>Dispatch physical therapists and exercise instructors</li> <li>Energetic Health Point Notebook</li> <li>Distribute free tickets to health gym</li> </ul>	<ul style="list-style-type: none"> <li>Activities at “E-basho,” salons, and senior citizen clubs, etc.</li> <li>Conduct “I’m Alive Today Exercises” and “Pain-free Knee Exercises”</li> <li>Energetic Health Point Notebook</li> <li>Independent activities using Energetic Health Point Notebook</li> </ul>
			<p><b>[Taskforce Committee] Program (1)</b>  <b>Promotion of “I’m Alive Today Exercises” and “Pain-free Knee Exercises”</b></p> <p><b>Program (2)</b>  <b>Creation and promotion of home environment inspection list (leaflet)</b></p>	
			<p><b>Support / New</b></p>	

[Priority challenge 2]

Priority challenges	Direction	National and Prefectural level	City level	Community level
(2) To reduce the risk of aspiration and accidental ingestion, provide opportunities for healthy physical activities, such as oral care exercises and conversation through social activities.	Environment maintenance	<ul style="list-style-type: none"> <li>• Long-term care insurance system (Maintenance of home environment)</li> <li>• New Barrier-Free Law</li> </ul>	<ul style="list-style-type: none"> <li>• Elderly welfare plan, 7th Long-term care insurance business plan</li> </ul>	
	Regulations Punishment	<ul style="list-style-type: none"> <li>• Long-Term Care Insurance Act</li> </ul>		
	Education Awareness	<ul style="list-style-type: none"> <li>• General preventive care</li> </ul>	<ul style="list-style-type: none"> <li>• Support “E-basho” opening Support</li> <li>• Dispatch physical therapists and exercise instructors</li> <li>• Energetic Health Point Notebook</li> </ul>	<ul style="list-style-type: none"> <li>• Activities at “E-basho,” salons, and senior citizen clubs, etc.</li> <li>• Implementation of “Healthy Mouth Exercises”</li> <li>• Energetic Health Point Notebook</li> <li>• Independent activities using Energetic Health Point Notebook</li> </ul>
	<p><b>[Taskforce Committee] Program (3)</b>  <b>Promotion of oral care</b></p>			

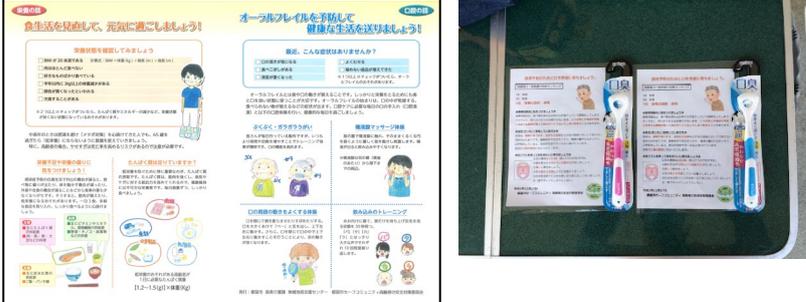
[Priority challenge 3]

Priority challenges	Direction	National and Prefectural level	City level	Community level
(3) Reduce seclusion and increase social participation opportunities by building a healthy mind and body and creating safe environments.	Environment maintenance	<ul style="list-style-type: none"> <li>• Long-Term Care Insurance Act</li> <li>• Road Transportation Act</li> </ul>	<ul style="list-style-type: none"> <li>• Elderly welfare plan, 7th Long-term care insurance business plan</li> </ul>	
	Regulations Punishment	<ul style="list-style-type: none"> <li>• Long-Term Care Insurance Act</li> </ul>		
	Education Awareness	<ul style="list-style-type: none"> <li>• General preventive care</li> </ul>	<ul style="list-style-type: none"> <li>• Support “E-basho” opening Support</li> <li>• Dispatch physical therapists and exercise instructors</li> <li>• Energetic Health Point Notebook</li> <li>• Distribute free tickets to health gym</li> </ul>	<ul style="list-style-type: none"> <li>• Activities at “E-basho,” salons, and senior citizen clubs, etc.</li> <li>• Conduct “I’m Alive Today Exercises” and “Pain-free Knee Exercises”</li> <li>• Energetic Health Point Notebook</li> <li>• Independent activities using Energetic Health Point Notebook</li> </ul>
	<p><b>[Taskforce Committee] Program (4)</b>  <b>Promotion and support of gathering places in the community</b></p>			

◆ Taskforce Committee programs

Program (1) Promotion of “I’m Alive Today Exercises” and “Pain-free Knee Exercises”		
Description of program	<ul style="list-style-type: none"> <li>Promote exercises with educational flyer and community newsletter circular</li> <li>Using DVD, exercise together at Kayoi-no-ba</li> </ul>	
Targets	Community residents, Kayoi-no-ba participants	
Organizers	Taskforce Committee	
Programs to date	<ul style="list-style-type: none"> <li>Broadcast on CATV every day (10 a.m., noon, 3 p.m.)</li> <li>Created leaflet</li> <li>Conducted questionnaire survey to grasp situation</li> </ul> 	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>Created leaflet</li> <li>Conducting of questionnaire survey</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Promotion of “I’m Alive Today Exercises” and “Pain-free Knee Exercises”	Number of flyers distributed Number of promotion activities conducted
	2018 (start of program)	2020
	—	People who know “I’m Alive Today Exercises” and “Pain-free Knee Exercises” 42.7% (Taskforce Committee questionnaire survey 73 people/171 people)
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Percentage of people who do “I’m Alive Today Exercises” and “Pain-free Knee Exercises”	Measurement of physical strength (places where elderly gather such as “I-Basho”), survey
	2018 (start of program)	2020
	—	People who are improving physical functions and creating awareness to avoid falling 69.0% (Taskforce Committee questionnaire survey 118 people/171 people)
[Situation] Long-term indicator	Description	Measurement method
	Number of emergency transports for falls/tumbles	Emergency transport data
	2018 (start of program)	2020
	65 and older Falls: 89 incidents, tumbles: 8 incidents	* Currently tabulating

Program (2) Creation and promotion of home environment inspection list (leaflet)		
Description of program	Confirm living environment with inspection list (leaflet)	
Targets	Elderly people and their families	
Organizers	Taskforce Committee	
Programs to date Program	<ul style="list-style-type: none"> <li>• Creation of leaflets</li> <li>• Conducted questionnaire survey to grasp situation</li> </ul>	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Creation and distribution of leaflets</li> <li>• Conducting of questionnaire survey</li> <li>• Discussions with City's section in charge</li> <li>• Collection of information on gathering places for the elderly and provision of information to other Taskforce Committees</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Promotion of living environment maintenance and fall/tumble prevention	Number of leaflets distributed Number of promotion activities conducted
	2018 (start of program)	2020
—	People who know that “falls” are the most common cause of emergency transports for general injuries 42.7% (Taskforce Committee questionnaire survey 73 people/171 people)	
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Percentage of people who have improved living environment, or who have taken measures to prevent falls/tumbles	Survey
	2018 (start of program)	2020
—	People who have taken measures to prevent falls/tumbles in the home and outside 61.4%(Taskforce Committee questionnaire survey 105 people/171 people)	
[Situation] Long-term indicator	Description	Measurement method
	Number of emergency transports for falls/tumbles	Emergency transport data
	2018 (start of program)	2020
65 and older Falls: 89 incidents, tumbles: 8 incidents	* Currently tabulating	

Program (3) Promotion of oral cavity care		
Description of program	Promote how to brush teeth, how to use toothbrush, healthy mouth exercises	
Targets	All elderly people	
Organizers	Taskforce Committee	
Programs to date	<ul style="list-style-type: none"> <li>• Creation of leaflets</li> <li>• Creation and distribution of flyers</li> <li>• Distribution of oral cavity care goods</li> <li>• Conducted questionnaire survey to grasp situation</li> </ul> 	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Creation and distribution of leaflets and flyers</li> <li>• Conducting of questionnaire survey</li> <li>• Discussions with City's section in charge</li> <li>• Collection of information on gathering places for the elderly and provision of information to other Taskforce Committees</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Promotion of oral frailty prevention	Number of leaflets distributed Number of promotion activities conducted
	2018 (start of program)	2020
	—	Oral cavity care flyer and goods Approx. 180 sets distributed
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Percentage of people conducting oral frailty prevention	Survey
	2018 (start of program)	2020
	—	People conducting oral exercises 33.9% (Taskforce Committee questionnaire survey 58 people/171 people) People who visit the dentist regularly 55.6% (Taskforce Committee questionnaire survey 95 people/171 people)
[Situation] Long-term indicator	Description	Measurement method
	Number of emergency transports for aspiration or accidental ingestion	Emergency transport data
	2018 (start of program)	2020
	65 and older Accidental ingestion of food, aspiration 11 incidents	* Currently tabulating

<b>Program (4) Promotion and support of gathering places in the community</b>		
Main problem points	Seclusion (mental, physical, environmental) → As people get older, they have fewer opportunities to go out, and the number of people who tend to stay indoors increases.	
Target	Improve places for elderly people to gather	
Description of program	Create and distribute map of Kayoi-no-ba gathering places	
Targets	Community residents, Kayoi-no-ba participants	
Organizers	Taskforce Committee	
Programs to date	<ul style="list-style-type: none"> <li>• Create booklet containing addresses of Kayoi-no-ba “E-basho” locations and information on activities, etc.</li> <li>• Conducted questionnaire survey to grasp situation</li> </ul>	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Creation and distribution of booklet</li> <li>• Conducting of questionnaire survey</li> <li>• Collection of information on gathering places for the elderly and provision of information to other Taskforce Committees</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Promotion of Kayoi-no-ba and public transportation means	Number of booklets and district-specific lists distributed, and number of promotional activities conducted
	2018 (start of program)	2020
	—	Know about “E-basho” 39.8% (Taskforce Committee questionnaire survey 68 people/171 people)
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Percentage of people who are aware of gathering places, such as Kayoi-no-ba	Survey
	2018 (start of program)	2020
	—	People who participated in gathering place in past year 46.8% (Taskforce Committee questionnaire survey 80 people/171 people) People who participated once or more a week 30.0% (Taskforce Committee questionnaire survey 24 people/80 people)
[Situation] Long-term indicator	Description	Measurement method
	Number of Kayoi-no-ba, number of participants	City Comprehensive Support Center statistics
	2018 (start of program)	2020
	Number of locations 22, total number of participants 5,329 people	Number of locations 25

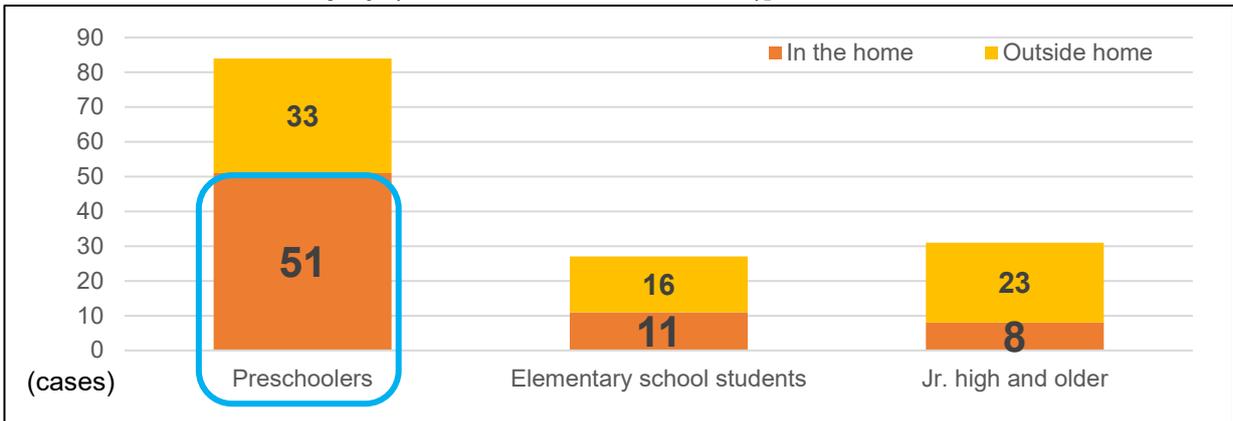


## (5) Parent and Child Safety

### ◆ Objective problems based on data

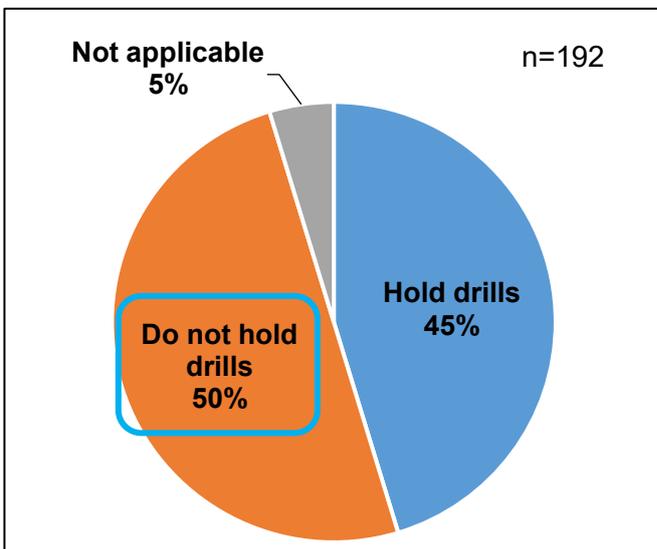
[Problem point 1] Accidents and injuries are occurring in the home during the preschooler stage. Homes with preschoolers should take sufficient safety measures.

[Fig. 4-46 Number of emergency transports due to general injuries by age group and location of injury (Total for FY2013 to 2017)]



[Source] Emergency transport data (City Fire Defense Headquarters)

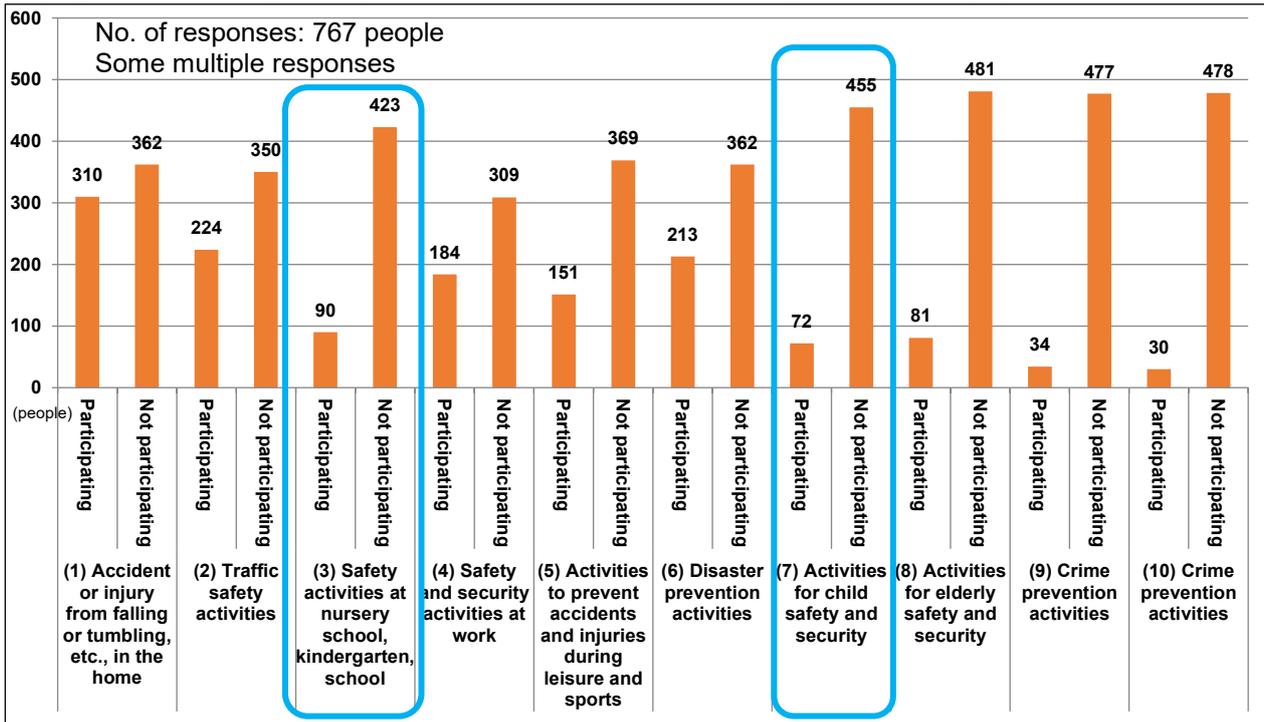
[Fig. 4-47 Have you taken means to prevent your child from opening the bathroom door by himself/herself?]



\* Image of Japanese bathroom

[Source] FY2017 Data from Infant health Exam (18 months) (City Health and Childcare Section)

[Fig. 4-48 Have you implemented measures for safety and security?]

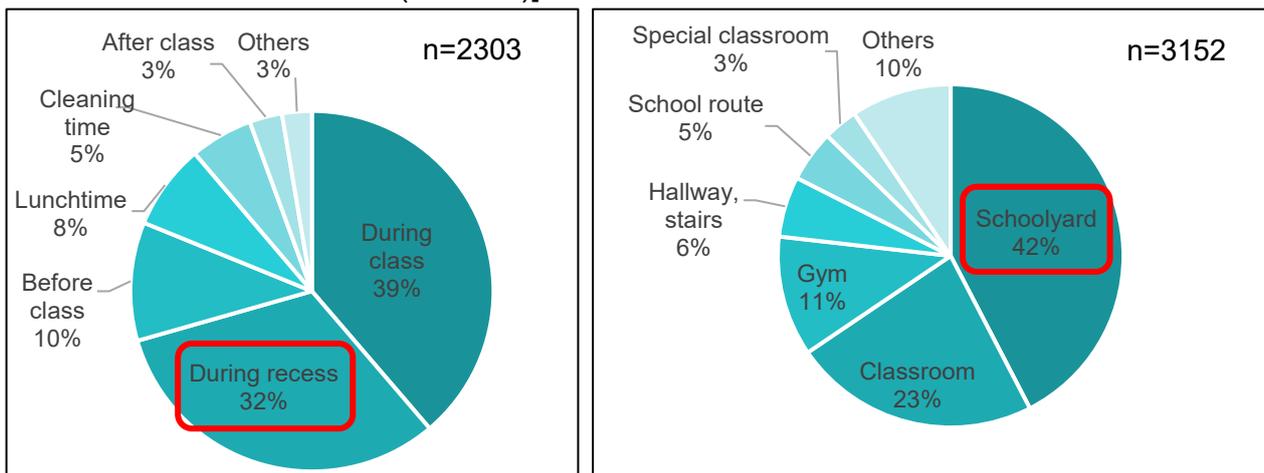


[Source] Safe and Secure Community Building Questionnaire Survey (City Regional Environment Section)

**[Problem point 2] For elementary and junior high school students, better measures must be implemented to prevent injuries at school.**

Left [Fig. 4-49 Percentage of injuries during school life by scene, Elementary school students (FY2019)]

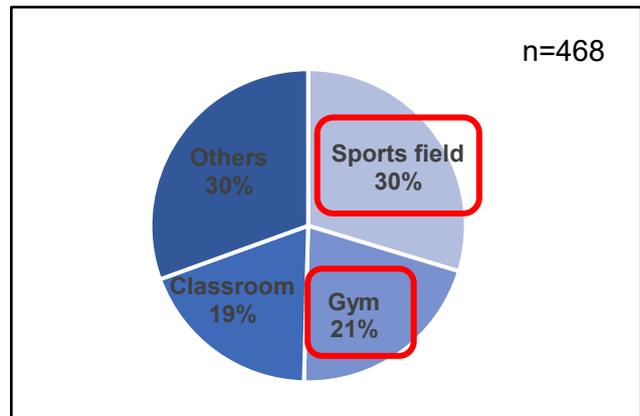
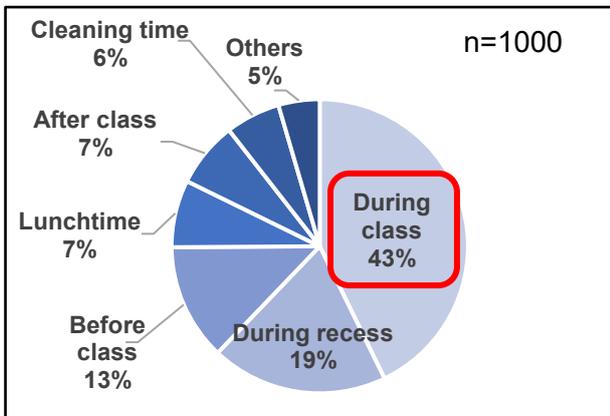
Right [Fig. 4-50 Percentage of injuries during school life by place, Elementary school students (FY2019)]



[Source] SY2019 Elementary School Infirmary visit records (Data from school infirmaries at elementary schools in the city)

Left [Fig. 4-51 Percentage of injuries during school life by scene, Junior high school students (FY2019)]

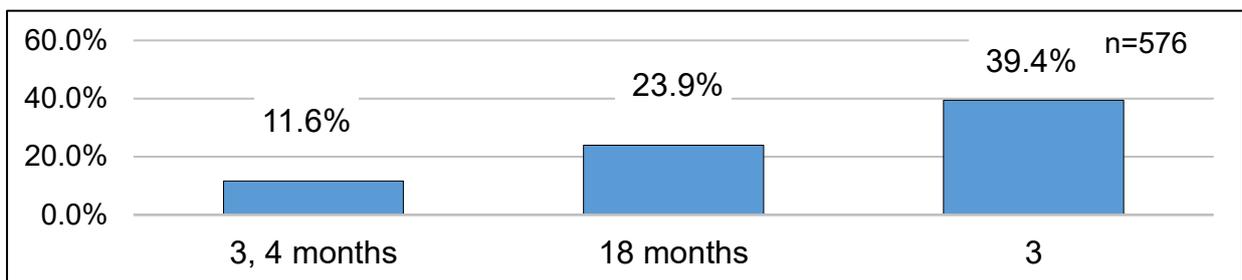
Right [Fig. 4-52 Percentage of injuries during school life by place, Junior high school students (FY2019)]



[Source] SY2019 Elementary School Infirmary visit records (Data from school infirmaries at elementary schools in the city)

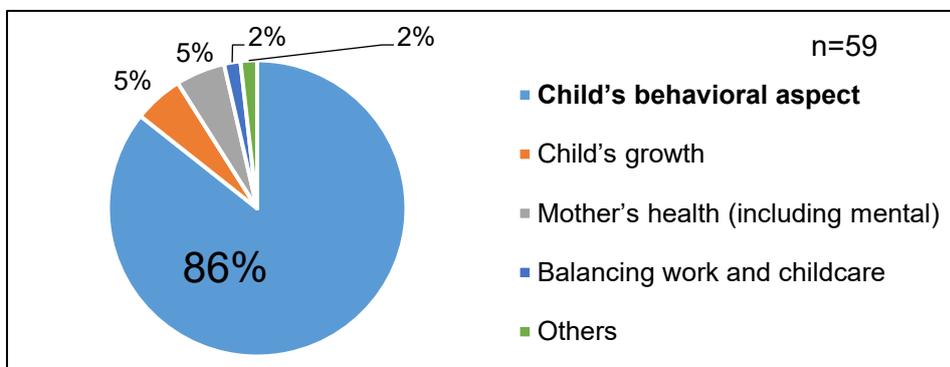
**[Problem point 3] There are few places where parents with preschoolers can freely talk and seek advice. The percentage of parents who feel concerns about parenting increases with the child's age.**

[Fig. 4-53 Percentage of parents who find parenting difficult]



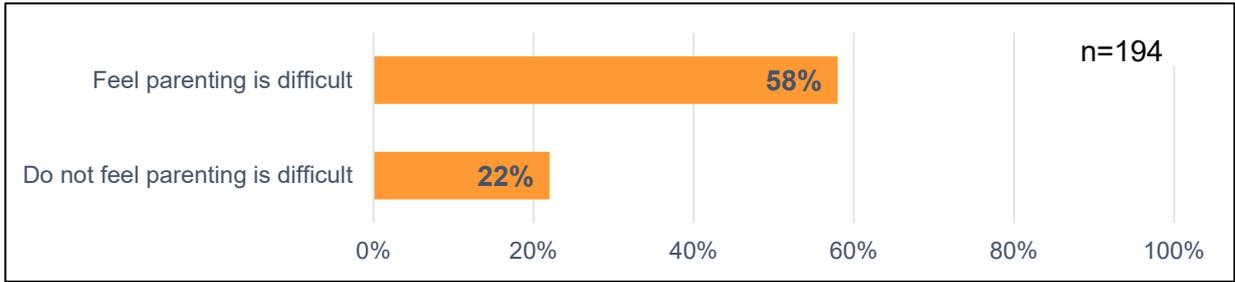
[Source] FY2017 Data from Infant health exam (City Health and Childcare Section)

[Fig. 4-54 Factors that make parents find parenting difficult, 3-year exam]



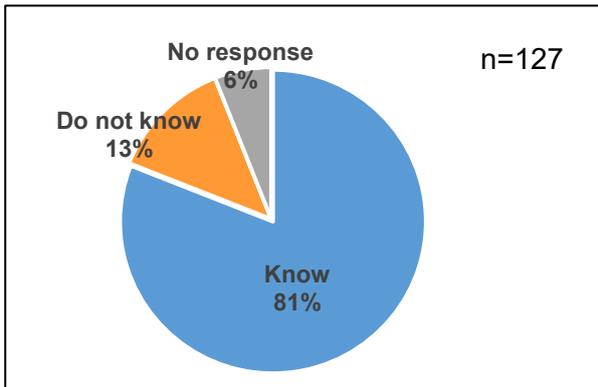
[Source] FY2017 Data from Infant health exam (City Health and Childcare Section)

[Fig. 4-55 Relationship of parenting difficulties and abuse]



[Source] FY2017 Data from Infant health exam (City Health and Childcare Section)

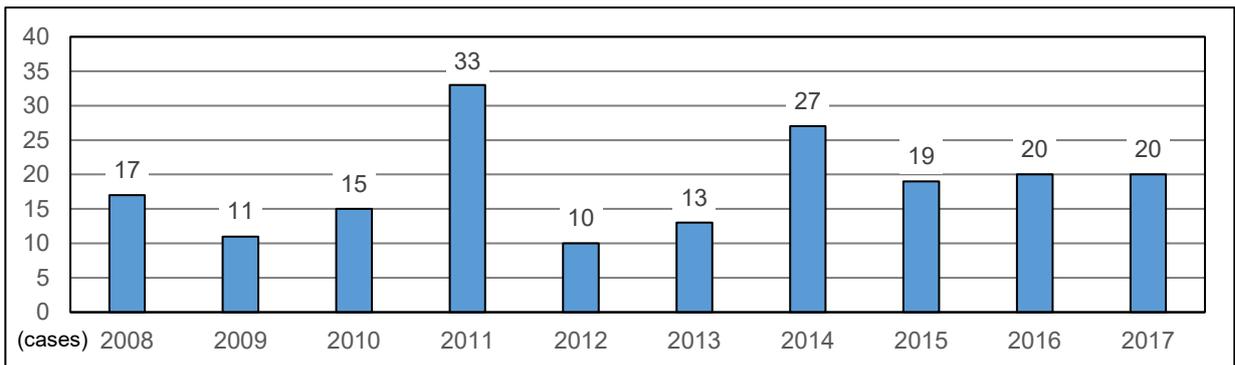
[Fig. 4-56 When you are having trouble with parenting, do you have a solution, such as someone to talk to?]



[Source] FY2017 Data from Infant health exam (City Health and Childcare Section)

**[Problem point 4] There are many cases of child abuse. There is a need for correct recognition of abuse and adequate measures to prevent it.**

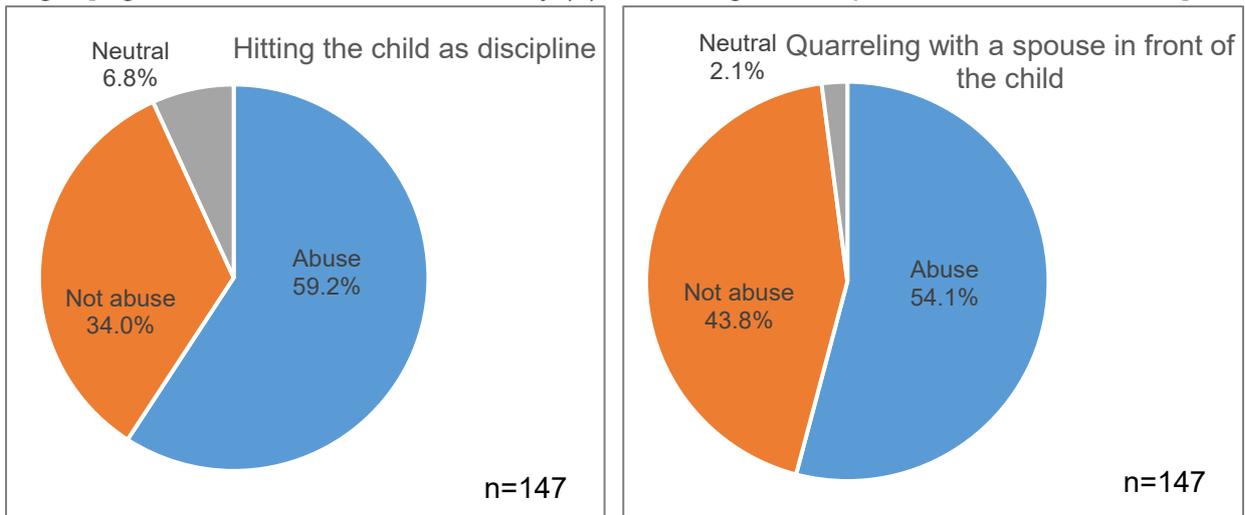
[Fig. 4-57 Number of child abuse cases received by fiscal year FY2008-2017]



[Source] City, Town and Village Survey on Abuse (City Health and Childcare Section)

Left [Fig. 4-58 Abuse Awareness Survey (1) Hitting the child as discipline]

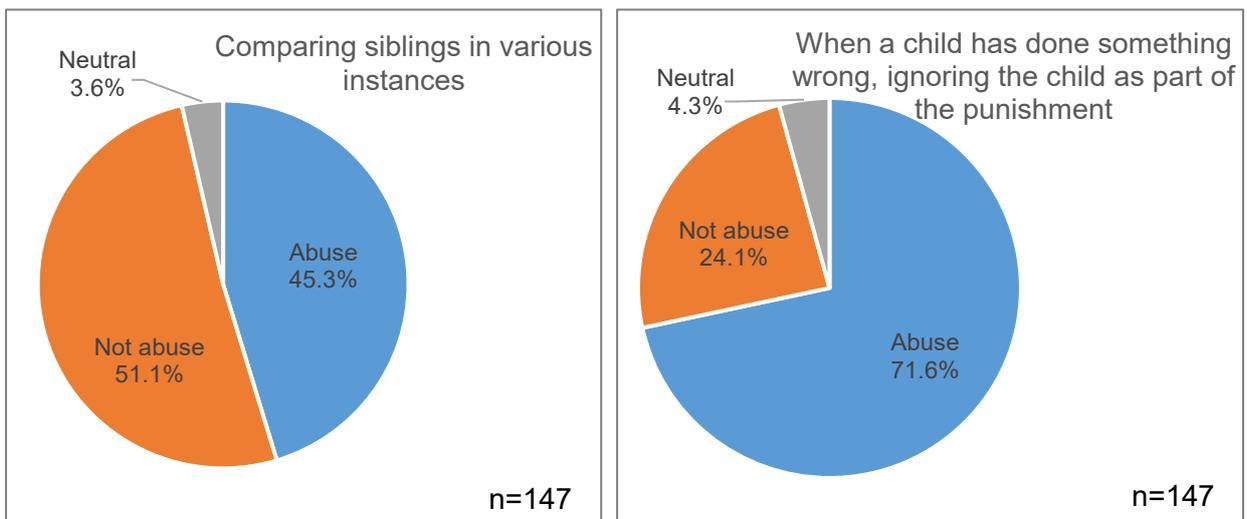
Right [Fig. 4-59 Abuse Awareness Survey (2) Quarreling with a spouse in front of the child]



[Source] Survey on Awareness of Abuse, FY2019 Industrial Festival (Parent and Child Safety Taskforce Committee)

Left [Fig. 4-60 Abuse Awareness Survey (3) Hitting the child as discipline]

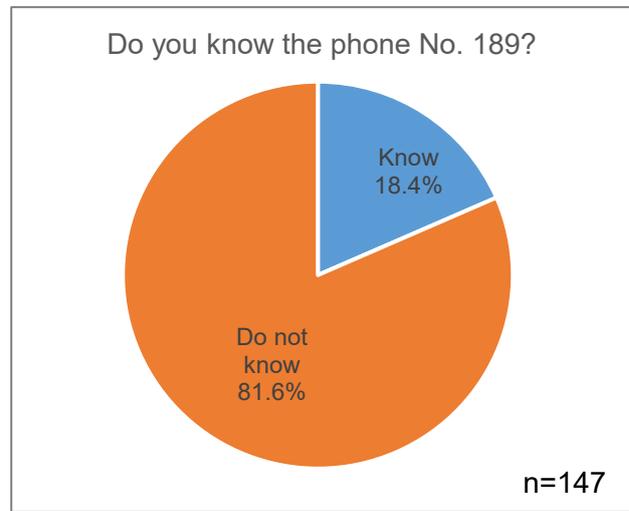
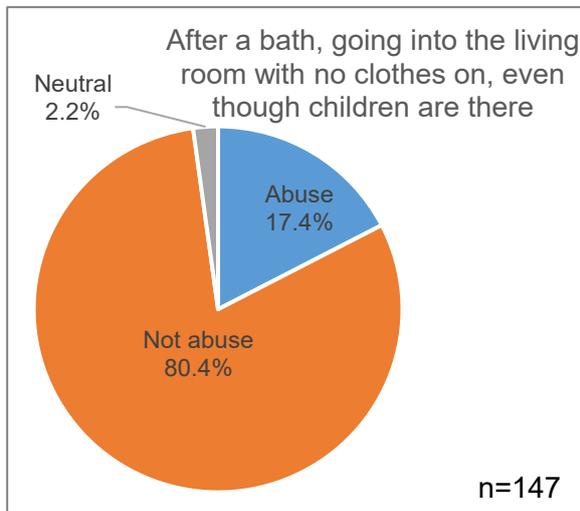
Right [Fig. 4-61 Abuse Awareness Survey (4) When a child has done something wrong, ignoring the child as part of the punishment]



[Source] Survey on Awareness of Abuse, FY2019 Industrial Festival (Parent and Child Safety Taskforce Committee)

Left [Fig. 4-62 Abuse Awareness Survey (5) After a bath, going into the living room with no clothes on, even though children are there]

Right [Fig. 4-63 Abuse Awareness Survey (6) Do you know the phone No. 189 (Child Abuse consultation phone number)?]



[Source] Survey on Awareness of Abuse, FY2019 Industrial Festival (Parent and Child Safety Taskforce Committee)

◆ Organizing problem points and setting priority challenges

Main problem points	Priority challenges
Accidents and injuries are occurring in the home during the preschooler stage. Homes with preschoolers should take sufficient safety measures.	[Priority challenge 1] Raise awareness of parents with preschoolers and improve the home environment to reduce accidents and injuries in homes with preschoolers.
For elementary and junior high school students, better measures must be implemented to prevent injuries at school.	[Priority challenge 2] Analyze how students spend time at school and raise student's awareness of their own safety.
There are few places where parents with preschoolers can freely talk and seek advice. The percentage of parents who feel concerns about parenting increases with the child's age.	[Priority challenge 3] Promote places where parents raising children can easily seek help.
There are many cases of child abuse. Sufficient measures must be taken to inform the public of proper recognition of abuse and adequate measures to prevent it.	[Priority challenge 4] Promote correct information regarding abuse to citizens.

◆ **Setting targets and programs for each priority challenge**

	Target	Program
Priority challenge 1	Reduce accidents and injuries in homes with preschoolers.	Conduct questionnaire survey on close calls.
Priority challenge 2	Reduce injuries occurring at school.	Analyze injuries that occur at school, and raise awareness among elementary and junior high school students.
Priority challenge 3	Eliminate difficulties and concerns about parenting.	Promote childcare consultation services.
Priority challenge 4	Reduce child abuse.	Raise awareness of correct knowledge about abuse and promote consultation services.

◆ **Existing countermeasures and Taskforce Committee programs for each priority challenge and level**

[Priority challenge 1]

Priority challenges	Direction	National and Prefectural level	City level	Community level
(1) Raise awareness of parents with preschoolers and improve the home environment to reduce accidents and injuries in homes with preschoolers.	Environment maintenance	<ul style="list-style-type: none"> <li>#8000 Emergency Telephone Consultation for Children</li> </ul>		<ul style="list-style-type: none"> <li>Accident prevention measures in each home (Installation of fences at stairways, etc.)</li> </ul>
	Regulations Punishment			
	Education Awareness	<ul style="list-style-type: none"> <li>Project to Prevent Child Accidents [Office of Consumer Affairs, Ministry of Health, Labour and Welfare]</li> <li>Preparation of Child Accident Prevention Handbook, Yamanashi Childcare Handbook [Yamanashi Prefecture]</li> </ul>	<ul style="list-style-type: none"> <li>Baby Plaza (One-point lessons on child development and risk prevention)</li> <li>7-month infant health examination (distribution of risk prevention flyer, Yamanashi Childcare Handbook)</li> <li>Promotion at infant health exams</li> </ul>	
			<b>[Taskforce Committee] Program (1)</b> <b>Conduct questionnaire survey on close calls.</b>	<div style="border: 1px solid black; border-radius: 10px; padding: 5px; display: inline-block;"> <b>New</b> </div>

[Priority challenge 2]

Priority challenges	Direction	National and Prefectural level	City level	Community level
(2) Analyze how students spend time at school and raise student's awareness of their own safety.	Environment maintenance		<ul style="list-style-type: none"> <li>• Periodic inspection of school facilities and playground equipment</li> </ul>	<ul style="list-style-type: none"> <li>• Maintenance of school environment by PTA</li> </ul>
	Regulations Punishment			
	Education Awareness	<ul style="list-style-type: none"> <li>• Preparation of Crime Prevention Handbook covering school routes in the community [Yamanashi Prefecture]</li> </ul>	<ul style="list-style-type: none"> <li>• Warm-up exercises before PE and sports club activities</li> <li>• Right-way travel in halls</li> <li>• Health Education (Injury prevention, Grade 5)</li> <li>• Increase prevention awareness with "Health Newsletter"</li> <li>• Instruction during School Infirmary visit</li> <li>• Promotional activities by student councils, etc.</li> </ul>	
				<p><b>[Taskforce Committee] Program (2)</b></p> <p><b>Analysis of injuries occurring at school and promotion among elementary and junior high school students</b></p>

[Priority challenge 3]

Priority challenges	Direction	National and Prefectural level	City level	Community level
(3) Promote places where parents raising children can easily seek help.	Environment maintenance	<ul style="list-style-type: none"> <li>• Childcare consultations at Pre/Post-Natal Care Center (24-hours/365 days)</li> </ul>	<ul style="list-style-type: none"> <li>• General Support Center for Parenting Generation</li> </ul>	
	Regulations Punishment			
	Education Awareness	<ul style="list-style-type: none"> <li>• Preparation of Yamanashi Childcare Handbook [Yamanashi Prefecture]</li> </ul>	<ul style="list-style-type: none"> <li>• Prenatal consultations</li> <li>• Consultations during infant health exams</li> <li>• Development consultations, maternal mental health consultations</li> <li>• Consultations during various classes</li> <li>• Preparation of Parenting Support Guidebook and parenting website</li> </ul>	<ul style="list-style-type: none"> <li>• Parenting support group</li> <li>• Consultations by chief child welfare officers</li> </ul>
				<p><b>[Taskforce Committee] Program (3)</b></p> <p><b>Promote childcare consultation services.</b></p>

[Priority challenge 4]

Priority challenges	Direction	National and Prefectural level	City level	Community level
(4) Promote correct information regarding abuse to citizens.	Environment maintenance			
	Regulations Punishment	<ul style="list-style-type: none"> <li>• Laws on child abuse prevention</li> </ul>		
	Education Awareness	<ul style="list-style-type: none"> <li>• Preparation of leaflet on child abuse prevention (Ministry of Health, Labour and Welfare)</li> <li>• Preparation of Yamanashi Childcare Handbook</li> <li>• Preparation of Yamanashi Childcare Handbook and website, etc.</li> <li>• Distribution of leaflets on child abuse prevention, holding of lectures, broadcasting of commercials on child abuse [Yamanashi Prefecture]</li> </ul>	<ul style="list-style-type: none"> <li>• Promotion on childcare/parenting websites</li> <li>• Distribution of leaflets at various events, awareness survey on abuse</li> <li>• Distribution of Yamanashi Childcare Handbook</li> <li>• Installation of various consultation services</li> <li>• Promotion of Child Abuse consultation phone number #189</li> </ul>	<ul style="list-style-type: none"> <li>• Reports from neighbors</li> </ul>
		<div style="text-align: right; border: 1px solid black; border-radius: 10px; padding: 5px; display: inline-block;">Support</div> <p><b>[Taskforce Committee]</b>  <b>Program (4)</b>  <b>Raising awareness of correct knowledge about abuse and promotion of consultation services</b></p>		

◆ Taskforce Committee programs

Program (1) Questionnaire Survey on Close Calls (Hiyari-Hatto)		
Description of program	Conduct questionnaire survey on close-call incidents in the home (i.e., places or situations where the child was injured or almost injured). Through this, increase awareness of close calls, and help to plan measures to prevent preschooler accidents.	
Targets	Parents of preschoolers	
Organizers	Taskforce Committee	
Programs to date Program	Ask nursery schools and accredited childcare centers to conduct questionnaire survey on close call incidents.	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Conduct questionnaire survey ⇒ Collect examples of close calls, and plan measures to prevent preschooler injuries.</li> <li>• Distribute flyer, etc., to inform parents of preschoolers.</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Parents understand hazard spots in the home	Number of accident prevention measures based on questionnaire survey that are disseminated (Number of flyers distributed)
	2018 (start of program)	2020
	[City] • Baby Plaza (accident prevention) promotions: 2 times (Number of flyers distributed: 31) • 7-month infant health examination promotions: 12 times (Number of flyers distributed: 196)	<ul style="list-style-type: none"> <li>• Conducted questionnaire survey on “Preschooler accident prevention and injuries” (Request to nursery schools and accredited childcare facilities in city) Distributed to 697 households, collected from 598 households (October to November 2020) ⇒ Identify cases with a high number of occurrences, prepare a flyer on measures to prevent accidents, and provide feedback. ⇒ Scheduled for distribution in March 021 at each school and at infant health exams.</li> </ul>
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Parents’ awareness of injuries has changed, and measures have been applied.	Percentage of people who have implemented prevention measures in the home
	2018 (start of program)	2020
	Have you taken means to prevent your child from opening the bathroom door by himself/herself? Yes: 45% / No: 50% (FY2017 Data from Infant health exam)	Awareness of the top five close call events and status of countermeasures (Questionnaire survey on preschooler accident prevention and injuries) (1) Pinching finger in a door or window, etc. Percentage of close calls 33.1% Percentage of awareness 61.0% (2) Falls from sofa or bed Percentage of close calls 22.9%

		Percentage of awareness 39.0% Percentage of people implementing measures 37.6% (3) Cuts or bruises on furniture corners, etc. Percentage of close calls 20.7% Percentage of awareness 48.2% (4) Falls or tumbles while out (Other than bicycle) Percentage of close calls 15.6% Percentage of awareness 54.2% Percentage of people implementing measures 83.8% (5) Accidents while bathing (falls, drowning) Percentage of close calls 15.4% Percentage of awareness 62.4% Percentage of people implementing measures 63.4%
[Situation] Long-term indicator	Description	Measurement method
	Reduce injuries occurring in the home	Number of emergency transports for injuries sustained in the home
	2018 (start of program)	2020
	Number of emergency transports for general injuries FY2017 14 incidents (ages 0-4) / 8 incidents (ages 5-9)	* Currently tabulating

<b>Program (2) Analysis of injuries occurring at school, and promotion among elementary and junior high school students</b>	
Description of program	The Taskforce Committee will collect and analyze data on visits to the school infirmary and prepare materials for students that show the situation of injuries occurring in the school. The materials will be provided to the Student Liaison Council to raise the issue of injuries occurring at school so that the students themselves can identify risk areas within their schools and think about and implement measures to prevent injuries.
Targets	Elementary and junior high school students
Organizers	Taskforce Committee, elementary and junior high school students

<p>Programs to date Program</p>	<ul style="list-style-type: none"> <li>• In FY2019, data on visits to the school infirmary was collected and analyzed. Materials for students were prepared based on the results to show the situation of injuries occurring in the school.</li> <li>• At the Student Liaison Council, information on the Safe Community and materials showing the situation of injuries occurring in the school were provided. Calls were made for programs on injury prevention.</li> <li>• At each elementary and junior high school, the students conducted investigations on the cause of injuries, etc. Measures for injury prevention were studied, and the situation of the programs were reported at the Leader Summit. (The Leader Summit was canceled, so only materials were prepared.)</li> </ul> <div style="display: flex; justify-content: space-around;">   </div>	
<p>Taskforce Committee involvement</p>	<ul style="list-style-type: none"> <li>• Analysis of occurrence situation and trends of injuries sustained at all schools in the city.</li> <li>• Provision and promotion of information to each school.</li> </ul>	
<p>[Awareness and knowledge] Short-term indicator</p>	<p>Description</p>	<p>Measurement method</p>
	<p>Number of schools that analyzed injuries</p>	<p>Taskforce Committee investigation</p>
	<p>2018 (start of program) Only ascertained at each school</p>	<p>2020 11 schools (8 elementary schools, 3 junior high schools)</p>
<p>[Attitude and behavior] Mid-term indicator</p>	<p>Description</p>	<p>Measurement method</p>
	<p>Number of schools implementing programs to prevent injuries</p>	<p>Questionnaire survey of student councils</p>
	<p>2018 (start of program)  <ul style="list-style-type: none"> <li>• Periodic inspection of school facilities and playground equipment</li> <li>• Warm-up exercises before PE and sports club activities</li> <li>• Increase awareness with “Health Newsletter”</li> <li>• Instruction during School Infirmary visit</li> </ul>           Programs are mostly led by teachers         </p>	<p>2020            Programs to prevent injuries at school were started by 11 student councils         </p>
<p>[Situation] Long-term indicator</p>	<p>Description</p>	<p>Measurement method</p>
	<p>Number of injuries occurring at school</p>	<p>School infirmary visit records</p>
	<p>2018 (start of program)            Elementary schools 3,964 incidents,            Junior high schools 686 incidents            (FY2018 School infirmary visit records from April to January)         </p>	<p>2020            Elementary schools 3,251 incidents,            Junior high schools 1,000 incidents (FY2019 School infirmary visit records)         </p>

<b>Program (3) Promotion of childcare consultation services</b>		
Description of program	Promote childcare consultation services	
Targets	Parents with children, nursery schools, Childcare Support Center	
Organizers	Taskforce Committee, City	
Programs to date Program	* Currently focusing on other programs	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Identification of various consultation services</li> <li>• Analysis of awareness of childcare consultation services with questionnaire as part of the Health Promotion Plan, etc.</li> <li>• Creation and distribution of awareness-raising flyers and posters</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Awareness of childcare consultation services	Number of childcare consultation services promoted (Number of flyers distributed)
	2018 (start of program)	2020
	[City] <ul style="list-style-type: none"> <li>• Promote government's consultation services with childcare/parenting websites and posters, etc.</li> <li>• Promote government's consultation services to childcare-supporting organizations.</li> <li>• Create opportunities to share information about the activities of each childcare-supporting organization.</li> </ul>	(Future direction) <ul style="list-style-type: none"> <li>• Consider creating and distributing posters and other materials that show not only the government but also community childcare consultation services at a glance.</li> <li>• Awareness will be calculated and analyzed from the Health Promotion Plan questionnaire survey that is being implemented.</li> </ul>
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Number of consultation service visits	Tally of number of consultation visits at each service
	2018 (start of program)	2020
	[City] Number of consultation visits: 1935 visits ( In-person consultations, phone consultations, visits, classes, Hidamari consultations, Sukoyaka consultations, postnatal care center)	[City] Number of consultation visits: 1425 visits ( In-person consultations, phone consultations, visits, classes, Hidamari consultations, Sukoyaka consultations, postnatal care center)
[Situation] Long-term indicator	Description	Measurement method
	Percentage of people who have a solution, such as someone to talk to	Infant health exam medical history form (4 months, 18 months, 3 year 6 months)
	2018 (start of program)	2020
	79% (FY2018 Infant Health Exams)	—

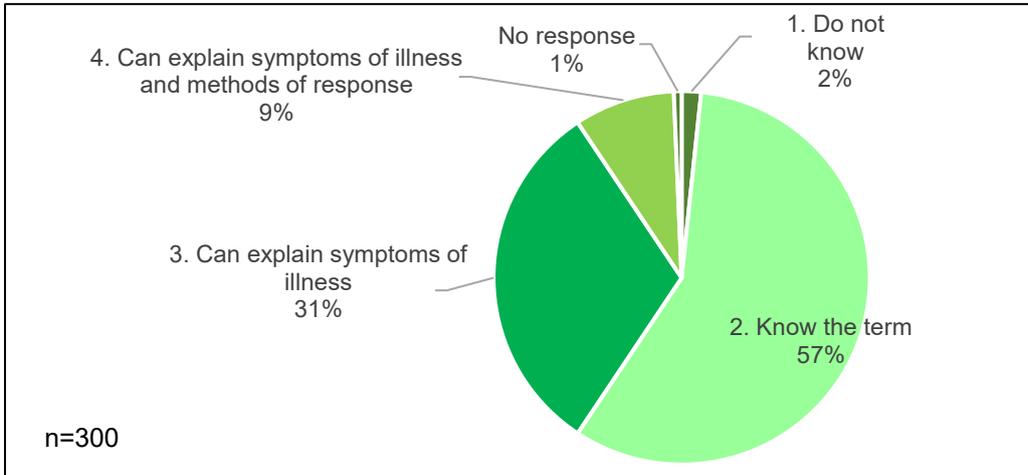
<b>Program (4) Raising awareness of correct knowledge about abuse and promotion of consultation services</b>		
Description of program	Raise awareness of correct knowledge about abuse and promote consultation services.	
Targets	Children, parents, nursery schools, etc., schools, community residents	
Organizers	Taskforce Committee, City	
Programs to date Program	<ul style="list-style-type: none"> <li>Abuse awareness survey was conducted and leaflets were distributed at the FY2019 Industrial Festival.</li> </ul> 	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>Consideration of approach methods according to targets, such as gender and age group</li> <li>Collaboration with other Taskforce Committees</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Number of awareness-raising activity sessions	Number of Taskforce Committee activities, and government awareness-raising projects
	2018 (start of program)	2020
	[City] <ul style="list-style-type: none"> <li>Promotion on childcare websites and City newsletter</li> <li>Establishment of consultation services</li> <li>Promotion of Child Abuse consultation phone number</li> </ul>	<ul style="list-style-type: none"> <li>Distribution of flyers on abuse at infant health exams and government service counters</li> </ul> ⇒ Consideration of future awareness-raising activities for different targets (awareness-raising for children through schools, awareness-raising for men through voluntary fire corps, etc.)
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Number of consultations and reports regarding child abuse	Number of consultations and reports
	2018 (start of program)	2020
	26 incidents	23 cases (as of end of December)
[Situation] Long-term indicator	Description	Measurement method
	Number of child abuse cases received	Number of child abuse cases received by government
	2018 (start of program)	2020
	26 incidents	23 cases (as of end of December)

## (6) Mental Health

### ◆ Objective problems based on data

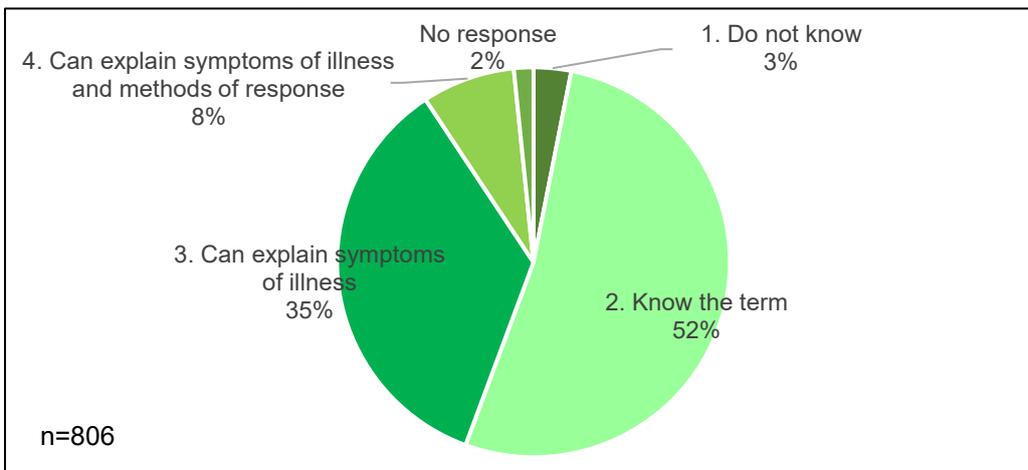
[Problem point 1] People do not know about mental disorders, or do not notice mental disorders.

[Fig. 4-64 Do you know about depression? Tsuru University students]



[Source] Questionnaire survey on mental health, Tsuru University students (Mental Health Taskforce Committee)

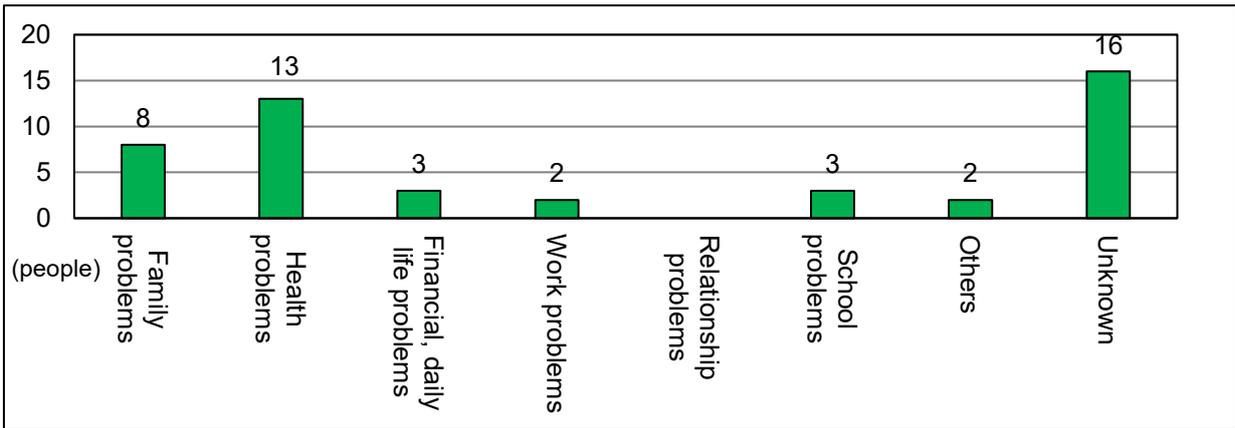
[Fig. 4-65 Do you know about depression? Employees of businesses belonging to Tsuru City Liaison Council of Business Owners]



[Source] Questionnaire survey on mental health, Employees of businesses belonging to Tsuru City Liaison Council of Business Owners (Mental Health Taskforce Committee)

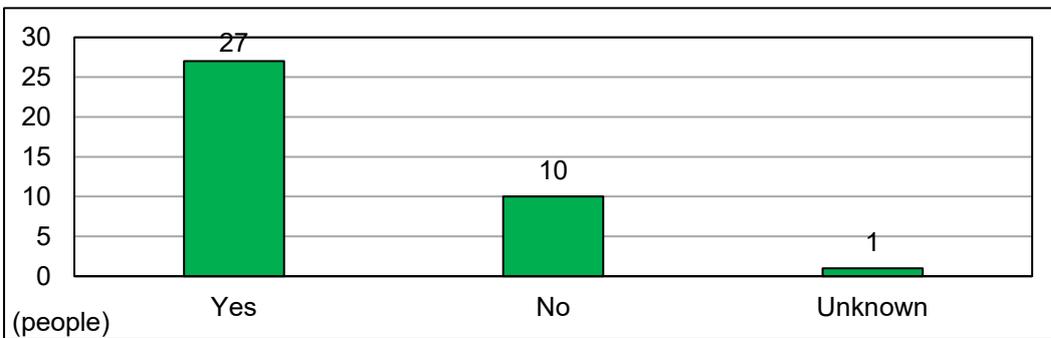
**[Problem point 2] People cannot talk about mental disorders, or do not want to be noticed.**

[Fig. 4-66 Motive for suicide, situation by reason (Total for FY2013-2017)]



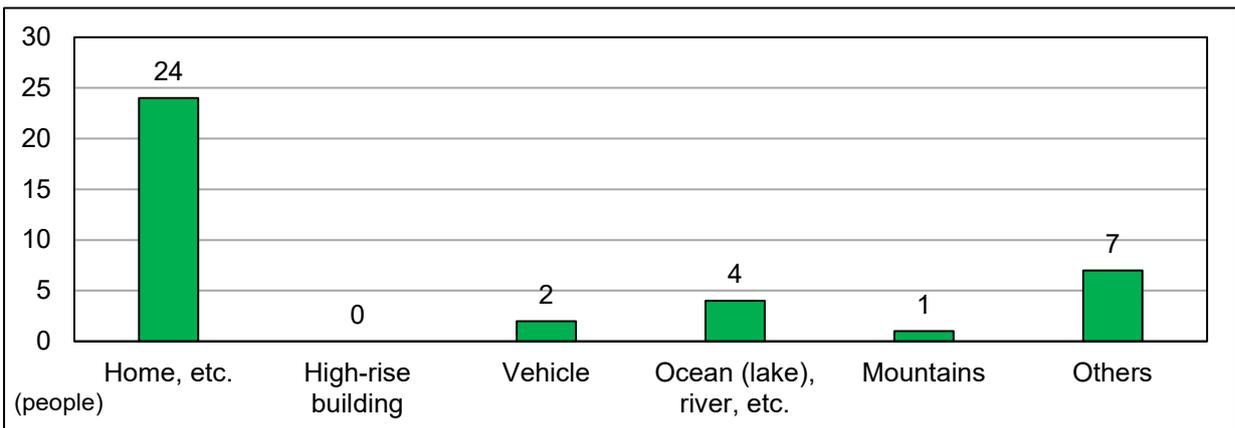
[Source] Demographic statistics

[Fig. 4-67 Presence of cohabitant with suicide victim - (Total for FY2013-2017)]



[Source] Demographic statistics (Ministry of Health, Labour and Welfare)

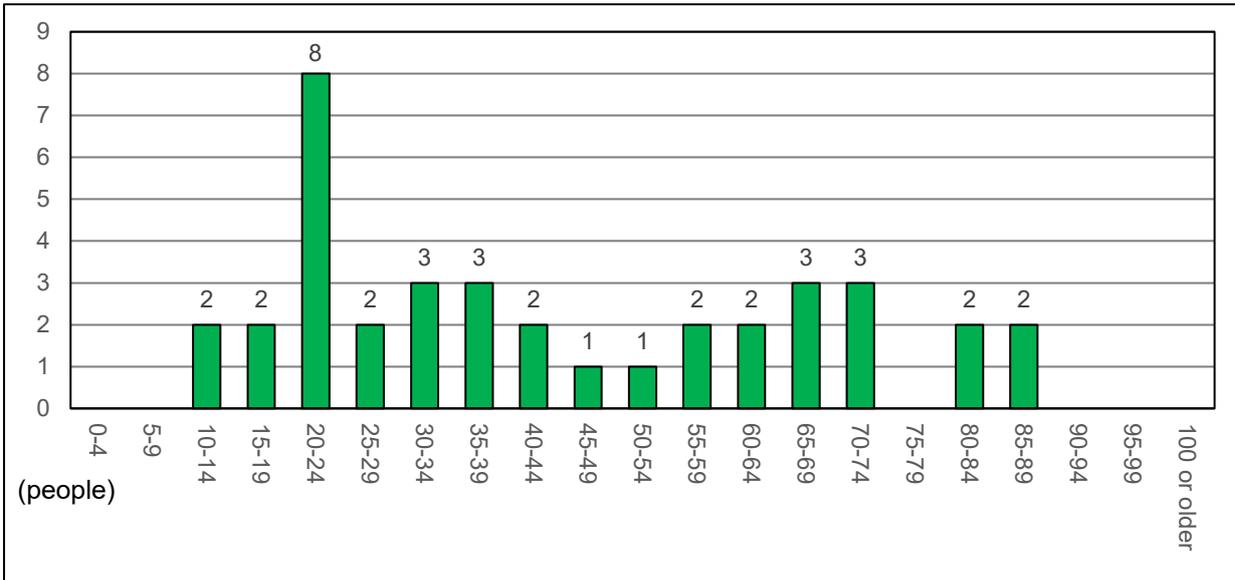
[Fig. 4-68 Situation of suicide by place (Total for FY2013-2017)]



[Source] Demographic statistics

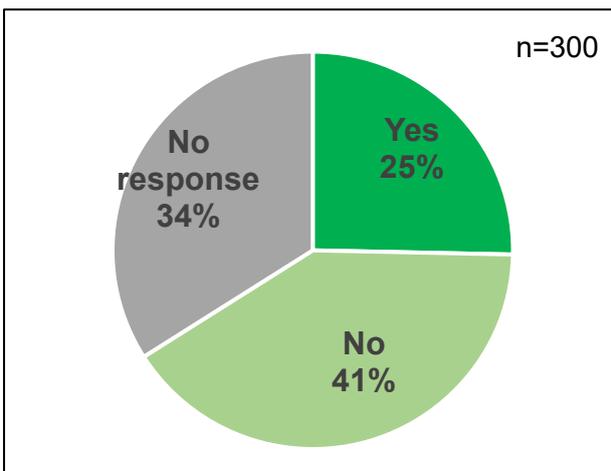
**[Problem point 3] There are many suicides and mental health issues among youth (20s).**

[Fig. 4-69 Situation of emergency transports due to self-inflicted injuries by age group (total for FY2013-2017)]



[Source] Emergency transport data (City Fire Defense Headquarters)

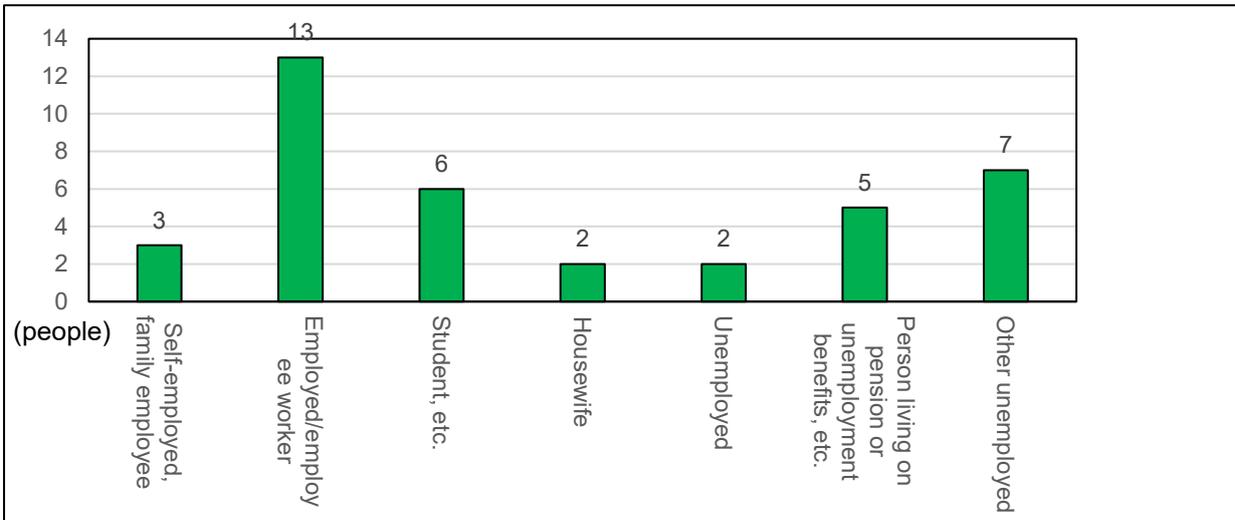
[Fig. 4-70 Have you ever wanted to die because of worries or stress?]



[Source] Questionnaire survey on mental health, Tsuru University students (Mental Health Taskforce Committee)

**[Problem point 4] There are many suicides and mental health issues among people in the working-age group (40s to 60s).**

[Fig. 4-71 Situation of suicides by type of work (total for FY2013-2017)]



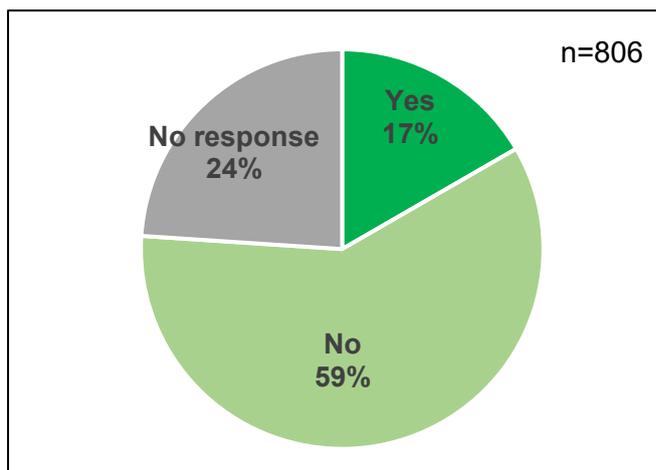
[Source] Demographic statistics

[Fig. 4-72 Characteristics (categories) of suicide victims and the main underlying suicide crisis pathways]

Top 5 categories in Tsuru City	Main underlying suicide crisis pathway patterns in Japan	Tsuru City	
		No. of suicide victims (people)	Percentage (%)
<b>1st</b> Male, age 40 to 59 Unemployed, cohabitant	Unemployment → Hardship in life → Debt + family discord → Depression → Suicide	5	13.2%
<b>2nd</b> Male, age 60 or older Employed, cohabitant	Laborer] Physical illness + nursing fatigue → Alcohol dependence → Depression → Suicide [Self-employed] Downturn in business → Debt + nursing fatigue → Depression → Suicide	5	13.2%
<b>3rd</b> Female, age 60 or older Unemployed, cohabitant	Physical illness → Suffering → Depression → Suicide	5	13.2%
<b>4th</b> Male, age 20 to 39 Employed, cohabitant	Problems with workplace relationships/work (exploitive companies) + Power harassment -> Karo -> Depression -> Suicide	3	7.9%
<b>5th</b> Male, age 40 to 59 Employed, cohabitant	Reassignment -> Karo -> Relationship problems at work + failure at work -> Depression -> Suicide failure at work -> Depression -> Suicide	3	7.9%

[Source] Basic Data on Suicide in the Community (Ministry of Health, Labour and Welfare)

[Fig. 4-73 Have you ever wanted to die because of worries or stress?]



[Source] Questionnaire survey on mental health, Employees of businesses belonging to Tsuru City Liaison Council of Business Owners (Mental Health Taskforce Committee)

◆ Organizing problem points and setting priority challenges

Main problem points	Priority challenges
People do not know about mental disorders, or do not notice mental disorders.	[Priority challenge 1] Increase the number of people who know about mental disorders.
People cannot talk about mental disorders, or do not want to be noticed.	[Priority challenge 2] Make it easy for people with mental disorders to seek help. Also, create an environment that makes them want to seek help.
Many young people (20s) have committed suicide or have mental disorders.	[Priority challenge 3] Reduce the number of young people with mental disorders to reduce the number of suicides by young people.
Many working-age people (40s to 60s) have committed suicide or have mental disorders	[Priority challenge 4] Reduce the number of working-age people with mental disorders to reduce the number of suicides by working-age people.

◆ **Setting targets and programs for each priority challenge**

	Target	Program
Priority challenge 1	Awareness-raising to improve and maintain mental health	Develop awareness-raising activities
Priority challenge 2		Gatekeeper training
Priority challenge 3	Maintain environment to improve and maintain mental health	Form and support Youth Support Team
Priority challenge 4		Certify excellent companies

◆ **Existing countermeasures and Taskforce Committee programs for each priority challenge and level**

[Priority challenges 1 to 4]

Priority challenges	Direction	National and Prefectural level	City level	Community level
(1)-(4)	Environment maintenance	<ul style="list-style-type: none"> <li>Grants to Prefecture and City (National)</li> </ul>	<b>[Taskforce Committee] Program (3)</b> <b>Form and support Youth Support Team</b> <div style="float: right; border: 1px solid black; padding: 2px 10px; background-color: #4CAF50; color: white; border-radius: 5px;">New</div>	
	Regulations Punishment	<ul style="list-style-type: none"> <li>Basic Act on Suicide Prevention</li> <li>General Principles of Suicide Prevention Policy (National)</li> <li>Yamanashi Prefecture Regional Suicide Prevention Plan [Yamanashi Prefecture]</li> </ul>	<ul style="list-style-type: none"> <li>Tsuru City Community Suicide Prevention Plan</li> </ul>	
	Education Awareness	<ul style="list-style-type: none"> <li>Setting of Suicide Prevention Week, Suicide Prevention Month (National)</li> <li>Support for gatekeeper training by Yamanashi Prefecture Suicide Prevention Center [Yamanashi Prefecture]</li> </ul>	<ul style="list-style-type: none"> <li>Creation of various educational flyers</li> <li>Holding of gatekeeper training seminar</li> </ul>	<ul style="list-style-type: none"> <li>Support for creating a place for involved persons Support</li> <li>Holding of listening volunteer program</li> <li>Patrols of hotspots</li> </ul>
			<b>[Taskforce Committee] Program (1)</b> <b>Develop awareness-raising activities</b> <b>Program (2)</b> <b>Gatekeeper training</b> <b>Program (4)</b> <b>Certify excellent companies</b> <div style="float: right; border: 1px solid black; padding: 2px 10px; background-color: #4CAF50; color: white; border-radius: 5px;">Support</div> <div style="float: right; border: 1px solid black; padding: 2px 10px; background-color: #4CAF50; color: white; border-radius: 5px;">Support</div> <div style="float: right; border: 1px solid black; padding: 2px 10px; background-color: #4CAF50; color: white; border-radius: 5px;">New</div>	

◆ Taskforce Committee programs

Program (1) Awareness-raising Activities		
Description of program	Release information. Deliver videos via CATV and social medial. Prepare message cards and place them in restrooms in public facilities, etc.	
Targets	Citizens	
Organizers	Administrative agencies such as Tsuru City, Yamanashi Prefecture, Hello Work; Community activity groups such as Mutsumi no Ie; Mental Health Taskforce Committee	
Programs to date	<ul style="list-style-type: none"> <li>• The Committee members discussed consultation services, and decided to solicit designs for a message card.</li> <li>• An image of the message card was created.</li> </ul>	
Taskforce Committee involvement	Designs will be solicited through the City newsletter. The Committee members will select a design.	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Number of people who think they have gained knowledge	Questionnaire survey of citizens
	2018 (start of program)	2020
	—	(Future direction) In preparation for the mid-term evaluation of the Health Promotion Plan and the Dietary Education Promotion Plan (FY2021), a citizen questionnaire survey is being conducted in the area of “Rest and Mental Health” regarding sleep, stress, and understanding of depression.
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	People who participated in suicide prevention activities	Questionnaire survey of citizens
	2018 (start of program)	2020
	Participating in “suicide, violence, and abuse prevention activities”: 3.9% (Safe and Secure Community Building Questionnaire Survey, 30 out of 767 respondents)	Evaluation scheduled with next citizen awareness survey
[Situation] Long-term indicator	Description	Measurement method
	Increase people with knowledge	Questionnaire survey of citizens
	2018 (start of program)	2020
	—	—

Program(2) Gatekeeper Training		
Description of program	Hold gatekeeper training seminars for people who have many contacts with people with mental disorders	
Targets	Citizens (companies, students, pharmacies, etc.)	
Organizers	Tsuru City, Yamanashi Prefecture, Mental Health Taskforce Committee	
Programs to date	<ul style="list-style-type: none"> <li>• Gatekeeper training seminars were started from FY2019.</li> <li>• (With Program 4) Gatekeeper training seminars are scheduled to support members of the Tsuru City Liaison Council of Business Owners.</li> </ul> 	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• The target audience for the course will be discussed and suggested when the City plans and conducts the course.</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Number of training course participants Details of knowledge participants have gained	Questionnaire survey of gatekeepers after course
	2018 (start of program)	2020
	—	Gatekeeper training seminar (FY2019) Number of city employees participating: 31 Number of nursing care facility employees participating: 18
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Number of people (support team) who are active as gatekeepers	Questionnaire survey of citizens
	2018 (start of program)	2020
	—	—
[Situation] Long-term indicator	Description	Measurement method
	Increase in the number of people who can provide consultation Reduction in number of suicides	Demographic statistics
	2018 (start of program)	2020
	Suicide incidence rate per 100,000 population 19.3% (FY2017)	Suicide incidence rate per 100,000 population 0% (FY2019)

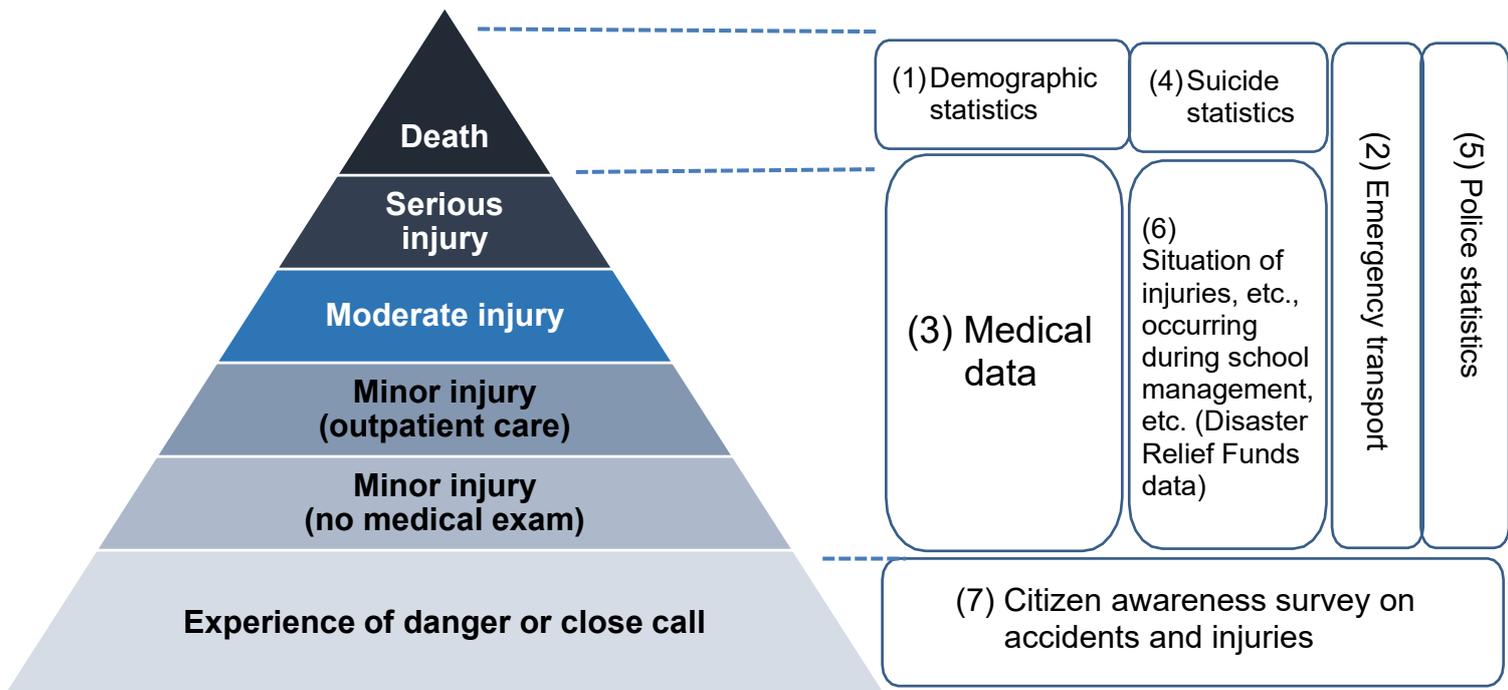
Program (3) Formation and Support of Youth Support Team		
Description of program	Create places (opportunities) for young people to relieve their anxiety through the formation and support of the "Youth Support Team."	
Targets	Citizens in their 10s and 20s	
Organizers	Youth Support Team, Mental Health Taskforce Committee	
Programs to date	<ul style="list-style-type: none"> <li>• Conduct a questionnaire survey to understand the situation of students at Tsuru University.</li> <li>• An interview survey was conducted at the university to grasp the situation of students during the COVID-19 pandemic.</li> <li>• Studied collaboration with "Student mimamori-watching homes" organized by the Crime Prevention Taskforce Committee.</li> </ul> 	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Interview survey at university, and investigation of campus environment</li> <li>• Promotion of programs in collaboration with Crime Prevention Taskforce Committee</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Promotion at briefings, lectures, and visits	Number of promotions at briefings, lectures, or visits
	2018 (start of program)	2020
	—	Questionnaire survey of university students shared with university. Shared the students' problems at the university and the university's involvement with students.
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Number of consultations, etc., received by Support Team	Questionnaire survey of Support Team
	2018 (start of program)	2020
	—	—
[Situation] Long-term indicator	Description	Measurement method
	Reduction in number of suicides	Demographic statistics
	2018 (start of program)	2020
	Suicide incidence rate per 100,000 population 19.3% (FY2017)	Suicide incidence rate per 100,000 population 0% (FY2019)

Program (4) Certification of excellent companies		
Description of program	Certification of excellent companies that engaged in mental health measures	
Targets	Companies (offices) in the City	
Organizers	Mental Health Taskforce Committee	
Programs to date	<ul style="list-style-type: none"> <li>• Factual investigation conducted of employees of businesses belonging to Tsuru City Liaison Council of Business Owners.</li> <li>• Results were reported to the business managers to inform them of the survey results.</li> </ul> 	
Taskforce Committee involvement	<ul style="list-style-type: none"> <li>• Initiatives for the Tsuru City Liaison Council of Business Owners</li> <li>• Setting of standards, etc., for Excellent Company Certification Program</li> </ul>	
[Awareness and knowledge] Short-term indicator	Description	Measurement method
	Promotion at briefings and lectures, etc.	Number of promotions at briefings and lectures, etc.
	2018 (start of program)	2020
	—	Survey conducted of employees of companies belonging to Tsuru City Liaison Council of Business Owners (2019). ⇒ Results fed back to Liaison Council of Business Owners (2020).
[Attitude and behavior] Mid-term indicator	Description	Measurement method
	Certification of companies (businesses) (using Taskforce Committee's original standards)	Number of certified companies (businesses)
	2018 (start of program)	2020
	—	—
[Situation] Long-term indicator	Description	Measurement method
	Reduction in number of suicides	Demographic statistics
	2018 (start of program)	2020
	Suicide incidence rate per 100,000 population 19.3% (FY2017)	Suicide incidence rate per 100,000 population 0% (FY2019)

## **Indicator 5: Programs that documents the frequency and causes of injuries**

### **(1) Structure of injury surveillance**

Medical data is not managed in a centralized method in Japan. The following various existing data are combined to record the degree and cause of injury to learn the situation of injuries for each degree of severity, such as death or injury. Questionnaire surveys are conducted to understand close call incidents that cannot be learned with existing data.



[Main data other than the above]

(8) Program status survey (for students) (9) Number of child abuse consultations

(10) Situation of long-care insurance certification

(11) Number of consultations on elder abuse (12) Number of consultations on domestic violence

## (2) Main data collected and plan for continuous collection

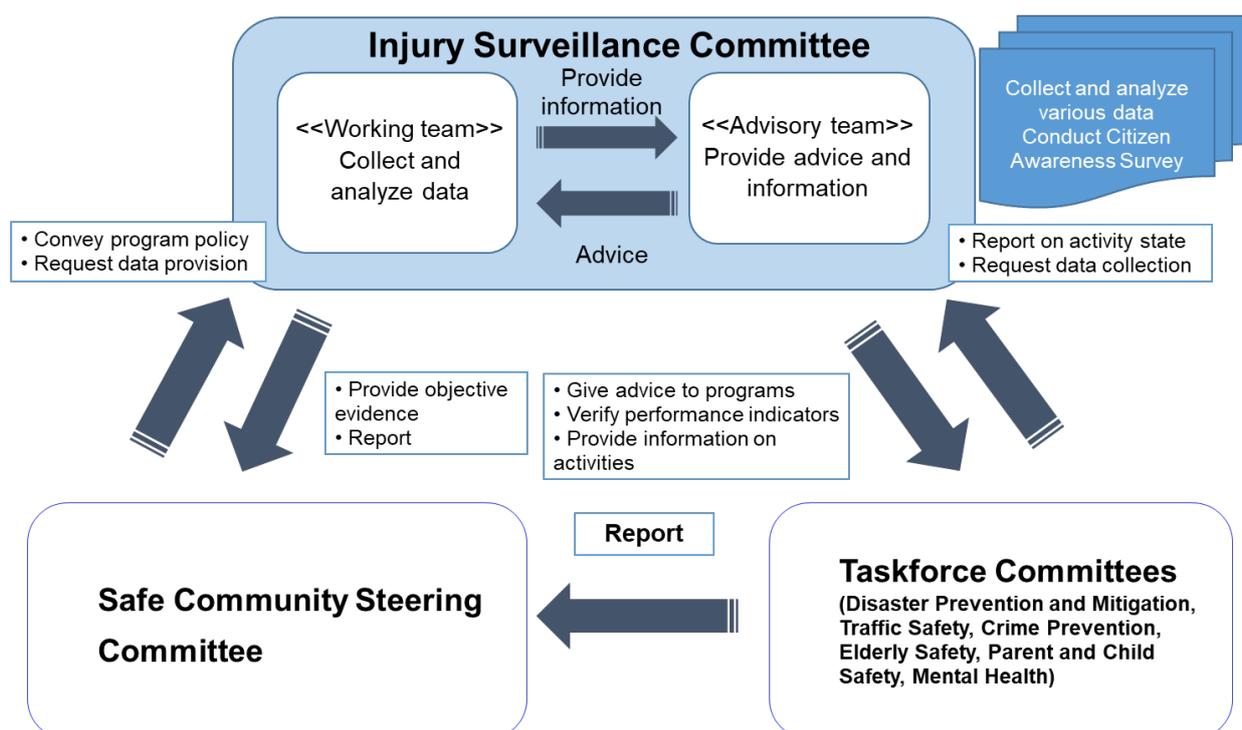
To create a sustainable system, Tsuru City collects and analyzes the injury surveillance data with recorded content and frequency.

NO	Name	Content	Disaster prevention and mitigation	Traffic Safety	Crime Prevention	Elderly Safety	Parent and Child Safety	Mental Health
1	Demographic statistics	Information on cause of death due to external causes	•	•	•	•	•	•
2	Police statistics	Information on traffic accidents and crimes		•	•			
3	Emergency transport data	Information on emergency transports for accidents or injuries	•	•	•	•	•	•
4	Disaster Relief Funds data	Information on accidents and injuries sustained at elementary or junior high schools					•	
5	Municipal survey on abuse	Information on abuse cases in Tsuru City, etc.					•	
6	Demographic statistics	Information on population and households, etc.	•	•	•	•	•	•
7	Citizen awareness survey (Safe and Secure Community Building Questionnaire Survey)	Information on injury situation (close calls) and concerns regarding accidents and injuries	•	•	•	•	•	•

### (3) Role and activities of Injury Surveillance Committee

The Injury Surveillance Committee collects and analyzes data that can be used continuously, identifies challenges, confirms that the performance indicator set by the sector-specific Taskforce Committees is in line with the target, and assesses the performance of the program. These results are fed back to the sector-specific Taskforce Committees, etc., to promote the development of evidence-based programs.

The Injury Surveillance Committee also provides information to the Safe Community Steering Committee to help decide how to promote activities.



Date	Agenda
October 2018	<ul style="list-style-type: none"> <li>• Community safety diagnosis</li> <li>• Advice to sector-specific Taskforce Committees</li> </ul>
June 2019	<ul style="list-style-type: none"> <li>• Advice for identifying priority challenges</li> </ul>
December 2019	<ul style="list-style-type: none"> <li>• Assessment and advice for priority challenges</li> <li>• Advice for programs (including plans and proposals)</li> </ul>
March 2020	<ul style="list-style-type: none"> <li>• Advice for Taskforce Committee activity reports</li> </ul>

## Indicator 6: Evaluation measures to measure and assess effect of preventive actions

### (1) Managing the progress of prevention activities

Tsuru City has introduced the “S+PDCA” cycle method to develop Safe Community activities, including identifying challenges and planning programs based on community diagnosis using various data, etc.

\* “S+PDCA” cycle

Method of continuously repeating the cycle of See (Diagnose safety) ⇒ Plan (Plan programs) • Do (Implement programs) • Check (Assess the performance) • Action (Modify and improve)



## **(2) Assessing performance of sector-specific Taskforce Committee programs**

In Tsuru City, based on a logic model, activity indicators, short-, medium- and long-term indicators are set for each program to address the challenges identified from the community diagnosis, etc., and activities are implemented.

The performance indicators for individual programs in each sector of measures are presented in section “Indicator 4 Evidence-based programs” as shown below. The individual sheets summarize the overall contents of each initiative, together with the details of activities.

(1) Crime Prevention and Mitigation .....	P42 to P54
(2) Traffic Safety .....	P55 to P65
(3) Crime Prevention .....	P66 to P78
(4) Elderly Safety .....	P79 to P89
(5) Parent and Child Safety .....	P90 to P103
(6) Mental Health .....	P104 to P113

\* Refer to Chapter 4 Indicator 4 for the main performance of each program.

## Indicator 7: Ongoing participation in national and international Safe Community networks

Tsuru City has continuously participated in national and international networks, including with Safe Community certified municipalities. We learn from each community's programs and make an effort to share and release information to promote the Safe Community program.

### (1) Participation in national network

Date	Overview
Jan. 2018	Participated in Saitama City, Saitama Prefecture pre-on-site guidance
February	Participated in Koriyama City, Fukushima Prefecture Designation Ceremony
June	Participated in Sakae Ward, Yokohama City, Kanagawa Prefecture onsite evaluation
July	Participated in Kameoka City, Kyoto Prefecture onsite evaluation for second re-designation
August	Participated in Matsubara City, Osaka onsite evaluation for re-designation
	Participated in JISC Safe Community seminar (Osaka City)
October	Participated in Sakae Ward, Yokohama City, Kanagawa Prefecture Re-designation Ceremony
November	Participated in Kameoka City, Kyoto Prefecture second Re-designation Ceremony
	Participated in Matsubara City, Osaka Re-designation Ceremony
July 2019	Participated in JISC Safe Community seminar (Osaka City)
	Participated in Saitama City, Saitama Prefecture onsite evaluation
October	Participated in Chichibu City, Saitama Prefecture pre-onsite guidance for re-designation
	Participated in Atsugi City, Kanagawa Prefecture pre-onsite guidance for second re-designation
November	Participated in Saitama City, Saitama Prefecture Designation Ceremony
Feb. 2020	Participated in Towada City, Aomori Prefecture second Re-designation Ceremony
	Participated in 8th Japan Safe Community regular meeting (Towada City, Aomori Prefecture)
August	Participated in JISC Safe Community seminar (online)
November	Participated in Kagoshima City, Kagoshima Prefecture onsite evaluation for second re-designation (online)
Jan. 2021	Participated in Kagoshima City, Kagoshima Prefecture Re-designation Ceremony (online)

### (2) Participation in international network

Date	Overview
Nov. 2018	Participated in leader summer and poster presentation at the 9th Asian District Safety Community Conference in Atsugi (Atsugi, Kanagawa Prefecture)



## Chapter 5 Prospects for Future Program

### ◆ Prospects for programs

#### 1. Long-term indicators

##### (1) Sharing the basic philosophy of the Safe Communities program

We hope to share the basic concept of the Safe Communities program, “Injuries and accidents which cause injuries do not occur spontaneously, and can be prevented by identifying the cause,” with as many citizens as possible. We will continue to promote the program in our city newsletter “Tsuru” and our official website, hold awareness-raising activities at events and conferences, etc. We will also promote the Safe Community program in collaboration with local residents, related groups, and the city administration.

##### (2) Effective use of injury data, etc.

The Injury Surveillance Committee will collect and analyze data that can be used on an ongoing basis and make effective use of this data in the prevention activities of the sector-specific Taskforce Committee.

In addition, following the performance indicators set by the sector-specific Taskforce Committees, the Injury Surveillance Committee will periodically evaluate the effectiveness of programs based on injury data, etc. The programs will be continuously reviewed to promote more effective measures.

##### (3) Promotion of community activities and vitalization

In Tsuru City, community groups, such as the Collaborative Community Building Promotion Committee that works to resolve community-specific challenges, have taken roots. We will continue to release information on Safety Community activities to these groups to promote the Safe Community programs and improve community safety. We will also promote unity in the local community and strengthen collaboration with local residents, related groups, and the city administration.

##### (4) Collaboration with national and international networks

We will systematically participate in the national and international Safe Community Network and strive to share and disseminate information. In Japan, we will collaborate with Safe Community designated municipalities and those in the preparation stages to develop the Safe Community activities.

## 2. Programs for ensuring long-term activities

### (1) Positioning of Safe Community program in The 6th Tsuru City Long-Term Comprehensive Plan (FY2016-2026)

Tsuru City has enacted a comprehensive plan to serve as a basic guideline for the future direction of the city, based on the changing socio-economic situation and other trends of the times.

The Comprehensive Plan is the top-level plan for the comprehensive and systematic implementation of administrative and financial operations. Policies are formulated and implemented following this plan.

The “6th Tsuru City Long-Term Comprehensive Plan” (11 year plan period) designates the ideal future as “Tsuru City - Where People Gather, Learn Together, and are Inspired for Life.” The basic plan, which shows the means and measures to deal with emerging issues, is divided into the first stage (3 years), middle stage (4 years), and last stage (4 years). The plan was reviewed in 2018 when the program was launched. In the mid-term plan from 2019, the “Promotion of Safe Communities” is positioned as a particularly active and essential initiative.

We will continue to develop Safe Community activities over the long term to promote the building of communities where people can live safely and securely throughout their lives.

### ◆ Position of Safe Communities in The 6th Tsuru City Long-Term Comprehensive Plan (FY2016 to 2026)

2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026
		◎ Start of programs			◎ Designation					◎ Re-designation (scheduled)
Basic philosophy (Tsuru City - Where People Gather, Learn Together, and are Inspired for Life)										
First-stage plan			Mid-stage plan				Last-stage plan			
			“Promotion of Safe Communities” is positioned as a particularly active and essential initiative							

